

BAKERS + BARISTAS

Nutrition & Allergen Guide

Ireland & Northern Ireland
Christmas 2024

This guide will provide nutritional and allergen information for core products. Please ensure you take extra care to identify all the possible allergens present in our products, if you require support please ask a member of our team.

PLEASE BE AWARE WE HANDLE ALL ALLERGENS IN OUR KITCHENS AND CANNOT GUARANTEE AN ALLERGEN FREE ENVIRONMENT.

ANY PRODUCTS MADE AND SERVED FRESH IN OUR STORES MAY CONTAIN ALLERGENS NOT LISTED BELOW.

THE ALLERGENS LISTED BELOW ARE THOSE CONTAINED IN THE INGREDIENTS TO THE RECIPE.

If the product you are interested in is not listing within this guide, please speak to a store member or email customercare@bakersbaristas.com for more information.

For prepackaged food and drink, the allergen information is provided on the packaging labels in-store.

This information is updated regularly to reflect our procedures instore and seasonal product range.

Please make sure you are referencing the most up-to-date guide.

Please check at <https://www.bakersbaristas.com/allergen-information/> for the most up to date information.

Within this booklet it will provide information on the following 14 allergens:

- **Cereals containing gluten** (such as Barley, Kamut, Oats, Rye, Spelt, Wheat)
- **Crustaceans** (such as prawns, crabs and lobsters)
- **Eggs**
- **Fish**
- **Lupin**
- **Milk**
- **Celery,**
- **Molluscs** (such as mussels and oysters),
- **Mustard**
- **Peanuts**
- **Sesame**
- **Soybeans** (Soya)
- **Sulphur Dioxide and Sulphites** (if the sulphur dioxide and sulphites are at a concentration of more than ten parts per million)
- **Tree nuts** (such as almonds, hazelnuts, walnuts, brazil nuts, cashews, pecans, pistachios and macadamia nuts).

Classic Seasonal Deluxe Made without Gluten Vegan Mini

Product	Kcal	Gluten / Wheat	Gluten / Rye	Gluten / Barley	Gluten / Oats	Gluten / Spelt	Gluten / Kamut	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Celery	Mustard	Sesame Seeds	Sulphur Dioxide/ Sulphites	Lupin	Molluscs	May contain
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CLASSIC MUFFINS

Chocolate Chunk Muffin		Y	N	N	N	N	N	N	Y	N	N	Y	Y	N	N	N	N	N	N	N	
Double Chocolate Chunk with Malted Balls		Y	N	Y	N	N	N	N	Y	N	N	Y	Y	N	N	N	N	N	N	N	
Double Chocolate Butterfly Muffin		Y	N	N	N	N	N	N	Y	N	N	Y	Y	N	N	N	N	N	N	N	
Polka Dot Muffin		Y	N	N	N	N	N	N	Y	N	N	Y	Y	N	N	N	N	N	N	N	
Raspberry & Apple Crumble Muffin		Y	N	N	N	N	N	N	Y	N	N	Y	Y	N	N	N	N	Y	N	N	
Sticky Toffee Muffin		Y	N	N	N	N	N	N	Y	N	N	Y	Y	N	N	N	N	Y	N	N	
Apple & Cinnamon Muffin	433	Y	N	N	N	N	N	N	Y	N	N	N	Y	N	N	N	N	N	N	N	Soya
Blueberry Muffin - Crème	446	Y	N	N	N	N	N	N	Y	N	N	N	Y	N	N	N	N	N	N	N	

LIMITED EDITION MUFFINS

Salted Caramel & Pretzel Muffin	694	Y	N	Y	N	N	N	N	Y	N	N	Y	Y	N	N	N	N	Y	N	N	Tree nuts, Peanuts, Oats, Rye, Hazelnuts, Pecans, Almonds, Cashews, Walnuts, Brazil nuts, Pistachios, Macadamias
Ferrero Rocher Muffin	721	Y	N	N	N	N	N	N	Y	N	N	Y	Y	Y	N	N		Y	N	N	
Mr Frosty Muffin	699	Y	N	N	N	N	N	N	Y	N	N	Y	Y	N	N	N	N	N	N	N	
Goats Cheese & Red Onion Chutney Muffin	478	Y	N	N	N	N	N	N	Y	N	N	N	Y	N	N	N	N	Y	N	N	Soya

DELUXE MUFFINS

Christmas Crumble & Rum Muffin	511	Y	N	N	N	N	N	N	Y	N	N	N	Y	N	N	N	N	Y	N	N	
Christmas Crumble & Winter spice muffin	515	Y	N	N	N	N	N	N	Y	N	N	N	Y	N	N	N	N	Y	N	N	
Victoria Sponge Muffin	698	Y	N	N	N	N	N	N	Y	N	N	Y	Y	N	N	N	N	N	N	N	

MADE WITHOUT GLUTEN MUFFINS

Blueberry Muffin	503	N	N	N	N	N	N	N	Y	N	N	Y	Y	N	N	N	N	N	N	N	Gluten
Ginger Bread Muffin	624	N	N	N	N	N	N	N	Y	N	N	Y	Y	N	N	N	N	Y	N	N	

VEGAN MUFFINS

Lemon & Poppy Seed Muffin	365	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	
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MINI MUFFINS

Chocolate Mini Muffin - plain		Y	N	N	N	N	N	N	Y	N	N	Y	Y	N	N	N	N	N	N	N	
Crème Mini Muffin - plain		Y	N	N	N	N	N	N	Y	N	N	N	Y	N	N	N	N	N	N	N	
Mini Bakes (6) Crème		Y	N	N	N	N	N	N	Y	N	N	N	Y	N	N	N	N	N	N	N	
Mini Bakes (6) Chocolate		Y	N	N	N	N	N	N	Y	N	N	Y	Y	N	N	N	N	N	N	N	

Product	Kcal	Gluten / Wheat	Gluten / Rye	Gluten / Barley	Gluten / Oats	Gluten / Spelt	Gluten / Kamut	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Celery	Mustard	Sesame Seeds	Sulphur Dioxide/ Sulphites	Lupin	Molluscs	May contain
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COOKIES

Triple Chocolate Belgian Cookie		Y	N	N	N	N	N	N	Y	N	N	Y	Y	N	N	N	N	N	N	N	N	
Double Chocolate Belgian Cookie		Y	N	N	N	N	N	N	Y	N	N	Y	Y	N	N	N	N	N	N	N	N	
Belgian White Chocolate Chunk		Y	N	N	N	N	N	N	Y	N	N	Y	Y	N	N	N	N	N	N	N	N	

DONUTS

White Chocolate Ball Doughnut		Y	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	Y	N	N	N	
Chocolate & Caramel Ball Doughnut		Y	N	N	N	N	N	N	Y	N	N	Y	Y	N	N	N	N	Y	N	N	N	

SCONES

Fruit Scone with Butter and Jam		Y	N	N	N	N	N	N	Y	N	N	N	Y	N	N	N	N	N	N	N	N	
Plain Scone with Butter and Jam		Y	N	N	N	N	N	N	Y	N	N	N	Y	N	N	N	N	N	N	N	N	
Brown Scone with Butter and Jam		Y	N	N	N	N	N	N	Y	N	N	N	Y	N	N	N	N	N	N	N	N	Celery, Nuts, Sesame Seeds, Soya

PASTRIES

LaBo Almond Croissant	357	Y	N	N	N	N	N	N	Y	N	N	N	Y	Y	N	N	N	N	N	N	N	Sesame, Soya, Hazelnuts, Pecans
Pain au Raisin		Y	N	N	N	N	N	N	Y	N	N	N	Y	N	N	N	N	N	N	N	N	
Plain Croissant		Y	N	N	N	N	N	N	Y	N	N	N	Y	N	N	N	N	N	N	N	N	
Cinnamon Swirl	337	Y	N	N	N	N	N	N	Y	N	N	N	Y	N	N	N	N	N	N	N	N	Tree nuts, Sesame, Soya

Product	Kcal	Gluten / Wheat	Gluten / Rye	Gluten / Barley	Gluten / Oats	Gluten / Spelt	Gluten / Kamut	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Celery	Mustard	Sesame Seeds	Sulphur Dioxide/ Sulphites	Lupin	Molluscs	May contain
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SLICED CAKES

Pear & Almond Cake	310	Y	N	N	N	N	N	N	Y	N	N	N	Y	Y	N	N	N	N	N	N	N	
Banana Walnut Loaf cake	286	Y	N	N	N	N	N	N	Y	N	N	N	Y	Y	N	N	N	N	N	N	N	Sesame,
Lemon Drizzle Cake		Y	N	N	N	N	N	N	Y	N	N	N	Y	N	N	N	N	N	N	N	N	
Strawberry and Rhubarb Crumble cake	330	Y	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	May contain Tree Nuts

CAKE POPS

Vanilla Cake Pop	157	Y	N	N	N	N	N	N	Y	N	N	Y	Y	N	N	N	N	N	N	N	N	Fish
Strawberry Cake Pop	153	Y	N	N	N	N	N	N	Y	N	N	Y	Y	N	N	N	N	Y	N	N	N	
Chocolate Cake Pop	141	Y	N	N	N	N	N	N	Y	N	N	Y	Y	N	N	N	N	N	N	N	N	

TRAYBAKES

Rocky Road Traybake		Y	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	Y	N	N	N	Tree nuts, Peanuts
Mint Chocolate Traybake	402	Y	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N	N	Nuts & Peanuts

MINCE PIES

PV Mince Pie	328	Y	N	Y	N	N	N	N	Y	N	N	N	Y	N	N	N	N	N	N	N	N	Mustard, Soya, Tree nuts, Sulphites, Oats, Rye
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Product	Kcal	Gluten / Wheat	Gluten / Rye	Gluten / Barley	Gluten / Oats	Gluten / Spelt	Gluten / Kamut	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Celery	Mustard	Sesame Seeds	Sulphur Dioxide/ Sulphites	Lupin	Molluscs	May contain
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FRESH BAPS

Sausage & Bacon Bap		Y	N	N	N	N	N	N	Y	N	N	N	Y	N	N	N	N	Y	N	N	Nuts, Sesame, Soya, Milk, Mustard, Cereals containing Gluten, Soya
Bacon Bap		Y	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	Nuts, Sesame, Soya, Cereals containing Gluten, Sulphites, Soya

BAGUETTES

Festive Ploughmans Baguette	519	Y	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	Tree nuts, Sesame
Mozzarella Tomato, Basil & Pesto Seeded Baguette	550	Y	N	N	N	N	N	N	Y	N	N	Y	Y	Y	N	N	N	N	N	N	
Ham & Cheese White Baguette		Y	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	Nuts, Sesame, Cereals containing Gluten
Tuna Mayonnaise & Rocket Malted Wheat Baguette		Y	N	Y	N	N	N	N	Y	Y	N	Y	N	N	N	Y	N	N	N	N	Nuts, Sesame, Peanuts, Celery, Cereals containing Gluten, Crustaceans, Milk

BLOOMER SANDWICHES

Turkey & Stuffing Bloomer Sandwich	377	Y	N	N	N	N	N	N	Y	N	N	Y	Y	N	N	N	N	N	N	N	Tree nuts, Sesame, Sulphites
Ham & Ballymaloe	323	Y	N	N	N	N	N	N	N	N	N	Y	N	N	N	Y	N	N	N	N	Tree nuts, Eggs, Milk, Sesame, Sulphites
Tuna Salad	374	Y	N	N	N	N	N	N	Y	Y	N	Y	N	N	N	N	N	N	N	N	Barley

ITALIAN FLATBREADS

Christmas Celebration Flatbread	543	Y	Y	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N	Eggs
Brie, Plum Chutney & Rocket Flatbread	498	Y	Y	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	Eggs
Mozzarella, Tomato, Pesto & Rocket	499	Y	Y	N	N	N	N	N	Y	N	N	N	Y	Y	N	N	N	N	N	N	
BBQ Chicken with Grated Cheese Flatbread	446	Y	Y	N	N	N	N	N	N	N	N	N	Y	N	N	Y	N	N	N	N	Eggs

BAGELS

Smoked Salmon & Cream Cheese		Y	N	N	N	N	N	N	N	Y	N	Y	Y	N	N	N	N	N	N	N	
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TOASTIES

Sausage & Red Onion Toastie	552	Y	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	Y	N	N	Tree nuts, Eggs, Milk, Sesame
Cheddar Cheese & Red Onion		Y	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N	Barley
Grilled Cheese		Y	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N	Barley
Ham & Cheddar Cheese		Y	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N	Barley
Cheddar Cheese & Tomato		Y	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N	Barley

Product	Kcal	Gluten / Wheat	Gluten / Rye	Gluten / Barley	Gluten / Oats	Gluten / Spelt	Gluten / Kamut	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Celery	Mustard	Sesame Seeds	Sulphur Dioxide/ Sulphites	Lupin	Molluscs	May contain
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PANINIS

Pigs in Blanket with Brie and Cranberry Sauce Panini	556	Y	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	Y	N	N	Tree nuts, Pecans, Walnuts
Chipotle Chicken Panini	630	Y	N	N	N	N	N	N	Y	N	N	N	Y	N	N	Y	N	N	N	N	Tree nuts, Pecans, Walnuts
Tuna Melt Panini		Y	N	N	N	N	N	N	Y	Y	N	N	Y	N	N	Y	N	N	N	N	Barley, Celery, Gluten, Crustaceans, Mustard, Sesame, Soya, Nuts
Ham & Cheddar Cheese Panini		Y	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	Nuts, Sesame

WRAPS

Chicken Fajita Hot Wrap	348	Y	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	
Chicken Caesar Wrap	384	Y	N	N	N	N	N	N	Y	Y	N	N	Y	N	Y	Y	N	N	N	N	

FILLED CROISSANTS

Brie & Cranberry Croissant	430	Y	N	N	N	N	N	N	Y	N	N	N	Y	N	N	N	N	N	N	N	Tree nuts, Sesame, Soya
Ham & Cheddar Cheese		Y	N	N	N	N	N	N	Y	N	N	N	Y	N	N	N	N	N	N	N	Nuts, Sesame, Soya, Cereals Containing Gluten, Sulphur Dioxide

FRESH TOAST

Toast with Butter - white		Y	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	Y	N	N	N
Toast with Butter - brown		Y	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	Y	N	N	N

SAUSAGE ROLL

Hot Sausage Roll		Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	Cereals containig gluten, Egg, Soya, Milk
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SOUP

Cream of Vegetable Soup 1x2 LT	135	N	N	N	N	N	N	N	N	N	N	N	Y	N	Y	N	N	N	N	N	
Chicken & Vegetable Soup 1x2 LT	150	N	N	N	N	N	N	N	N	N	N	N	Y	N	Y	N	N	N	N	N	
Potato & Leek Soup 1 x 2lt	166	N	N	N	N	N	N	N	N	N	N	N	Y	N	Y	N	N	N	N	N	
Tomato & Basil Soup 1x2 LT	128	N	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	

JACKET POTATOES

Grated Cheese	691	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	
Beans	512	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	
Tuna Mayo	704	N	N	N	N	N	N	N	Y	Y	N	N	Y	N	N	N	N	N	N	N	
Coleslaw	618	N	N	N	N	N	N	N	Y	N	N	N	Y	N	N	Y	N	N	N	N	

Product	Kcal	Gluten / Wheat	Gluten / Rye	Gluten / Barley	Gluten / Oats	Gluten / Spelt	Gluten / Kamut	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Celery	Mustard	Sesame Seeds	Sulphur Dioxide/ Sulphites	Lupin	Molluscs	May contain
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COFFEE

Espresso	0	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	
Double Espresso	0	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	
Flat White (skimmed milk) Small	70	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	
Flat White (whole milk) Small	130	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	
Flat White (almond milk) Small	25	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	
Flat White (coconut milk) Small	66	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	
Flat White (oat milk) Small	90	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	
Flat White (soya milk) Small	87	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	
Americano (black) Small	0	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	
Americano (black) Regular	0	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	
Americano (black) Large	0	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	
Americano (white skimmed milk) Small	44	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	
Americano (white skimmed milk) Regular	44	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	
Americano (white skimmed milk) Large	44	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	
Americano (white whole milk) Small	83	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	
Americano (white whole milk) Regular	83	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	
Americano (white whole milk) Large	83	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	
Americano (white almond milk) Small	16	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	
Americano (white almond milk) Regular	16	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	
Americano (white almond milk) Large	16	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	
Americano (white coconut milk) Small	42	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	
Americano (white coconut milk) Regular	42	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	
Americano (white coconut milk) Large	42	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	
Americano (white oat milk) Small	57	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	
Americano (white oat milk) Regular	57	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	
Americano (white oat milk) Large	57	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	
Americano (white soya milk) Small	55	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	
Americano (white soya milk) Regular	55	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	
Americano (white soya milk) Large	55	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	

Product	Kcal	Gluten / Wheat	Gluten / Rye	Gluten / Barley	Gluten / Oats	Gluten / Spelt	Gluten / Kamut	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Celery	Mustard	Sesame Seeds	Sulphur Dioxide/ Sulphites	Lupin	Molluscs	May contain
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COFFEE

Cappuccino (skimmed milk) Small	72	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	
Cappuccino (skimmed milk) Regular	86	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	
Cappuccino (skimmed milk) Large	98	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	
Cappuccino (whole milk) Small	133	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	
Cappuccino (whole milk) Regular	158	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	
Cappuccino (whole milk) Large	180	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	
Cappuccino No Chocolate Sprinkles (almond milk) Small	27	N	N	N	N	N	N	N	N	N	N	N	N*	Y	N	N	N	N	N	N	
Cappuccino No Chocolate Sprinkles (almond milk) Regular	31	N	N	N	N	N	N	N	N	N	N	N	N*	Y	N	N	N	N	N	N	
Cappuccino No Chocolate Sprinkles (almond milk) Large	36	N	N	N	N	N	N	N	N	N	N	N	N*	Y	N	N	N	N	N	N	
Cappuccino No Chocolate Sprinkles (coconut milk) Small	68	N	N	N	N	N	N	N	N	N	N	Y	N*	N	N	N	N	N	N	N	
Cappuccino No Chocolate Sprinkles (coconut milk) Regular	81	N	N	N	N	N	N	N	N	N	N	Y	N*	N	N	N	N	N	N	N	
Cappuccino No Chocolate Sprinkles (coconut milk) Large	92	N	N	N	N	N	N	N	N	N	N	Y	N*	N	N	N	N	N	N	N	
Cappuccino No Chocolate Sprinkles (oat milk) Small	92	N	N	N	Y	N	N	N	N	N	N	N	N*	N	N	N	N	N	N	N	
Cappuccino No Chocolate Sprinkles (oat milk) Regular	110	N	N	N	Y	N	N	N	N	N	N	N	N*	N	N	N	N	N	N	N	
Cappuccino No Chocolate Sprinkles (oat milk) Large	125	N	N	N	Y	N	N	N	N	N	N	N	N*	N	N	N	N	N	N	N	
Cappuccino No Chocolate Sprinkles (soya milk) Small	89	N	N	N	N	N	N	N	N	N	N	Y	N*	N	N	N	N	N	N	N	
Cappuccino No Chocolate Sprinkles (soya milk) Regular	106	N	N	N	N	N	N	N	N	N	N	Y	N*	N	N	N	N	N	N	N	
Cappuccino No Chocolate Sprinkles (soya milk) Large	121	N	N	N	N	N	N	N	N	N	N	Y	N*	N	N	N	N	N	N	N	

***ALLERGY ADVICE - PLEASE NOTE: OUR HOT CHOCOLATE POWDER USED FOR SPRINKLES CONTAIN MILK**

Product	Kcal	Gluten / Wheat	Gluten / Rye	Gluten / Barley	Gluten / Oats	Gluten / Spelt	Gluten / Kamut	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Celery	Mustard	Sesame Seeds	Sulphur Dioxide/ Sulphites	Lupin	Molluscs	May contain
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COFFEE

Latte (skimmed milk) Regular	84	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	
Latte (skimmed milk) Large	95	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	
Latte (whole milk) Regular	156	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	
Latte (whole milk) Large	178	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	
Latte (almond milk) Regular	29	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	
Latte (almond milk) Large	34	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	
Latte (coconut milk) Regular	79	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	
Latte (coconut milk) Large	90	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	
Latte (oat milk) Regular	108	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	
Latte (oat milk) Large	123	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	
Latte (soya milk) Regular	104	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	
Latte (soya milk) Large	119	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	
Salted Caramel Latte with Cream (whole milk) Regular	252	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	
Salted Caramel Latte with Cream (whole milk) Large	308	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	
Salted Caramel Latte with Cream (skimmed milk) Regular	208	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	
Salted Caramel Latte with Cream (skimmed milk) Large	249	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	
Salted Caramel Latte with Cream (almond milk) Regular	175	N	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	Hazelnuts, Pecans, Cashews, Walnuts, Brazil nuts, Pistachios, Macadamias
Salted Caramel Latte with Cream (almond milk) Large	205	N	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	Hazelnuts, Pecans, Cashews, Walnuts, Brazil nuts, Pistachios, Macadamias
Salted Caramel Latte with Cream (coconut milk) Regular	205	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N	Hazelnuts, Almonds
Salted Caramel Latte with Cream (coconut milk) Large	245	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N	Hazelnuts, Almonds
Salted Caramel Latte with Cream (oat milk) Regular	227	N	N	N	Y	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	
Salted Caramel Latte with Cream (oat milk) Large	274	N	N	N	Y	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	
Salted Caramel Latte with Cream (soya milk) Regular	220	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N	
Salted Caramel Latte with Cream (soya milk) Large	265	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N	

Product	Kcal	Gluten / Wheat	Gluten / Rye	Gluten / Barley	Gluten / Oats	Gluten / Spelt	Gluten / Kamut	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Celery	Mustard	Sesame Seeds	Sulphur Dioxide/ Sulphites	Lupin	Molluscs	May contain
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CHOCOLATE DRINKS

Hot Chocolate (skimmed milk) Regular	239	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	
Hot Chocolate (skimmed milk) Large	310	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	
Hot Chocolate (whole milk) Regular	312	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	
Hot Chocolate (whole milk) Large	392	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	
Hot Chocolate (almond milk) Regular	185	N	N	N	N	N	N	N	N	N	N	N	Y*	Y	N	N	N	N	N	N	N	
Hot Chocolate (almond milk) Large	248	N	N	N	N	N	N	N	N	N	N	N	Y*	Y	N	N	N	N	N	N	N	
Hot Chocolate (coconut milk) Regular	235	N	N	N	N	N	N	N	N	N	N	Y	Y*	N	N	N	N	N	N	N	N	
Hot Chocolate (coconut milk) Large	304	N	N	N	N	N	N	N	N	N	N	Y	Y*	N	N	N	N	N	N	N	N	
Hot Chocolate (oat milk) Regular	264	N	N	N	Y	N	N	N	N	N	N	N	Y*	N	N	N	N	N	N	N	N	
Hot Chocolate (oat milk) Large	337	N	N	N	Y	N	N	N	N	N	N	N	Y*	N	N	N	N	N	N	N	N	
Hot Chocolate (soya milk) Regular	260	N	N	N	N	N	N	N	N	N	N	Y	Y*	N	N	N	N	N	N	N	N	
Hot Chocolate (soya milk) Large	333	N	N	N	N	N	N	N	N	N	N	Y	Y*	N	N	N	N	N	N	N	N	
Mocha (skimmed milk) Regular	229	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	
Mocha (skimmed milk) Large	289	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	
Mocha (whole milk) Regular	293	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	
Mocha (whole milk) Large	354	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	
Mocha (almond milk) Regular	182	N	N	N	N	N	N	N	N	N	N	N	Y*	Y	N	N	N	N	N	N	N	
Mocha (almond milk) Large	241	N	N	N	N	N	N	N	N	N	N	N	Y*	Y	N	N	N	N	N	N	N	
Mocha (coconut milk) Regular	225	N	N	N	N	N	N	N	N	N	N	Y	Y*	N	N	N	N	N	N	N	N	
Mocha (coconut milk) Large	285	N	N	N	N	N	N	N	N	N	N	Y	Y*	N	N	N	N	N	N	N	N	
Mocha (oat milk) Regular	250	N	N	N	Y	N	N	N	N	N	N	N	Y*	N	N	N	N	N	N	N	N	
Mocha (oat milk) Large	311	N	N	N	Y	N	N	N	N	N	N	N	Y*	N	N	N	N	N	N	N	N	
Mocha (soya milk) Regular	247	N	N	N	N	N	N	N	N	N	N	Y	Y*	N	N	N	N	N	N	N	N	
Mocha (soya milk) Large	308	N	N	N	N	N	N	N	N	N	N	Y	Y*	N	N	N	N	N	N	N	N	

***ALLERGY ADVICE - OUR HOT CHOCOLATE POWDER DOES CONTAIN MILK, ANY MILK CHANGES WON'T REMOVE THE ALLERGEN**

Product	Kcal	Gluten / Wheat	Gluten / Rye	Gluten / Barley	Gluten / Oats	Gluten / Spelt	Gluten / Kamut	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Celery	Mustard	Sesame Seeds	Sulphur Dioxide/ Sulphites	Lupin	Molluscs	May contain
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CHOCOLATE DRINKS

Kids Hot Chocolate (skimmed milk)	225	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	
Kids Hot Chocolate (whole milk)	273	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	
Kids Hot Chocolate (almond milk)	242	N	N	N	N	N	N	N	N	N	N	N	Y*	N	N	N	N	N	N	N	N	
Kids Hot Chocolate (coconut milk)	300	N	N	N	N	N	N	N	N	N	N	N	Y*	N	N	N	N	N	N	N	N	
Kids Hot Chocolate (oat milk)	182	N	N	N	Y	N	N	N	N	N	N	N	Y*	Y	N	N	N	N	N	N	N	
Kids Hot Chocolate (soya milk)	208	N	N	N	N	N	N	N	N	N	N	N	Y*	Y	N	N	N	N	N	N	N	
Kiddiccino (Warm Skimmed Milk)	89	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	
Kiddiccino (Warm Whole Milk)	149	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	
Kiddiccino (Warm Almond Milk)	43	N	N	N	N	N	N	N	N	N	N	N	Y*	Y	N	N	N	N	N	N	N	
Kiddiccino (Warm Coconut Milk)	85	N	N	N	N	N	N	N	N	N	N	Y	Y*	N	N	N	N	N	N	N	N	
Kiddiccino (Warm Oat Milk)	109	N	N	N	Y	N	N	N	N	N	N	N	Y*	N	N	N	N	N	N	N	N	
Kiddiccino (Warm Soya Milk)	105	N	N	N	N	N	N	N	N	N	N	Y	Y*	N	N	N	N	N	N	N	N	
Millionaires Hot Chocolate (skimmed milk) Regular	369	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	
Millionaires Hot Chocolate (skimmed milk) Large	498	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	
Millionaires Hot Chocolate (whole milk) Regular	413	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	
Millionaires Hot Chocolate (whole milk) Large	557	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	
Millionaires Hot Chocolate (almond milk) Regular	336	N	N	N	N	N	N	N	N	N	N	N	Y*	Y	N	N	N	N	N	N	N	
Millionaires Hot Chocolate (almond milk) Large	454	N	N	N	N	N	N	N	N	N	N	N	Y*	Y	N	N	N	N	N	N	N	
Millionaires Hot Chocolate (coconut milk) Regular	366	N	N	N	N	N	N	N	N	N	N	Y	Y*	N	N	N	N	N	N	N	N	
Millionaires Hot Chocolate (coconut milk) Large	494	N	N	N	N	N	N	N	N	N	N	Y	Y*	N	N	N	N	N	N	N	N	
Millionaires Hot Chocolate (oat milk) Large	518	N	N	N	Y	N	N	N	N	N	N	N	Y*	N	N	N	N	N	N	N	N	
Millionaires Hot Chocolate (oat milk) Regular	384	N	N	N	Y	N	N	N	N	N	N	N	Y*	N	N	N	N	N	N	N	N	
Millionaires Hot Chocolate (soya milk) Large	514	N	N	N	N	N	N	N	N	N	N	Y	Y*	N	N	N	N	N	N	N	N	
Millionaires Hot Chocolate (soya milk) Regular	381	N	N	N	N	N	N	N	N	N	N	Y	Y*	N	N	N	N	N	N	N	N	

***ALLERGY ADVICE - OUR HOT CHOCOLATE POWDER DOES CONTAIN MILK, ANY MILK CHANGES WON'T REMOVE THE ALLERGEN**

Product	Kcal	Gluten / Wheat	Gluten / Rye	Gluten / Barley	Gluten / Oats	Gluten / Spelt	Gluten / Kamut	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Celery	Mustard	Sesame Seeds	Sulphur Dioxide/ Sulphites	Lupin	Molluscs	May contain
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SEASONAL DRINKS

Original Matcha Latte (skimmed milk) Medium	127	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	
Original Matcha Latte (skimmed milk) Large	205	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	
Original Matcha Latte (whole milk) Regular	165	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	
Original Matcha Latte (whole milk) Large	266	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	
Original Matcha Latte (almond milk) Medium	62	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	Hazelnuts, Pecans, Cashews, Walnuts, Brazil nuts, Pistachios, Macadamias
Original Matcha Latte (almond milk) Large	100	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	
Original Matcha Latte (coconut milk) Medium	84	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	
Original Matcha Latte (coconut milk) Large	135	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	
Original Matcha Latte (oat milk) Medium	122	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	
Original Matcha Latte (oat milk) Large	197	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	
Original Matcha Latte (soya milk) Medium	109	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	
Original Matcha Latte (soya milk) Large	177	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	
Vanilla Matcha Latte (skimmed milk) Regular	157	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	
Vanilla Matcha Latte (skimmed milk) Large	251	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	
Vanilla Matcha Latte (whole milk) Regular	192	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	
Vanilla Matcha Latte (whole milk) Large	307	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	
Vanilla Matcha Latte (almond milk) Regular	97	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	
Vanilla Matcha Latte (almond milk) Large	153	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	
Vanilla Matcha Latte (coconut milk) Regular	117	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	
Vanilla Matcha Latte (coconut milk) Large	186	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	
Vanilla Matcha Latte (oat milk) Regular	152	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	
Vanilla Matcha Latte (oat milk) Large	243	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	
Vanilla Matcha Latte (soya milk) Regular	141	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	
Vanilla Matcha Latte (soya milk) Large	224	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	

Product	Kcal	Gluten / Wheat	Gluten / Rye	Gluten / Barley	Gluten / Oats	Gluten / Spelt	Gluten / Kamut	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Celery	Mustard	Sesame Seeds	Sulphur Dioxide/ Sulphites	Lupin	Molluscs	May contain
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SEASONAL DRINKS

Strawberry Matcha Latte (skimmed milk) Regular	184	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	
Strawberry Matcha Latte (skimmed milk) Large	291	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	
Strawberry Matcha Latte (whole milk) Regular	219	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	
Strawberry Matcha Latte (whole milk) Large	348	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	
Strawberry Matcha Latte (almond milk) Regular	124	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	
Strawberry Matcha Latte (almond milk) Large	194	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	
Strawberry Matcha Latte (coconut milk) Regular	144	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	Tree nuts, Hazelnuts, Pecans, Almonds, Cashews, Walnuts, Brazil nuts, Pistachios, Macadamias
Strawberry Matcha Latte (coconut milk) Large	226	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	Tree nuts, Hazelnuts, Pecans, Almonds, Cashews, Walnuts, Brazil nuts, Pistachios, Macadamias
Strawberry Matcha Latte (oat milk) Regular	209	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	
Strawberry Matcha Latte (oat milk) Large	331	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	
Strawberry Matcha Latte (soya milk) Regular	168	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	
Strawberry Matcha Latte (soya milk) Large	265	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	
Gingerbread Latte (Skimmed Milk) Regular	221	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N	
Gingerbread Latte (skimmed milk) Large	337	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N	
Gingerbread Latte (whole milk) Regular	246	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N	
Gingerbread Latte (whole milk) Large	380	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N	
Gingerbread Latte (almond milk) Regular	177	N	N	N	N	N	N	N	N	N	N	Y	Y	Y	N	N	N	N	N	N	
Gingerbread Latte (almond milk) Large	264	N	N	N	N	N	N	N	N	N	N	Y	Y	Y	N	N	N	N	N	N	
Gingerbread Latte (coconut milk) Regular	192	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N	Tree nuts, Hazelnuts, Pecans, Almonds, Cashews, Walnuts, Brazil nuts, Pistachios, Macadamias
Gingerbread Latte (coconut milk) Large	288	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N	Tree nuts, Hazelnuts, Pecans, Almonds, Cashews, Walnuts, Brazil nuts, Pistachios, Macadamias
Gingerbread Latte (oat milk) Regular	238	N	N	N	Y	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N	
Gingerbread Latte (oat milk) Large	367	N	N	N	Y	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N	
Gingerbread Latte (soya milk) Regular	209	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N	
Gingerbread Latte (soya milk) Large	317	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N	

Product	Kcal	Gluten / Wheat	Gluten / Rye	Gluten / Barley	Gluten / Oats	Gluten / Spelt	Gluten / Kamut	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Celery	Mustard	Sesame Seeds	Sulphur Dioxide/ Sulphites	Lupin	Molluscs	May contain
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SEASONAL DRINKS

Honeycomb Latte (Skimmed Milk) Regular	278	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	
Honeycomb Latte (skimmed milk) Large	400	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	
Honeycomb Latte (whole milk) Regular	303	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	
Honeycomb Latte (whole milk) Large	443	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	
Honeycomb Latte (almond milk) Regular	234	N	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N	
Honeycomb Latte (almond milk) Large	326	N	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N	
Honeycomb Latte (coconut milk) Regular	249	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N	N	Tree nuts, Hazelnuts, Pecans, Almonds, Cashews, Walnuts, Brazil nuts, Pistachios, Macadamias
Honeycomb Latte (coconut milk) Large	351	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N	N	
Honeycomb Latte (oat milk) Regular	296	N	N	N	Y	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	
Honeycomb Latte (oat milk) Large	430	N	N	N	Y	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	
Honeycomb Latte (soya milk) Regular	266	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N	N	
Honeycomb Latte (soya milk) Large	380	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N	N	
Mr Frosty Hot Chocolate (Skimmed Milk) Regular	301	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N	N	Gluten, Eggs, Celery
Mr Frosty Hot Chocolate (skimmed milk) Large	462	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N	N	Gluten, Eggs, Celery
Mr Frosty Hot Chocolate (whole milk) Regular	322	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N	N	Gluten, Eggs, Celery
Mr Frosty Hot Chocolate (whole milk) Large	500	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N	N	Gluten, Eggs, Celery
Mr Frosty Hot Chocolate (almond milk) Regular	266	N	N	N	N	N	N	N	N	N	N	Y	Y	Y	N	N	N	N	N	N	N	Gluten, Eggs, Celery
Mr Frosty Hot Chocolate (almond milk) Large	397	N	N	N	N	N	N	N	N	N	N	Y	Y	Y	N	N	N	N	N	N	N	Gluten, Eggs, Celery
Mr Frosty Hot Chocolate (coconut milk) Regular	278	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N	N	Gluten, Tree nuts, Eggs, Celery, Hazelnuts, Pecans, Almonds, Cashews, Walnuts, Brazil nuts, Pistachios, Macadamias
Mr Frosty Hot Chocolate (coconut milk) Large	419	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N	N	
Mr Frosty Hot Chocolate (oat milk) Regular	316	N	N	N	Y	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N	N	Eggs, Celery
Mr Frosty Hot Chocolate (oat milk) Large	489	N	N	N	Y	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N	N	Eggs, Celery
Mr Frosty Hot Chocolate (soya milk) Regular	292	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N	N	Gluten, Eggs, Celery
Mr Frosty Hot Chocolate (soya milk) Large	445	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N	N	Gluten, Eggs, Celery

Product	Kcal	Gluten / Wheat	Gluten / Rye	Gluten / Barley	Gluten / Oats	Gluten / Spelt	Gluten / Kamut	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Celery	Mustard	Sesame Seeds	Sulphur Dioxide/ Sulphites	Lupin	Molluscs	May contain
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TEA

Traditional Tea Regular Mug or Pot for one (skimmed milk)	45	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	
Traditional Tea Regular Mug or Pot for one (whole milk)	83	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	
Traditional Tea Regular Mug or Pot for one (almond milk)	16	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	
Traditional Tea Regular Mug or Pot for one (coconut milk)	42	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	N	
Traditional Tea Regular Mug or Pot for one (oat milk)	58	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	
Traditional Tea Regular Mug or Pot for one (soya milk)	56	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	N	
Traditional Tea Pot of Tea for 2 (skimmed milk)	23	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	
Traditional Tea Pot of Tea for 2 (whole milk)	42	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	
Traditional Tea Pot of Tea for 2 (almond milk)	8	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	
Traditional Tea Pot of Tea for 2 (coconut milk)	21	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	N	
Traditional Tea Pot of Tea for 2 (oat milk)	29	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	
Traditional Tea Pot of Tea for 2 (soya milk)	28	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	N	
Decaf Tea (skimmed milk) Regular	44	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	
Decaf Tea (whole milk) Regular	83	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	
Decaf Tea (almond milk) Regular	16	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	
Decaf Tea (coconut milk) Regular	42	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	N	
Decaf Tea (oat milk) Regular	57	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	
Decaf Tea (soya milk) Regular	55	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	N	
Decaf Pot of Tea for 2 (skimmed milk)	22	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	
Decaf Pot of Tea for 2 (whole milk)	41	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	
Decaf Pot of Tea for 2 (almond milk)	8	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	
Decaf Pot of Tea for 2 (coconut milk)	21	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	N	
Decaf Pot of Tea for 2 (oat milk)	29	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	
Decaf Pot of Tea for 2 (soya milk)	28	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	N	

SPECIALITY TEAS

Green Tea Sencha	0	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	
Eary Gray	0	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	
Chamomile	0	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	
Red Berry	0	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	
Peppermint	0	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	

Product	Kcal	Gluten / Wheat	Gluten / Rye	Gluten / Barley	Gluten / Oats	Gluten / Spelt	Gluten / Kamut	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Celery	Mustard	Sesame Seeds	Sulphur Dioxide/ Sulphites	Lupin	Molluscs	May contain
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EXTRAS

Cream	47	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	
Chocolate Flake	51	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	
Pink & White Mini Mallows	20	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	
Vanilla Syrup	20	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	
Caramel Syrup	21	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	
Hazelnut Syrup	21	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	

Product	Kcal	Gluten / Wheat	Gluten / Rye	Gluten / Barley	Gluten / Oats	Gluten / Spelt	Gluten / Kamut	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Celery	Mustard	Sesame Seeds	Sulphur Dioxide/ Sulphites	Lupin	Molluscs	May contain
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ICED COFFEE

Iced Latte (skimmed milk) Regular	51	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	
Iced Latte (skimmed milk) Large	61	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	
Iced Latte (whole milk) Regular	95	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	
Iced Latte (whole milk) Large	114	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	
Iced Latte (almond milk) Regular	18	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	
Iced Latte (almond milk) Large	22	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	
Iced Latte (coconut milk) Regular	48	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	N	
Iced Latte (coconut milk) Large	58	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	N	
Iced Latte (oat milk) Regular	66	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	
Iced Latte (oat milk) Large	79	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	
Iced Latte (soya milk) Regular	64	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	N	
Iced Latte (soya milk) Large	76	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	N	
Iced Cappuccino (skimmed milk) Regular	127	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	
Iced Cappuccino (skimmed milk) Large	151	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	
Iced Cappuccino (whole milk) Regular	165	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	
Iced Cappuccino (whole milk) Large	197	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	
Iced Cappuccino (almond milk) Regular	62	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	
Iced Cappuccino (almond milk) Large	74	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	
Iced Cappuccino (coconut milk) Regular	84	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	N	Tree nuts, Hazelnuts, Pecans, Almonds, Cashews, Walnuts, Brazil nuts, Pistachios, Macadamias
Iced Cappuccino (coconut milk) Large	100	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	N	
Iced Cappuccino (oat milk) Regular	153	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	
Iced Cappuccino (oat milk) Large	183	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	
Iced Cappuccino (soya milk) Regular	109	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	N	
Iced Cappuccino (soya milk) Large	131	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	N	

***ALLERGY ADVICE - OUR HOT CHOCOLATE POWDER DOES CONTAIN MILK, ANY MILK CHANGES WON'T REMOVE THE ALLERGEN**

Product	Kcal	Gluten / Wheat	Gluten / Rye	Gluten / Barley	Gluten / Oats	Gluten / Spelt	Gluten / Kamut	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Celery	Mustard	Sesame Seeds	Sulphur Dioxide/ Sulphites	Lupin	Molluscs	May contain
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ICED COFFEE

Iced Mocha (skimmed milk) Regular	132	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	
Iced Mocha (skimmed milk) Large	182	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	
Iced Mocha (whole milk) Regular	176	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	
Iced Mocha (whole milk) Large	235	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	
Iced Mocha (almond milk) Regular	98	N	N	N	N	N	N	N	N	N	N	N	Y*	Y	N	N	N	N	N	N	N	
Iced Mocha (almond milk) Large	142	N	N	N	N	N	N	N	N	N	N	N	Y*	Y	N	N	N	N	N	N	N	
Iced Mocha (coconut milk) Regular	129	N	N	N	N	N	N	N	N	N	N	Y	Y*	N	N	N	N	N	N	N	N	
Iced Mocha (coconut milk) Large	178	N	N	N	N	N	N	N	N	N	N	Y	Y*	N	N	N	N	N	N	N	N	
Iced Mocha (oat milk) Regular	146	N	N	N	Y	N	N	N	N	N	N	N	Y*	N	N	N	N	N	N	N	N	
Iced Mocha (oat milk) Large	200	N	N	N	Y	N	N	N	N	N	N	N	Y*	N	N	N	N	N	N	N	N	
Iced Mocha (soya milk) Regular	144	N	N	N	N	N	N	N	N	N	N	Y	Y*	N	N	N	N	N	N	N	N	
Iced Mocha (soya milk) Large	197	N	N	N	N	N	N	N	N	N	N	Y	Y*	N	N	N	N	N	N	N	N	
Iced Salted Caramel Latte (skimmed milk) Regular	197	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	
Iced Salted Caramel Latte (skimmed milk) Large	257	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	
Iced Salted Caramel Latte (whole milk) Regular	215	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	
Iced Salted Caramel Latte (whole milk) Large	278	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	
Iced Salted Caramel Latte (almond milk) Regular	165	N	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N	
Iced Salted Caramel Latte (almond milk) Large	221	N	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N	
Iced Salted Caramel Latte (coconut milk) Regular	176	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N	N	Tree nuts, Hazelnuts, Pecans, Almonds, Cashews, Walnuts, Brazil nuts, Pistachios, Macadamias
Iced Salted Caramel Latte (coconut milk) Large	233	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N	N	
Iced Salted Caramel Latte (oat milk) Regular	209	N	N	N	Y	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	
Iced Salted Caramel Latte (oat milk) Large	272	N	N	N	Y	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	
Iced Salted Caramel Latte (soya milk) Regular	188	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N	N	
Iced Salted Caramel Latte (soya milk) Large	247	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N	N	

Product	Kcal	Gluten / Wheat	Gluten / Rye	Gluten / Barley	Gluten / Oats	Gluten / Spelt	Gluten / Kamut	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Celery	Mustard	Sesame Seeds	Sulphur Dioxide/ Sulphites	Lupin	Molluscs	May contain
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ICED COFFEE

Iced Original Matcha Latte (skimmed milk) Medium	83	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	
Iced Original Matcha Latte (skimmed milk) Large	112	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	
Iced Original Matcha Latte (whole milk) Medium	108	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	
Iced Original Matcha Latte (whole milk) Large	146	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	
Iced Original Matcha Latte (almond milk) Medium	40	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	
Iced Original Matcha Latte (almond milk) Large	55	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	
Iced Original Matcha Latte (coconut milk) Medium	55	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	
Iced Original Matcha Latte (coconut milk) Large	74	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	
Iced Original Matcha Latte (oat milk) Medium	80	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	
Iced Original Matcha Latte (oat milk) Large	108	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	
Iced Original Matcha Latte (soya milk) Medium	72	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	
Iced Original Matcha Latte (soya milk) Large	97	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	
Iced Vanilla Matcha Latte (skimmed milk) Medium	103	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	
Iced Vanilla Matcha Latte (skimmed milk) Large	152	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	
Iced Vanilla Matcha Latte (whole milk) Medium	128	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	
Iced Vanilla Matcha Latte (whole milk) Large	186	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	
Iced Vanilla Matcha Latte (almond milk) Medium	60	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	
Iced Vanilla Matcha Latte (almond milk) Large	95	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	
Iced Vanilla Matcha Latte (coconut milk) Medium	75	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	
Iced Vanilla Matcha Latte (coconut milk) Large	114	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	
Iced Vanilla Matcha Latte (oat milk) Medium	100	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	
Iced Vanilla Matcha Latte (oat milk) Large	148	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	
Iced Vanilla Matcha Latte (soya milk) Medium	92	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	
Iced Vanilla Matcha Latte (soya milk) Large	137	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	

Product	Kcal	Gluten / Wheat	Gluten / Rye	Gluten / Barley	Gluten / Oats	Gluten / Spelt	Gluten / Kamut	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Celery	Mustard	Sesame Seeds	Sulphur Dioxide/ Sulphites	Lupin	Molluscs	May contain
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ICED COFFEE

Iced Strawberry Matcha Latte (skimmed milk) Medium	117	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	
Iced Strawberry Matcha Latte (skimmed milk) Large	179	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	
Iced Strawberry Matcha Latte (whole milk) Medium	141	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	
Iced Strawberry Matcha Latte (whole milk) Large	213	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	
Iced Strawberry Matcha Latte (almond milk) Medium	74	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	
Iced Strawberry Matcha Latte (almond milk) Large	122	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	
Iced Strawberry Matcha Latte (coconut milk) Medium	88	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	
Iced Strawberry Matcha Latte (coconut milk) Large	141	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	
Iced Strawberry Matcha Latte (oat milk) Medium	113	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	
Iced Strawberry Matcha Latte (oat milk) Large	175	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	
Iced Strawberry Matcha Latte (soya milk) Medium	105	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	
Iced Strawberry Matcha Latte (soya milk) Large	164	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	
Gingerbread ICED Latte Med- Whole Milk	215	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N	
Gingerbread ICED Latte Med - Skimmed Milk	196	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N	
Gingerbread ICED Latte Med - Almond Milk	165	N	N	N	N	N	N	N	N	N	N	Y	Y	Y	N	N	N	N	N	N	
Gingerbread ICED Latte Med - Coconut Milk	176	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N	Tree nuts, Hazelnuts, Pecans, Almonds, Cashews, Walnuts, Brazil nuts, Pistachios, Macadamias
Gingerbread ICED Latte Med - Oat Milk	209	N	N	N	Y	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N	
Gingerbread ICED Latte Med - Soya Milk	188	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N	
Gingerbread ICED Latte Large - Whole Milk	266	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N	
Gingerbread ICED Latte Large - Skimmed Milk	245	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N	
Gingerbread ICED Latte Large - Almond Milk	209	N	N	N	N	N	N	N	N	N	N	Y	Y	Y	N	N	N	N	N	N	
Gingerbread ICED Latte Large - Coconut Milk	221	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N	Tree nuts, Hazelnuts, Pecans, Almonds, Cashews, Walnuts, Brazil nuts, Pistachios, Macadamias
Gingerbread ICED Latte Large - Oat Milk	260	N	N	N	Y	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N	
Gingerbread ICED Latte Large - Soya Milk	235	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N	

***ALLERGY ADVICE - OUR HOT CHOCOLATE POWDER DOES CONTAIN MILK, ANY MILK CHANGES WON'T REMOVE THE ALLERGEN**

Product	Kcal	Gluten / Wheat	Gluten / Rye	Gluten / Barley	Gluten / Oats	Gluten / Spelt	Gluten / Kamut	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Celery	Mustard	Sesame Seeds	Sulphur Dioxide/ Sulphites	Lupin	Molluscs	May contain
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ICED COFFEE

Honeycomb ICED Latte - Medium - Whole Milk	272	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	
Honeycomb ICED Latte - Medium - Skimmed Milk	253	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	
Honeycomb ICED Latte - Medium - Almond Milk	222	N	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	
Honeycomb ICED Latte - Medium - Coconut Milk	233	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N	Tree nuts, Hazelnuts, Pecans, Almonds, Cashews, Walnuts, Brazil nuts, Pistachios, Macadamias
Honeycomb ICED Latte - Medium - Oat Milk	266	N	N	N	Y	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	
Honeycomb ICED Latte - Medium - Soya Milk	245	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N	
Honeycomb ICED Latte - Large - Whole Milk	329	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	
Honeycomb ICED Latte - Large - Skimmed Milk	308	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	
Honeycomb ICED Latte - Large - Almond Milk	271	N	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	
Honeycomb ICED Latte - Large - Coconut Milk	284	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N	Tree nuts, Hazelnuts, Pecans, Almonds, Cashews, Walnuts, Brazil nuts, Pistachios, Macadamias
Honeycomb ICED Latte - Large - Oat Milk	322	N	N	N	Y	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	
Honeycomb ICED Latte - Large - Soya Milk	298	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N	

***ALLERGY ADVICE - OUR HOT CHOCOLATE POWDER DOES CONTAIN MILK, ANY MILK CHANGES WON'T REMOVE THE ALLERGEN**

Product	Kcal	Gluten / Wheat	Gluten / Rye	Gluten / Barley	Gluten / Oats	Gluten / Spelt	Gluten / Kamut	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Celery	Mustard	Sesame Seeds	Sulphur Dioxide/ Sulphites	Lupin	Molluscs	May contain
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CREAMY FRAPPES

Espresso Frappe (skimmed milk) Regular	176	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	
Espresso Frappe (skimmed milk) Large	199	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	
Espresso Frappe (whole milk) Regular	200	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	
Espresso Frappe (whole milk) Large	225	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	
Triple Chocolate Frappe (skimmed milk) Regular	303	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	
Triple Chocolate Frappe (skimmed milk) Large	386	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	
Triple Chocolate Frappe (whole milk) Regular	332	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	
Triple Chocolate Frappe (whole milk) Large	427	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	
Gingerbread FRAPPE Med- Whole Milk	297	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N	
Gingerbread FRAPPE Med - Skimmed Milk	286	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N	
Gingerbread FRAPPE Med - Almond Milk	267	N	N	N	N	N	N	N	N	N	N	Y	Y	Y	N	N	N	N	N	N	
Gingerbread FRAPPE Med - Coconut Milk	273	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N	Tree nuts, Hazelnuts, Pecans, Almonds, Cashews, Walnuts, Brazil nuts, Pistachios, Macadamias
Gingerbread FRAPPE Med - Oat Milk	293	N	N	N	Y	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N	
Gingerbread FRAPPE Med - Soya Milk	281	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N	
Gingerbread FRAPPE Large - Whole Milk	405	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N	
Gingerbread FRAPPE Large - Skimmed Milk	391	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N	
Gingerbread FRAPPE Large - Almond Milk	367	N	N	N	N	N	N	N	N	N	N	Y	Y	Y	N	N	N	N	N	N	
Gingerbread FRAPPE Large - Coconut Milk	375	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N	Tree nuts, Hazelnuts, Pecans, Almonds, Cashews, Walnuts, Brazil nuts, Pistachios, Macadamias
Gingerbread FRAPPE Large - Oat Milk	401	N	N	N	Y	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N	
Gingerbread FRAPPE Large - Soya Milk	385	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N	

ALLERGY ADVICE - WE DO NOT SERVE ANY FRAPPES WITH DAIRY FREE ALTERNATIVE MILKS

Product	Kcal	Gluten / Wheat	Gluten / Rye	Gluten / Barley	Gluten / Oats	Gluten / Spelt	Gluten / Kamut	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Celery	Mustard	Sesame Seeds	Sulphur Dioxide/ Sulphites	Lupin	Molluscs	May contain
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CREAMY FRAPPES

Honeycomb FRAPPE - Medium - Whole Milk	354	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	
Honeycomb FRAPPE - Medium - Skimmed Milk	343	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	
Honeycomb FRAPPE - Medium - Almond Milk	324	N	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	
Honeycomb FRAPPE - Medium - Coconut Milk	330	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N	Tree nuts, Hazelnuts, Pecans, Almonds, Cashews, Walnuts, Brazil nuts, Pistachios, Macadamias
Honeycomb FRAPPE - Medium - Oat Milk	350	N	N	N	Y	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	
Honeycomb FRAPPE - Medium - Soya Milk	338	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N	
Honeycomb FRAPPE - Large - Whole Milk	468	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	
Honeycomb FRAPPE - Large - Skimmed Milk	454	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	
Honeycomb FRAPPE - Large - Almond Milk	430	N	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	
Honeycomb FRAPPE - Large - Coconut Milk	438	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N	Tree nuts, Hazelnuts, Pecans, Almonds, Cashews, Walnuts, Brazil nuts, Pistachios, Macadamias
Honeycomb FRAPPE - Large - Oat Milk	464	N	N	N	Y	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	
Honeycomb FRAPPE - Large - Soya Milk	448	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N	
MR Frosty FRAPPE - Medium - Whole Milk	410	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N	Gluten, Eggs, Celery
MR Frosty FRAPPE - Medium - Skimmed Milk	396	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N	Gluten, Eggs, Celery
MR Frosty FRAPPE - Medium - Almond Milk	371	N	N	N	N	N	N	N	N	N	N	Y	Y	Y	N	N	N	N	N	N	Gluten, Eggs, Celery
MR Frosty FRAPPE - Medium - Coconut Milk	379	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N	Gluten, Tree nuts, Eggs, Celery, Hazelnuts, Pecans, Almonds, Cashews, Walnuts, Brazil nuts, Pistachios, Macadamias
MR Frosty FRAPPE - Medium - Oat Milk	406	N	N	N	Y	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N	Eggs, Celery
MR Frosty FRAPPE - Medium - Soya Milk	389	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N	Gluten, Eggs, Celery
MR Frosty FRAPPE - Large - Whole Milk	563	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N	Gluten, Eggs, Celery
MR Frosty FRAPPE - Large - Skimmed Milk	546	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N	Gluten, Eggs, Celery
MR Frosty FRAPPE - Large - Almond Milk	516	N	N	N	N	N	N	N	N	N	N	Y	Y	Y	N	N	N	N	N	N	Gluten, Eggs, Celery
MR Frosty FRAPPE - Large - Coconut Milk	526	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N	Gluten, Tree nuts, Eggs, Celery, Hazelnuts, Pecans, Almonds, Cashews, Walnuts, Brazil nuts, Pistachios, Macadamias
MR Frosty FRAPPE - Large - Oat Milk	558	N	N	N	Y	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N	Eggs, Celery
MR Frosty FRAPPE - Large - Soya Milk	538	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N	Gluten, Eggs, Celery

Product	Kcal	Gluten / Wheat	Gluten / Rye	Gluten / Barley	Gluten / Oats	Gluten / Spelt	Gluten / Kamut	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Celery	Mustard	Sesame Seeds	Sulphur Dioxide/ Sulphites	Lupin	Molluscs	May contain
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FRUIT SMOOTHIES

Strawberry & Banana Smoothie Regular	177	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	
Strawberry & Banana Smoothie Large	197	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	
Mango Pineapple & Passionfruit Regular	179	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	
Mango Pineapple & Passionfruit Large	199	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	
Super Berry Smoothie Regular	192	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	
Super Berry Smoothie Large	212	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	

MILKSHAKES

Chocolate Milkshake (skimmed milk) Regular	447	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	
Chocolate Milkshake (skimmed milk) Large	581	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	
Chocolate Milkshake (whole milk) Regular	491	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	
Chocolate Milkshake (whole milk) Large	640	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	
Vanilla Milkshake (skimmed milk) Regular	406	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	
Vanilla Milkshake (skimmed milk) Large	520	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	
Vanilla Milkshake (whole milk) Regular	450	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	
Vanilla Milkshake (whole milk) Large	579	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	
Strawberry Milkshake (skimmed milk) Regular	537	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	
Strawberry Milkshake (skimmed milk) Large	681	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	
Strawberry Milkshake (whole milk) Regular	581	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	
Strawberry Milkshake (whole milk) Large	740	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	
Banana Milkshake (skimmed milk) Regular	426	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	
Banana Milkshake (skimmed milk) Large	550	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	
Banana Milkshake (whole milk) Regular	471	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	
Banana Milkshake (whole milk) Large	609	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	

ALLERGY ADVICE - WE DO NOT SERVE ANY MILKSHAKES WITH DAIRY FREE ALTERNATIVE MILKS

Product	Kcal	Gluten / Wheat	Gluten / Rye	Gluten / Barley	Gluten / Oats	Gluten / Spelt	Gluten / Kamut	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Celery	Mustard	Sesame Seeds	Sulphur Dioxide/ Sulphites	Lupin	Molluscs	May contain
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ICED TEAS

Green Tea & Peach Iced Tea Regular	88	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	
Green Tea & Peach Iced Tea Large	131	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	
Lemon Iced Tea Regular	58	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	
Lemon Iced Tea Large	87	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	

ICED LEMONADES

Morello Cherry Iced Lemonade Medium	151	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	
Morello Cherry Iced Lemonade Large	196	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	
Pineapple Iced Lemonade Medium	117	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	
Pineapple Iced Lemonade Large	153	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	
Traditional Lemonade Regular	77	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	
Traditional Lemonade Large	102	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	
Passionfruit Iced Lemonade Regular	102	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	
Passionfruit Iced Lemonade Large	124	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	
Iced Raspberry Matcha Lemonade Regular	139	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	
Iced Raspberry Matcha Lemonade Large	185	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	

BUBBLE LEMONADES

Peach Bubble tea Medium	109	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Milk
Peach Bubble Tea Large	134	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Milk
Mango & Passionfruit Bubble Lemonade Regular	284	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	
Mango & Passionfruit Bubble Lemonade Large	337	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	
Cloudy Strawberry Bubble Lemonade Regular	316	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	
Cloudy Strawberry Bubble Lemonade Large	362	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	

Ice Cream

Product	Kcal (Per 100g)	Gluten / Wheat	Gluten / Rye	Gluten / Barley	Gluten / Oats	Gluten / Spelt	Gluten / Kamut	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Celery	Mustard	Sesame Seeds	Sulphur Dioxide/ Sulphites	Lupin	Molluscs	May contain
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ICE CREAM

Strawberry Ice Cream		N	N	N	N	N	N	N	Y	N	N	N	Y	N	N	N	N	N	N	N	N	
Mint Chocolate Ice Cream		N	N	N	N	N	N	N	Y	N	N	Y	Y	N	N	N	N	N	N	N	N	
Bourbon Vanilla Ice Cream		N	N	N	N	N	N	N	Y	N	N	N	Y	N	N	N	N	N	N	N	N	
Cookies & Cream Ice Cream		Y	N	N	N	N	N	N	Y	N	N	Y	Y	N	N	N	N	N	N	N	N	
Double Chocoalte Ice Cream		N	N	N	N	N	N	N	Y	N	N	Y	Y	N	N	N	N	N	N	N	N	
Honeycombe Ice Cream		N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	
Raspberry Sorbet		N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	

ICE CREAM EXTRAS

Waffle Cone Small		Y	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N	N	
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Sugars & Condiments

Extras

Product	Kcal	Gluten / Wheat	Gluten / Rye	Gluten / Barley	Gluten / Oats	Gluten / Spelt	Gluten / Kamut	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Celery	Mustard	Sesame Seeds	Sulphur Dioxide/ Sulphites	Lupin	Molluscs	May contain
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SUGARS & CONDIMENTS

White Sugar Sticks		N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	
Brown Sugar Sticks		N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	
Canderel Sweetner		N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	
Pepper Sachet		N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	
Salt Sachet		N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	

EXTRAS

Mayonnaise Sachets		N	N	N	N	N	N	N	Y	N	N	N	N	N	N	Y	N	N	N	N	N	
Tomato Ketchup Sachets		N	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	
Brown Sauce Sachets		Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	
Strawberry Jam		N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	
Butter Portions		N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	