

BAKERS + BARISTAS

**Nutrition &
Allergen Guide**

United Kingdom

Christmas/Winter 2023

This guide will provide nutritional and allergen information for core products. Please ensure you take extra care to identify all the possible allergens present in our products, if you require support please ask a member of our team.

PLEASE BE AWARE WE HANDLE ALL ALLERGENS IN OUR KITCHENS AND CANNOT GUARANTEE AN ALLERGEN FREE ENVIRONMENT.

ANY PRODUCTS MADE AND SERVED FRESH IN OUR STORES MAY CONTAIN ALLERGENS NOT LISTED BELOW.

THE ALLERGENS LISTED BELOW ARE THOSE CONTAINED IN THE INGREDIENTS TO THE RECIPE.

If the product you are interested in is not listing within this guide, please speak to a store member or email customercare@bakersbaristas.com for more information.

For prepackaged food and drink, the allergen information is provided on the packaging labels in-store.

This information is updated regularly to reflect our procedures instore and seasonal product range.

Please make sure you are referencing the most up-to-date guide.

Please check at <https://www.bakersbaristas.com/allergen-information/> for the most up to date information.

Within this booklet it will provide information on the following 14 allergens:

- **Cereals Containing Gluten**
Wheat (Spelt and Kamut), Rye, Barley and Oats
- **Nuts**
(Almond, Hazelnut, Walnut, Cashew, Pecan Nut, Brazil Nut, Pistachio Nut, Macadamia Nut, Queensland Nut)
- **Egg**
- **Milk**
- **Soya**
- **Fish**
- **Crustaceans**
- **Molluscs**
- **Sesame**
- **Lupin**
- **Celery**
- **Mustard**
- **Peanuts**
- **Sulphur Dioxide and Sulphites**

Classic Seasonal Deluxe Made without Gluten Vegan Mini

Product	Kcal	Gluten / Wheat	Gluten / Rye	Gluten / Barley	Gluten / Oats	Gluten / Spelt	Gluten / Kamut	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Celery	Mustard	Sesame Seeds	Sulphur Dioxide/ Sulphites	Lupin	Molluscs	May contain
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CLASSIC MUFFINS

Sticky Toffee Muffin	628	Y	N	N	N	N	N	N	Y	N	N	Y	Y	N	N	N	N	Y	N	N	Tree Nuts
Polka Dot Muffin	601	Y	N	N	N	N	N	N	Y	N	N	Y	Y	N	N	N	N	Y	N	N	Tree Nuts
Chocolate Chunk Muffin	545	Y	N	N	N	N	N	N	Y	N	N	Y	Y	N	N	N	N	N	N	N	Tree Nuts
Double Chocolate Chunk with Malted Balls	646	Y	N	Y	N	N	N	N	Y	N	N	Y	Y	N	N	N	N	N	N	N	Tree Nuts
Double Chocolate Butterfly Muffin	695	Y	N	N	N	N	N	N	Y	N	N	Y	Y	N	N	N	N	N	N	N	Tree Nuts
Raspberry & Apple Crumble Muffin	449	Y	N	N	N	N	N	N	Y	N	N	Y	Y	N	N	N	N	N	N	N	Tree Nuts

LIMITED EDITION MUFFINS

Black Forest Muffin	666	Y	N	N	N	N	N	N	Y	N	N	Y	Y	N	N	N	N	N	N	N	Tree Nuts
Christmas Crumble Muffin	621	Y	N	N	N	N	N	N	Y	N	N	Y	Y	N	N	N	N	N	N	N	Tree Nuts

DELUXE MUFFINS

Victoria Sponge Muffin	697	Y	N	N	N	N	N	N	Y	N	N	Y	Y	N	N	N	N	N	N	N	Tree Nuts
Ferrero Rocher Muffin	906	Y	N	N	N	N	N	N	Y	N	N	Y	Y	Y	N	N	N	Y	N	N	
After Eight Muffin	737	Y	N	N	N	N	N	N	Y	N	N	Y	Y	N	N	N	N	N	N	N	Tree nuts, Peanuts, Hazelnuts, Pecans, Almonds, Cashews, Walnuts, Brazil nuts, Pistachios, Macadamias
Mr Frosty Muffin	705	Y	N	N	N	N	N	N	Y	N	N	Y	Y	N	N	N	N	N	N	N	Tree Nuts

MADE WITHOUT GLUTEN MUFFINS

Blueberry Muffin	503	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	Wheat
GFI Gingerbread Muffin	661	N	N	N	N	N	N	N	Y	N	N	Y	Y	N	N	N	N	Y	N	N	

VEGAN MUFFINS

Vegan Apple & Cinnamon Muffin	464	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Tree Nuts
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MINI MUFFINS

Chocolate Mini Muffin - No Topping	76	Y	N	N	N	N	N	N	Y	N	N	Y	Y	N	N	N	N	N	N	N	
Crème Mini Muffin - No Topping	106	Y	N	N	N	N	N	N	Y	N	N	N	Y	N	N	N	N	N	N	N	

Product	Kcal	Gluten / Wheat	Gluten / Rye	Gluten / Barley	Gluten / Oats	Gluten / Spelt	Gluten / Kamut	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Celery	Mustard	Sesame Seeds	Sulphur Dioxide/ Sulphites	Lupin	Molluscs	May contain
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COOKIES

Belgian White Chocolate Cookie	378	Y	N	N	N	N	N	N	Y	N	N	Y	Y	N	N	N	N	N	N	N	N	Tree Nuts
Belgian Triple Chocolate Cookie	362	Y	N	N	N	N	N	N	Y	N	N	Y	Y	N	N	N	N	N	N	N	N	Tree Nuts

DONUTS

Strawberry Sprinkle Donut	423	Y	N	N	N	N	N	N	Y	N	N	Y	Y	N	N	N	N	N	N	N	N	Nuts, Peanuts
Triple Chocolate Donut	463	Y	N	N	N	N	N	N	Y	N	N	Y	Y	N	N	N	N	N	N	N	N	Nuts, Peanuts

SCONES

Fruit Scone	520	Y	N	N	N	N	N	N	Y	N	N	N	Y	N	N	N	N	N	N	N	N	Tree Nuts
Plain Scone	450	Y	N	N	N	N	N	N	Y	N	N	N	Y	N	N	N	N	N	N	N	N	Tree Nuts
Cheese Scone	547	Y	N	N	N	N	N	N	Y	N	N	N	Y	N	N	N	N	N	N	N	N	Tree Nuts
Tiptree Strawberry Jam 28g	76	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Tree Nuts

PASTRIES

Pain Au Raisin	410	Y	N	N	N	N	N	N	Y	N	N	N	Y	N	N	N	N	N	N	N	N	
Croissant	292	Y	N	N	N	N	N	N	Y	N	N	N	Y	N	N	N	N	N	N	N	N	Tree Nuts
Chocolate Twist	269	Y	N	N	N	N	N	N	Y	N	N	Y	Y	N	N	N	N	N	N	N	N	Tree nuts, Hazelnuts, Almonds

Product	Kcal	Gluten / Wheat	Gluten / Rye	Gluten / Barley	Gluten / Oats	Gluten / Spelt	Gluten / Kamut	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Celery	Mustard	Sesame Seeds	Sulphur Dioxide/ Sulphites	Lupin	Molluscs	May contain
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SLICED CAKES

Victoria Sponge Cake	561	Y	N	N	N	N	N	N	Y	N	N	N	Y	N	N	N	N	N	N	N	N	Nuts and Peanuts
Vegan Chocolate Fudge Cake	386	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Tree nuts, Eggs, Milk, Hazelnuts, Pecans, Almonds, Walnuts, Pistachios

TRAYBAKES

Raspberry & Coconut Traybake	357	Y	N	N	N	N	N	N	Y	N	N	N	Y	N	N	N	N	Y	N	N	N	Tree Nuts
Millionaires Caramel Shortcake	422	Y	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	Y	N	N	N	Tree Nuts

TEACAKES

Teacake	251	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Tree Nuts
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MINCE PIES

Bells of Lazonby Luxury Mince Pie	378	Y	N	N	N	N	N	N	Y	N	N	N	Y	N	N	N	N	Y	N	N	N	Tree nuts, Soya, Hazelnuts, Pecans, Almonds, Cashews, Walnuts, Brazil nuts, Pistachios
We Love Cake Gluten & Dairy Free Mince pies	310	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	Y	N	N	N	Tree Peanuts, Eggs, Hazelnuts, Pecans, Cashews, Walnuts, Brazil nuts

Product	Kcal	Gluten / Wheat	Gluten / Rye	Gluten / Barley	Gluten / Oats	Gluten / Spelt	Gluten / Kamut	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Celery	Mustard	Sesame Seeds	Sulphur Dioxide/ Sulphites	Lupin	Molluscs	May contain
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FRESH BAPS

Sausage Brioche Bap	567	Y	N	N	N	N	N	N	Y	N	N	N	Y	N	N	N	N	N	N	N	N	Soya, Sesame
Bacon Brioche Bap	358	Y	N	N	N	N	N	N	Y	N	N	N	Y	N	N	N	N	N	N	N	N	Soya, Sesame

BAGUETTES

Ham & Cheese White Baguette	618	Y	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	Sesame, Barley
Tuna Mayonnaise & Rocket Malted Brown Baguette	458	Y	N	Y	N	N	N	N	Y	Y	N	N	N	N	N	N	N	N	N	N	N	Celery, Gluten, Crustaceans, Milk, Mustard, Sesame, Soya and Wheat
Turkey Ham Stuffing Cranberry Sauce Mayo Baguette	482	Y	N	N	Y	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	Sesame, Barley
Prawn Mayonnaise Baguette	439	Y	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N	N	N	N	N	N	Milk, Fish, Mustard, Sesame, Soya, Sulphites, Barley

ITALIAN FLATBREADS

Ham Hock with Mayo, Mozzarella and Cheddar Cheese Flatbread	502	Y	Y	N	N	N	N	N	Y	N	N	N	Y	N	N	N	N	N	N	N	N	Egg
BBQ Chicken, Cheddar Red Onion Italian Flatbread	492	Y	Y	N	N	N	N	N	N	N	N	N	Y	N	N	Y	N	Y	N	N	N	Egg, contains alcohol
Mozzarella, Tomato & Pesto Flatbread	452	Y	Y	N	N	N	N	N	N	N	N	Y	Y	Y	N	N	N	N	N	N	N	Peanuts, Eggs, Hazelnuts, Pecans, Almonds, Walnuts, Brazil nuts, Pistachios, Macadamias

BAGELS

Smoked Salmon & Cream Cheese Plain Bagel	415	Y	Y	Y	N	N	N	N	N	Y	N	N	Y	N	N	N	N	N	N	N	N	Sesame
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TOASTIES

Cheddar Cheese & Onion Toastie	481	Y	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	Y	N	N	N	Barley, Egg
Ultimate Grilled Cheese Toastie	649	Y	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N	N	Barley, Egg
Ham & Cheddar Cheese Toastie	458	Y	N	N	N	N	N	N	Y	N	N	Y	Y	N	N	N	N	N	N	N	N	Barley, Nuts, Sesame
Cheddar Cheese & Tomato Toastie	444	Y	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N	N	Barley

Product	Kcal	Gluten / Wheat	Gluten / Rye	Gluten / Barley	Gluten / Oats	Gluten / Spelt	Gluten / Kamut	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Celery	Mustard	Sesame Seeds	Sulphur Dioxide/ Sulphites	Lupin	Molluscs	May contain
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PANINIS

Tuna Mayonnaise Melt Panini	523	Y	N	N	N	N	N	N	Y	Y	N	N	Y	N	N	N	N	N	N	N	Barley, Celery, Gluten, Crustaceans, Mustard, Sesame, Soya
Ham & Cheddar Cheese	496	Y	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	Nuts, Sesame
Pigs in Blanket Panini	527	Y	N	N	N	N	N	N	Y	N	N	N	N	N	N	Y	N	Y	N	N	Sesame
Brie, Red Onion Chutney, Rocket Panini	478	Y	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	Y	N	N	Sesame
Mozzarella, Tomato & Pesto Panini	524	Y	N	N	N	N	N	N	N	N	N	Y	Y	Y	N	N	N	N	N	N	Nuts, Peanuts, Sesame
Brie, Red Onion Chutney & Rocket Panini	478	Y	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	Y	N	N	Sesame

FILLED CROISSANTS

Ham & Cheddar Cheese Croissant	451	Y	N	N	N	N	N	N	Y	N	N	N	Y	N	N	N	N	N	N	N	Soya, Sesame, Nuts
Brie & Cranberry Sauce Croissant	452	Y	N	N	N	N	N	N	Y	N	N	N	Y	N	N	N	N	N	N	N	Tree Nuts, Soya, Hazelnuts, Almonds

FRESH TOAST

Toast with Butter - white	342	Y	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N	
Toast with Butter - brown	368	Y	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N	

SAUSAGE ROLL

Hot Sausage Roll	531	Y	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	Y	N	N	Nuts
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SOUP

Tomato & Basil Soup with half baguette	353	Y	N	Y	N	N	N	N	N	N	N	N	Y	N	N	N	Y	N	N	N	
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Product	Kcal	Gluten / Wheat	Gluten / Rye	Gluten / Barley	Gluten / Oats	Gluten / Spelt	Gluten / Kamut	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Celery	Mustard	Sesame Seeds	Sulphur Dioxide/ Sulphites	Lupin	Molluscs
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COFFEE (PAGE 1 OF 2)

Espresso	0	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Double Espresso	0	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Flat White (skimmed milk) Small	70	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Flat White (whole milk) Small	130	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Flat White (almond milk) Small	25	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N
Flat White (coconut milk) Small	66	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N
Flat White (oat milk) Small	96	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Flat White (soya milk) Small	87	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N
Americano (black) Small	0	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Americano (black) Regular	0	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Americano (black) Large	0	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Americano (white skimmed milk) Small	44	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Americano (white skimmed milk) Regular	44	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Americano (white skimmed milk) Large	44	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Americano (white whole milk) Small	83	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Americano (white whole milk) Regular	83	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Americano (white whole milk) Large	83	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Americano (white almond milk) Small	16	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N
Americano (white almond milk) Regular	16	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N
Americano (white almond milk) Large	16	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N
Americano (white coconut milk) Small	42	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N
Americano (white coconut milk) Regular	42	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N
Americano (white coconut milk) Large	42	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N
Americano (white oat milk) Small	61	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Americano (white oat milk) Regular	61	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Americano (white oat milk) Large	61	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Americano (white soya milk) Small	55	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N
Americano (white soya milk) Regular	55	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N
Americano (white soya milk) Large	55	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N

Product	Kcal	Gluten / Wheat	Gluten / Rye	Gluten / Barley	Gluten / Oats	Gluten / Spelt	Gluten / Kamut	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Celery	Mustard	Sesame Seeds	Sulphur Dioxide/ Sulphites	Lupin	Molluscs
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COFFEE (PAGE 2 OF 2)

Cappuccino (skimmed milk) Small	72	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Cappuccino (skimmed milk) Regular	86	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Cappuccino (skimmed milk) Large	98	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Cappuccino (whole milk) Small	133	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Cappuccino (whole milk) Regular	158	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Cappuccino (whole milk) Large	180	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Cappuccino (almond milk) Small	27	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N
Cappuccino (almond milk) Regular	31	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N
Cappuccino (almond milk) Large	36	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N
Cappuccino (coconut milk) Small	68	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N
Cappuccino (coconut milk) Regular	81	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N
Cappuccino (coconut milk) Large	92	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N
Cappuccino (oat milk) Small	98	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Cappuccino (oat milk) Regular	117	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Cappuccino (oat milk) Large	133	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Cappuccino (soya milk) Small	89	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N
Cappuccino (soya milk) Regular	106	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N
Cappuccino (soya milk) Large	121	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N
Latte (skimmed milk) Regular	84	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Latte (skimmed milk) Large	95	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Latte (whole milk) Regular	156	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Latte (whole milk) Large	178	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Latte (almond milk) Regular	29	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N
Latte (almond milk) Large	34	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N
Latte (coconut milk) Regular	79	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N
Latte (coconut milk) Large	90	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N
Latte (oat milk) Regular	115	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Latte (oat milk) Large	131	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Latte (soya milk) Regular	104	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N
Latte (soya milk) Large	119	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N

Product	Kcal	Gluten / Wheat	Gluten / Rye	Gluten / Barley	Gluten / Oats	Gluten / Spelt	Gluten / Kamut	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Celery	Mustard	Sesame Seeds	Sulphur Dioxide/ Sulphites	Lupin	Molluscs
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CHOCOLATE DRINKS (PAGE 1 OF 4)

Hot Chocolate (skimmed milk) Regular	239	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Hot Chocolate (skimmed milk) Large	310	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Hot Chocolate (whole milk) Regular	312	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Hot Chocolate (whole milk) Large	392	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Hot Chocolate (almond milk) Regular	185	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N
Hot Chocolate (almond milk) Large	248	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N
Hot Chocolate (coconut milk) Regular	235	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N
Hot Chocolate (coconut milk) Large	304	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N
Hot Chocolate (oat milk) Regular	271	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Hot Chocolate (oat milk) Large	345	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Hot Chocolate (soya milk) Regular	260	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N
Hot Chocolate (soya milk) Large	333	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N
Mocha (skimmed milk) Regular	229	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Mocha (skimmed milk) Large	289	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Mocha (whole milk) Regular	293	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Mocha (whole milk) Large	354	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Mocha (almond milk) Regular	182	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N
Mocha (almond milk) Large	241	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N
Mocha (coconut milk) Regular	225	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N
Mocha (coconut milk) Large	285	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N
Mocha (oat milk) Regular	256	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Mocha (oat milk) Large	317	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Mocha (soya milk) Regular	247	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N
Mocha (soya milk) Large	308	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N

Product	Kcal	Gluten / Wheat	Gluten / Rye	Gluten / Barley	Gluten / Oats	Gluten / Spelt	Gluten / Kamut	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Celery	Mustard	Sesame Seeds	Sulphur Dioxide/ Sulphites	Lupin	Molluscs
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CHOCOLATE DRINKS (PAGE 2 OF 4)

Kids Hot Chocolate (skimmed milk)	269	Y	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N
Kids Hot Chocolate (whole milk)	330	Y	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N
Kids Hot Chocolate (almond milk)	224	Y	N	N	N	N	N	N	N	N	N	Y	N	Y	N	N	N	N	N	N
Kids Hot Chocolate (coconut milk)	265	Y	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N
Kids Hot Chocolate (oat milk)	295	Y	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N
Kids Hot Chocolate (soya milk)	286	Y	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N
Kiddiccino (Warm Skimmed Milk)	89	Y	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Kiddiccino (Warm Whole Milk)	149	Y	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Kiddiccino (Warm Almond Milk)	43	Y	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N
Kiddiccino (Warm Coconut Milk)	85	Y	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N
Kiddiccino (Warm Oat Milk)	114	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Kiddiccino (Warm Soya Milk)	105	Y	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N
Marshmallow S'mores Hot Chocolate (skimmed milk) Regular	203	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Marshmallow S'mores Hot Chocolate (skimmed milk) Large	246	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Marshmallow S'mores Hot Chocolate (whole milk) Regular	233	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Marshmallow S'mores Hot Chocolate (whole milk) Large	291	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Marshmallow S'mores Hot Chocolate (almond milk) Regular	173	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N
Marshmallow S'mores Hot Chocolate (almond milk) Large	200	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N
Marshmallow S'mores Hot Chocolate (coconut milk) Regular	197	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N
Marshmallow S'mores Hot Chocolate (coconut milk) Large	236	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N
Marshmallow S'mores Hot Chocolate (oat milk) Regular	230	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Marshmallow S'mores Hot Chocolate (oat milk) Large	286	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Marshmallow S'mores Hot Chocolate (soya milk) Regular	207	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N
Marshmallow S'mores Hot Chocolate (soya milk) Large	253	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N
Popcorn Hot Chocolate - Regular	261	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Popcorn Hot Chocolate - Large	340	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N

Product	Kcal	Gluten / Wheat	Gluten / Rye	Gluten / Barley	Gluten / Oats	Gluten / Spelt	Gluten / Kamut	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Celery	Mustard	Sesame Seeds	Sulphur Dioxide/ Sulphites	Lupin	Molluscs
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CHOCOLATE DRINKS (PAGE 3 OF 4)

Millionaires Hot Chocolate (skimmed milk) Regular	369	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Millionaires Hot Chocolate (skimmed milk) Large	498	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Millionaires Hot Chocolate (whole milk) Regular	413	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Millionaires Hot Chocolate (whole milk) Large	557	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Millionaires Hot Chocolate (almond milk) Regular	336	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N
Millionaires Hot Chocolate (almond milk) Large	454	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N
Millionaires Hot Chocolate (coconut milk) Regular	366	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N
Millionaires Hot Chocolate (coconut milk) Large	494	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N
Millionaires Hot Chocolate (oat milk) Regular	523	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Millionaires Hot Chocolate (oat milk) Large	388	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Millionaires Hot Chocolate (soya milk) Regular	381	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N
Millionaires Hot Chocolate (soya milk) Large	514	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N
Mr Frosty Hot Chocolate (whole milk) Regular	288	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N
Mr Frosty Hot Chocolate (whole milk) Large	453	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N
Mr Frosty Hot Chocolate (almond milk) Regular	216	N	N	N	N	N	N	N	N	N	N	Y	Y	Y	N	N	N	N	N	N
Mr Frosty Hot Chocolate (almond milk) Large	320	N	N	N	N	N	N	N	N	N	N	Y	Y	Y	N	N	N	N	N	N
Mr Frosty Hot Chocolate (coconut milk) Regular	244	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N
Mr Frosty Hot Chocolate (coconut milk) Large	372	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N
Mr Frosty Hot Chocolate (oat milk) Regular	265	N	N	N	Y	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N
Mr Frosty Hot Chocolate (oat milk) Large	410	N	N	N	Y	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N
Mr Frosty Hot Chocolate (soya milk) Regular	258	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N
Mr Frosty Hot Chocolate (soya milk) Large	398	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N
Mr Frosty Hot Chocolate (skimmed milk) Regular	247	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N
Mr Frosty Hot Chocolate (skimmed milk) Large	377	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N

Product	Kcal	Gluten / Wheat	Gluten / Rye	Gluten / Barley	Gluten / Oats	Gluten / Spelt	Gluten / Kamut	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Celery	Mustard	Sesame Seeds	Sulphur Dioxide/ Sulphites	Lupin	Molluscs
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CHOCOLATE DRINKS (PAGE 4 OF 4)

Mistletoe Mint Hot Chocolate (skimmed milk) Regular	286	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Mistletoe Mint Hot Chocolate (skimmed milk) Large	426	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Mistletoe Mint Hot Chocolate (whole milk) Regular	327	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Mistletoe Mint Hot Chocolate (whole milk) Large	503	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Mistletoe Mint Hot Chocolate (almond milk) Regular	255	N	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N
Mistletoe Mint Hot Chocolate (almond milk) Large	369	N	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N
Mistletoe Mint Hot Chocolate (coconut milk) Regular	283	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Mistletoe Mint Hot Chocolate (coconut milk) Large	422	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Mistletoe Mint Hot Chocolate (oat milk) Regular	304	N	N	N	Y	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Mistletoe Mint Hot Chocolate (oat milk) Large	460	N	N	N	Y	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Mistletoe Mint Hot Chocolate (soya milk) Regular	297	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N
Mistletoe Mint Hot Chocolate (soya milk) Large	448	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N

Product	Kcal	Gluten / Wheat	Gluten / Rye	Gluten / Barley	Gluten / Oats	Gluten / Spelt	Gluten / Kamut	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Celery	Mustard	Sesame Seeds	Sulphur Dioxide/ Sulphites	Lupin	Molluscs
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SPECIALITY DRINKS (PAGE 1 OF 2)

Gingerbread Latte (skimmed milk) Regular	170	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N
Gingerbread Latte (skimmed milk) Large	250	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N
Gingerbread Latte (whole milk) Regular	223	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N
Gingerbread Latte (whole milk) Large	339	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N
Gingerbread Latte (almond milk) Regular	131	N	N	N	N	N	N	N	N	N	N	Y	Y	Y	N	N	N	N	N	N
Gingerbread Latte (almond milk) Large	275	N	N	N	N	N	N	N	N	N	N	Y	Y	Y	N	N	N	N	N	N
Gingerbread Latte (coconut milk) Regular	167	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N
Gingerbread Latte (coconut milk) Large	245	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N
Gingerbread Latte (oat milk) Regular	193	N	N	N	Y	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N
Gingerbread Latte (oat milk) Large	289	N	N	N	Y	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N
Gingerbread Latte (soya milk) Regular	185	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N
Gingerbread Latte (soya milk) Large	275	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N
Salted Caramel Latte (skimmed milk) Regular	208	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Salted Caramel Latte (skimmed milk) Large	249	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Salted Caramel Latte (whole milk) Regular	252	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Salted Caramel Latte (whole milk) Large	308	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Salted Caramel Latte (almond milk) Regular	175	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N
Salted Caramel Latte (almond milk) Large	205	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N
Salted Caramel Latte (coconut milk) Regular	205	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N
Salted Caramel Latte (coconut milk) Large	245	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N
Salted Caramel Latte (oat milk) Regular	227	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Salted Caramel Latte (oat milk) Large	274	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Salted Caramel Latte (soya milk) Regular	220	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N
Salted Caramel Latte (soya milk) Large	265	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N

Product	Kcal	Gluten / Wheat	Gluten / Rye	Gluten / Barley	Gluten / Oats	Gluten / Spelt	Gluten / Kamut	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Celery	Mustard	Sesame Seeds	Sulphur Dioxide/ Sulphites	Lupin	Molluscs
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SPECIALITY DRINKS (PAGE 2 OF 2)

Spiced Chai Latte (skimmed milk) Regular	246	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Spiced Chai Latte (skimmed milk) Large	349	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Spiced Chai Latte (whole milk) Regular	288	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Spiced Chai Latte (whole milk) Large	417	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Spiced Chai Latte (almond milk) Regular	215	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N
Spiced Chai Latte (almond milk) Large	298	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N
Spiced Chai Latte (coconut milk) Regular	244	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N
Spiced Chai Latte (coconut milk) Large	345	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N
Spiced Chai Latte (oat milk) Regular	264	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Spiced Chai Latte (oat milk) Large	378	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Spiced Chai Latte (soya milk) Regular	258	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N
Spiced Chai Latte (soya milk) Large	368	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N

Product	Kcal	Gluten / Wheat	Gluten / Rye	Gluten / Barley	Gluten / Oats	Gluten / Spelt	Gluten / Kamut	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Celery	Mustard	Sesame Seeds	Sulphur Dioxide/ Sulphites	Lupin	Molluscs
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TEA

Traditional Tea Regular Mug or Pot for one (skimmed milk)	45	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Traditional Tea Regular Mug or Pot for one (whole milk)	83	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Traditional Tea Regular Mug or Pot for one (almond milk)	16	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N
Traditional Tea Regular Mug or Pot for one (coconut milk)	42	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N
Traditional Tea Regular Mug or Pot for one (oat milk)	61	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Traditional Tea Regular Mug or Pot for one (soya milk)	56	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N
Traditional Tea Pot of Tea for 2 (skimmed milk)	23	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Traditional Tea Pot of Tea for 2 (whole milk)	42	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Traditional Tea Pot of Tea for 2 (almond milk)	8	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N
Traditional Tea Pot of Tea for 2 (coconut milk)	21	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N
Traditional Tea Pot of Tea for 2 (oat milk)	31	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Traditional Tea Pot of Tea for 2 (soya milk)	28	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N
Decaf Tea (skimmed milk) Regular	44	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Decaf Tea (whole milk) Regular	83	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Decaf Tea (almond milk) Regular	16	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N
Decaf Tea (coconut milk) Regular	42	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N
Decaf Tea (oat milk) Regular	61	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Decaf Tea (soya milk) Regular	55	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N
Decaf Pot of Tea for 2 (skimmed milk)	22	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Decaf Pot of Tea for 2 (whole milk)	41	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Decaf Pot of Tea for 2 (almond milk)	8	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N
Decaf Pot of Tea for 2 (coconut milk)	21	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N
Decaf Pot of Tea for 2 (oat milk)	30	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Decaf Pot of Tea for 2 (soya milk)	28	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N

SPECIALITY TEAS

Green Tea Sencha	0	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Eary Gray	0	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Chamomile	0	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Red Berry	0	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Peppermint	0	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N

Product	Kcal	Gluten / Wheat	Gluten / Rye	Gluten / Barley	Gluten / Oats	Gluten / Spelt	Gluten / Kamut	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Celery	Mustard	Sesame Seeds	Sulphur Dioxide/ Sulphites	Lupin	Molluscs
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EXTRAS

Cream	47	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Chocolate Flake	61	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N
Pink & White Mini Mallows	20	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Vanilla Syrup	20	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Caramel Syrup	21	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Hazelnut Syrup	21	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N

MILK

Low Fat Milk 2 LTR		N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Skimmed Milk 1 LTR (84kcal per 245ml serving)	343	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Semi Skimmed Milk		N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Full Fat Milk 2 LTR		N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Oat Milk	108	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Almond Milk	29	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N
Soya Milk	104	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N
Coconut Milk	79	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N

Product	Kcal	Gluten / Wheat	Gluten / Rye	Gluten / Barley	Gluten / Oats	Gluten / Spelt	Gluten / Kamut	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Celery	Mustard	Sesame Seeds	Sulphur Dioxide/ Sulphites	Lupin	Molluscs
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ICED COFFEE (PAGE 1 OF 2)

Iced Latte (skimmed milk) Regular	51	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Iced Latte (skimmed milk) Large	61	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Iced Latte (whole milk) Regular	95	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Iced Latte (whole milk) Large	114	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Iced Latte (almond milk) Regular	18	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N
Iced Latte (almond milk) Large	22	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N
Iced Latte (coconut milk) Regular	48	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N
Iced Latte (coconut milk) Large	58	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N
Iced Latte (oat milk) Regular	70	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Iced Latte (oat milk) Large	84	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Iced Latte (soya milk) Regular	64	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N
Iced Latte (soya milk) Large	76	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N
Iced Mocha (skimmed milk) Regular	132	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Iced Mocha (skimmed milk) Large	182	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Iced Mocha (whole milk) Regular	176	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Iced Mocha (whole milk) Large	235	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Iced Mocha (almond milk) Regular	98	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N
Iced Mocha (almond milk) Large	142	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N
Iced Mocha (coconut milk) Regular	129	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N
Iced Mocha (coconut milk) Large	178	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N
Iced Mocha (oat milk) Regular	150	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Iced Mocha (oat milk) Large	205	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Iced Mocha (soya milk) Regular	144	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N
Iced Mocha (soya milk) Large	197	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N

Product	Kcal	Gluten / Wheat	Gluten / Rye	Gluten / Barley	Gluten / Oats	Gluten / Spelt	Gluten / Kamut	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Celery	Mustard	Sesame Seeds	Sulphur Dioxide/ Sulphites	Lupin	Molluscs
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ICED COFFEE (PAGE 2 OF 2)

Salted Caramel Iced Latte (skimmed milk) Regular	179	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Salted Caramel Iced Latte (skimmed milk) Large	226	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Salted Caramel Iced Latte (whole milk) Regular	209	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Salted Caramel Iced Latte (whole milk) Large	271	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Salted Caramel Iced Latte (almond milk) Regular	149	N	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N
Salted Caramel Iced Latte (almond milk) Large	180	N	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N
Salted Caramel Iced Latte (coconut milk) Regular	173	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N
Salted Caramel Iced Latte (coconut milk) Large	216	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N
Salted Caramel Iced Latte (oat milk) Regular	189	Y	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Salted Caramel Iced Latte (oat milk) Large	241	Y	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Salted Caramel Iced Latte (soya milk) Regular	183	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N
Salted Caramel Iced Latte (soya milk) Large	233	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N

Product	Kcal	Gluten / Wheat	Gluten / Rye	Gluten / Barley	Gluten / Oats	Gluten / Spelt	Gluten / Kamut	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Celery	Mustard	Sesame Seeds	Sulphur Dioxide/ Sulphites	Lupin	Molluscs
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CREAMY FRAPPES

Espresso Frappe (skimmed milk) Regular	176	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Espresso Frappe (skimmed milk) Large	199	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Espresso Frappe (whole milk) Regular	200	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Espresso Frappe (whole milk) Large	225	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Espresso Frappe (almond milk) Regular	158	N	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N
Espresso Frappe (almond milk) Large	179	N	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N
Espresso Frappe (coconut milk) Regular	175	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N
Espresso Frappe (coconut milk) Large	197	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N
Espresso Frappe (oat milk) Regular	186	Y	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Espresso Frappe (oat milk) Large	210	Y	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Espresso Frappe (soya milk) Regular	183	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N
Espresso Frappe (soya milk) Large	199	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N
Strawberry Delight Frappe (whole milk) Regular	269	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Strawberry Delight Frappe Frappe (whole milk) Large	349	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Passionfruit Martini Frappe (whole milk) Regular	273	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Passionfruit Martini Frappe (whole milk) Large	363	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Triple Chocolate Frappe (skimmed milk) Regular	303	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Triple Chocolate Frappe (skimmed milk) Large	386	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Triple Chocolate Frappe (whole milk) Regular	332	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Triple Chocolate Frappe (whole milk) Large	427	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Triple Chocolate Frappe (almond milk) Regular	281	N	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N
Triple Chocolate Frappe (almond milk) Large	355	N	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N
Triple Chocolate Frappe (coconut milk) Regular	301	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N
Triple Chocolate Frappe (coconut milk) Large	384	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N
Triple Chocolate Frappe (oat milk) Regular	315	Y	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N
Triple Chocolate Frappe (oat milk) Large	404	Y	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N
Triple Chocolate Frappe (soya milk) Regular	311	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N
Triple Chocolate Frappe (soya milk) Large	398	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N

Product	Kcal	Gluten / Wheat	Gluten / Rye	Gluten / Barley	Gluten / Oats	Gluten / Spelt	Gluten / Kamut	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Celery	Mustard	Sesame Seeds	Sulphur Dioxide/ Sulphites	Lupin	Molluscs
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FRUIT SMOOTHIES

Strawberry & Banana Smoothie Regular	177	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Strawberry & Banana Smoothie Large	197	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Mango Pineapple & Passionfruit Regular	179	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Mango Pineapple & Passionfruit Large	199	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Super Berry Smoothie Regular	192	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Super Berry Smoothie Large	212	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N

MILKSHAKES (PAGE 1 OF 2)

Chocolate Milkshake (skimmed milk) Regular	447	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Chocolate Milkshake (skimmed milk) Large	581	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Chocolate Milkshake (whole milk) Regular	491	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Chocolate Milkshake (whole milk) Large	640	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Chocolate Milkshake (almond milk) Regular	414	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N
Chocolate Milkshake (almond milk) Large	537	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N
Chocolate Milkshake (coconut milk) Regular	444	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N
Chocolate Milkshake (coconut milk) Large	577	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N
Chocolate Milkshake (oat milk) Regular	466	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Chocolate Milkshake (oat milk) Large	606	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Chocolate Milkshake (soya milk) Regular	459	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N
Chocolate Milkshake (soya milk) Large	597	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N
Vanilla Milkshake (skimmed milk) Regular	406	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Vanilla Milkshake (skimmed milk) Large	520	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Vanilla Milkshake (whole milk) Regular	450	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Vanilla Milkshake (whole milk) Large	579	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Vanilla Milkshake (almond milk) Regular	373	N	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N
Vanilla Milkshake (almond milk) Large	476	N	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N
Vanilla Milkshake (coconut milk) Regular	403	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N
Vanilla Milkshake (coconut milk) Large	516	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N
Vanilla Milkshake (oat milk) Regular	425	Y	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Vanilla Milkshake (oat milk) Large	546	Y	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Vanilla Milkshake (soya milk) Regular	419	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N
Vanilla Milkshake (soya milk) Large	537	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N

Product	Kcal	Gluten / Wheat	Gluten / Rye	Gluten / Barley	Gluten / Oats	Gluten / Spelt	Gluten / Kamut	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Celery	Mustard	Sesame Seeds	Sulphur Dioxide/ Sulphites	Lupin	Molluscs
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MILKSHAKES (PAGE 2 OF 2)

Strawberry Milkshake (skimmed milk) Regular	537	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Strawberry Milkshake (skimmed milk) Large	681	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Strawberry Milkshake (whole milk) Regular	581	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Strawberry Milkshake (whole milk) Large	740	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Strawberry Milkshake (almond milk) Regular	504	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N
Strawberry Milkshake (almond milk) Large	638	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N
Strawberry Milkshake (coconut milk) Regular	534	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N
Strawberry Milkshake (coconut milk) Large	678	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N
Strawberry Milkshake (oat milk) Regular	556	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Strawberry Milkshake (oat milk) Large	707	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Strawberry Milkshake (soya milk) Regular	549	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N
Strawberry Milkshake (soya milk) Large	698	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N
Banana Milkshake (skimmed milk) Regular	426	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Banana Milkshake (skimmed milk) Large	550	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Banana Milkshake (whole milk) Regular	471	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Banana Milkshake (whole milk) Large	609	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Banana Milkshake (almond milk) Regular	394	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N
Banana Milkshake (almond milk) Large	507	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N
Banana Milkshake (coconut milk) Regular	423	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N
Banana Milkshake (coconut milk) Large	547	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N
Banana Milkshake (oat milk) Regular	446	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Banana Milkshake (oat milk) Large	576	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Banana Milkshake (soya milk) Regular	439	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N
Banana Milkshake (soya milk) Large	567	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N

Product	Kcal	Gluten / Wheat	Gluten / Rye	Gluten / Barley	Gluten / Oats	Gluten / Spelt	Gluten / Kamut	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Celery	Mustard	Sesame Seeds	Sulphur Dioxide/ Sulphites	Lupin	Molluscs
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ICED TEAS

Green Tea & Peach Iced Tea Regular	88	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Green Tea & Peach Iced Tea Large	131	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Lemon Iced Tea Regular	67	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Lemon Iced Tea Large	67	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Elderflower Iced Tea Regular	82	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Elderflower Iced Tea Large	122	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N

ICED LEMONADES

Traditonal Lemonade Regular	77	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Traditonal Lemonade Large	102	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Passionfruit Iced Lemonade Regular	102	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Passionfruit Iced Lemonade Large	125	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Winter Lemonade Raspberry Regular	84	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Winter Lemonade Raspberry Large	99	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Winter Lemonade Tangerine Regular	76	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Winter Lemonade Tangerine Large	91	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N

Ice Cream

Ice Cream Extras

Product	Kcal (Per 100g)	Gluten / Wheat	Gluten / Rye	Gluten / Barley	Gluten / Oats	Gluten / Spelt	Gluten / Kamut	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Celery	Mustard	Sesame Seeds	Sulphur Dioxide/ Sulphites	Lupin	Molluscs	May contain
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ICE CREAM

B&J Choc Chip Cookie Dough	213	Y	N	N	N	N	N	N	Y	N	N	Y	Y	N	N	N	N	N	N	N	
B&J Strawberry Cheesecake	178	Y	N	N	N	N	N	N	Y	N	N	Y	Y	N	N	N	N	N	N	N	
B&J Chocolate Cookie Dough	120	Y	N	N	N	N	N	N	Y	N	N	Y	Y	N	N	N	N	N	N	N	
B&J Vanilla	167	N	N	N	N	N	N	N	Y	N	N	N	Y	N	N	N	N	N	N	N	
B&J Cone Together	203	Y	Y	N	N	N	N	N	Y	N	N	Y	Y	N	N	N	N	N	N	N	Hazelnuts, Almonds, Walnuts
B&J Non Dairy Chocolate Fudge Brownie	219	Y	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	
B&J Peace Pop	217	Y	N	N	N	N	N	N	Y	N	N	Y	Y	N	N	N	N	N	N	N	Hazelnuts, Pecans, Almonds, Cashews, Walnuts, Brazil Nuts, Pistachios, Macadamias

ICE CREAM EXTRAS

Chocolate Sauce Topping		N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	
Strawberry Sauce Topping		N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	
Toffee Fudge Sauce		N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N	
Salted Caramel Fudge		N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	
Caramel Mocha Sauce		N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	
Marshmallows	20	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	
Sugar Strands		N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	
Chocolate Chunks Milk		N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N	
Chocolate Flake	51	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	

Sugars & Condiments

Extras

Product	Kcal	Gluten / Wheat	Gluten / Rye	Gluten / Barley	Gluten / Oats	Gluten / Spelt	Gluten / Kamut	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Celery	Mustard	Sesame Seeds	Sulphur Dioxide/ Sulphites	Lupin	Molluscs
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SUGARS & CONDIMENTS

White Sugar Sticks		N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Brown Sugar Sticks		N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Canderel Sweetner		N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Pepper Sachet		N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Salt Sachet		N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N

EXTRAS

Mayonnaise Sachets		N	N	N	N	N	N	N	Y	N	N	N	N	N	N	Y	N	N	N	N
Tomato Ketchup Sachets		N	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N
Brown Sauce Sachets		Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Strawberry Jam		N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Butter Portions		N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N

BAKERS + BARISTAS