

BAKERS + BARISTAS

Nutrition & Allergen Guide

Muffins

>

Sweet Treats

>

Savoury

>

Hot Drinks

>

Chilled Drinks

>

Ice Cream

>

Extras

>

Ireland & Northern Ireland

Autumn 2025

This guide will provide nutritional and allergen information for core products. Please ensure you take extra care to identify all the possible allergens present in our products, if you require support please ask a member of our team.

PLEASE BE AWARE WE HANDLE ALL ALLERGENS IN OUR KITCHENS AND CANNOT GUARANTEE AN ALLERGEN FREE ENVIRONMENT.

ANY PRODUCTS MADE AND SERVED FRESH IN OUR STORES MAY CONTAIN ALLERGENS NOT LISTED BELOW.

THE ALLERGENS LISTED BELOW ARE THOSE CONTAINED IN THE INGREDIENTS TO THE RECIPE.

If the product you are interested in is not listing within this guide, please speak to a store member or email customercare@bakersbaristas.com for more information.

For prepackaged food and drink, the allergen information is provided on the packaging labels in-store.

This information is updated regularly to reflect our procedures instore and seasonal product range.

Please make sure you are referencing the most up-to-date guide.

Please check at <https://www.bakersbaristas.com/allergen-information/> for the most up to date information.

Within this booklet it will provide information on the following 14 allergens:

- **Cereals containing gluten** (such as Barley, Kamut, Oats, Rye, Spelt, Wheat)
- **Crustaceans** (such as prawns, crabs and lobsters)
- **Eggs**
- **Fish**
- **Lupin**
- **Milk**
- **Celery,**
- **Molluscs** (such as mussels and oysters),
- **Mustard**
- **Peanuts**
- **Sesame**
- **Soybeans** (Soya)
- **Sulphur Dioxide and Sulphites** (if the sulphur dioxide and sulphites are at a concentration of more than ten parts per million)
- **Tree nuts** (such as almonds, hazelnuts, walnuts, brazil nuts, cashews, pecans, pistachios and macadamia nuts).

Product	Kcal	Gluten / Wheat	Gluten / Rye	Gluten / Barley	Gluten / Oats	Gluten / Spelt	Gluten / Kamut	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Celery	Mustard	Sesame Seeds	Sulphur Dioxide/ Sulphites	Lupin	Molluscs
---------	------	----------------	--------------	-----------------	---------------	----------------	----------------	-------------	------	------	---------	------	------	------	--------	---------	--------------	----------------------------	-------	----------

CLASSIC MUFFINS

Chocolate Chunk Muffin		Y	N	N	N	N	N	N	Y	N	N	Y	Y	N	N	N	N	N	N	N
Double Chocolate Chunk with Malted Balls		Y	N	Y	N	N	N	N	Y	N	N	Y	Y	N	N	N	N	N	N	N
Double Chocolate Butterfly Muffin		Y	N	N	N	N	N	N	Y	N	N	Y	Y	N	N	N	N	N	N	N
Polka Dot Muffin		Y	N	N	N	N	N	N	Y	N	N	Y	Y	N	N	N	N	N	N	N
Raspberry & Apple Crumble Muffin		Y	N	N	N	N	N	N	Y	N	N	Y	Y	N	N	N	N	Y	N	N
Sticky Toffee Muffin		Y	N	N	N	N	N	N	Y	N	N	Y	Y	N	N	N	N	Y	N	N
Apple & Cinnamon Muffin	433	Y	N	N	N	N	N	N	Y	N	N	MC	Y	N	N	N	N	N	N	N
Blueberry Muffin - Crème	446	Y	N	N	N	N	N	N	Y	N	N	N	Y	N	N	N	N	N	N	N
Double Chocolate and Strawberry Muffin	654	Y	N	N	N	N	N	N	Y	N	N	Y	Y	N	N	N	N	N	N	N
Cappuccino Muffin	656	Y	N	N	N	N	N	N	Y	N	N	Y	Y	N	N	N	N	N	N	N

LIMITED EDITION MUFFINS

Chocolate & Hazelnut Muffin	754	Y	MC	MC	MC	N	N	N	Y	N	N	Y	Y	Y	N	N	MC	N	N	N
Popcorn Muffin	755	Y	MC	MC	MC	N	N	N	Y	N	N	MC	Y	N	N	N	N	Y	N	N
Halloween - Cookie Monster Muffin	678	Y	MC	MC	MC	N	N	N	Y	N	N	Y	Y	MC	N	N	N	N	N	N

DELUXE MUFFINS

Victoria Sponge Muffin	698	Y	N	N	N	N	N	N	Y	N	N	Y	Y	N	N	N	N	N	N	N
Spiced Apple & Pear Crumble Muffin	549	Y	MC	MC	MC	N	N	N	Y	N	N	MC	Y	N	N	N	N	Y	N	N

MADE WITHOUT GLUTEN MUFFINS

Blueberry Muffin	503	N	N	N	N	N	N	N	Y	N	N	Y	Y	N	N	N	N	N	N	N
Berry Pavlova Muffin	485	N	N	N	N	N	N	N	Y	N	N	MC	Y	N	N	N	N	N	N	N

VEGAN MUFFINS

Lemon & Raspberry Vegan Muffin	533	Y	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N
--------------------------------	-----	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---

MINI MUFFINS

Chocolate Mini Muffin - plain		Y	N	N	N	N	N	N	Y	N	N	Y	Y	N	N	N	N	N	N	N
Crème Mini Muffin - plain		Y	N	N	N	N	N	N	Y	N	N	N	Y	N	N	N	N	N	N	N
Mini Bakes (6) Crème		Y	N	N	N	N	N	N	Y	N	N	N	Y	N	N	N	N	N	N	N
Mini Bakes (6) Chocolate		Y	N	N	N	N	N	N	Y	N	N	Y	Y	N	N	N	N	N	N	N

Cookies

Scones

Pastries

Sliced Cakes

Traybakes

Product	Kcal	Gluten / Wheat	Gluten / Rye	Gluten / Barley	Gluten / Oats	Gluten / Spelt	Gluten / Kamut	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Celery	Mustard	Sesame Seeds	Sulphur Dioxide/ Sulphites	Lupin	Molluscs
---------	------	----------------	--------------	-----------------	---------------	----------------	----------------	-------------	------	------	---------	------	------	------	--------	---------	--------------	-------------------------------	-------	----------

COOKIES

Triple Chocolate Belgian Cookie		Y	N	N	N	N	N	N	Y	N	N	Y	Y	N	N	N	N	N	N	N
Double Chocolate Belgian Cookie		Y	N	N	N	N	N	N	Y	N	N	Y	Y	N	N	N	N	N	N	N
Belgian White Chocolate Chunk		Y	N	N	N	N	N	N	Y	N	N	Y	Y	N	N	N	N	N	N	N

DONUTS

White Chocolate Ball Doughnut		Y	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	Y	N	N
Chocolate & Caramel Ball Doughnut		Y	N	N	N	N	N	N	Y	N	N	Y	Y	N	N	N	N	Y	N	N

SCONES

Fruit Scone with Butter and Jam		Y	N	N	N	N	N	N	Y	N	N	N	Y	N	N	N	N	N	N	N
Plain Scone with Butter and Jam		Y	N	N	N	N	N	N	Y	N	N	N	Y	N	N	N	N	N	N	N
Brown Scone with Butter and Jam		Y	N	N	N	N	N	N	Y	N	N	MC	Y	MC	MC	N	MC	N	N	N

PASTRIES

Strawberries & Cream Filled Croissant	425	Y	MC	MC	MC	N	N	N	Y	N	N	MC	Y	MC	N	N	MC	N	N	N
LaBo Almond Croissant	357	Y	N	N	N	N	N	N	Y	N	N	MC	Y	Y	N	N	MC	N	N	N
Pain au Raisin		Y	N	N	N	N	N	N	Y	N	N	N	Y	N	N	N	N	N	N	N
Plain Croissant		Y	N	N	N	N	N	N	Y	N	N	N	Y	N	N	N	N	N	N	N
Cinnamon Swirl	337	Y	N	N	N	N	N	N	Y	N	N	MC	Y	MC	N	N	MC	N	N	N

Product	Kcal	Gluten / Wheat	Gluten / Rye	Gluten / Barley	Gluten / Oats	Gluten / Spelt	Gluten / Kamut	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Celery	Mustard	Sesame Seeds	Sulphur Dioxide/ Sulphites	Lupin	Molluscs
---------	------	----------------	--------------	-----------------	---------------	----------------	----------------	-------------	------	------	---------	------	------	------	--------	---------	--------------	----------------------------	-------	----------

SLICED CAKES

Pear & Almond Cake	310	Y	N	N	N	N	N	N	Y	N	N	N	Y	Y	N	N	N	N	N	N
Banana Walnut Loaf cake	286	Y	N	N	N	N	N	N	Y	N	N	N	Y	Y	N	N	MC	N	N	N
Strawberry and Rhubarb Crumble cake	330	Y	N	N	N	N	N	N	Y	N	N	N	N	MC	N	N	N	N	N	N
8 Inch Chocolate Fudge Cake	491	Y	N	N	N	N	N	N	MC	N	N	Y	MC	N	N	N	N	Y	N	N
8 Inch Carrot Cake	438	Y	N	N	N	N	N	N	Y	N	N	Y	Y	Y	N	N	N	N	N	N

CAKE POPS

Vanilla Cake Pop	157	Y	N	N	N	N	N	N	Y	MC	N	Y	Y	N	N	N	N	N	N	N
Strawberry Cake Pop	153	Y	N	N	N	N	N	N	Y	N	N	Y	Y	N	N	N	N	Y	N	N
Chocolate Cake Pop	141	Y	N	N	N	N	N	N	Y	N	N	Y	Y	N	N	N	N	N	N	N

TRAYBAKES

Rocky Road Traybake		Y	N	N	N	N	N	N	N	N	MC	Y	Y	MC	N	N	N	Y	N	N
Mint Chocolate Traybake	402	Y	N	N	N	N	N	N	N	N	MC	Y	Y	MC	N	N	N	N	N	N
Toffee & Caramel Traybake	219	Y	N	Y	N	N	N	N	Y	N	N	N	Y	MC	N	N	N	N	N	N

Fresh Baps

Baguettes

Bloomers

Bagels

Flatbread

Toasties

Paninis

Croissants

Toast

Sausage Rolls

Soap

Product	Kcal	Gluten / Wheat	Gluten / Rye	Gluten / Barley	Gluten / Oats	Gluten / Spelt	Gluten / Kamut	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Celery	Mustard	Sesame Seeds	Sulphur Dioxide/ Sulphites	Lupin	Molluscs
---------	------	----------------	--------------	-----------------	---------------	----------------	----------------	-------------	------	------	---------	------	------	------	--------	---------	--------------	----------------------------	-------	----------

FRESH BAPS

Sausage & Bacon Bap		Y	MC	MC	MC	MC	MC	N	Y	N	N	MC	Y	MC	N	MC	MC	Y	N	N
Bacon Bap		Y	MC	MC	MC	MC	MC	N	N	N	N	MC	Y	MC	N	N	MC	MC	N	N

BAGUETTES

Sweet Chilli Chicken and Cheese Baguette	703	Y	N	N	N	N	N	N	Y	N	N	N	Y	MC	N	N	MC	N	N	N
Ham & Cheese White Baguette		Y	MC	MC	MC	MC	MC	N	N	N	N	N	Y	MC	N	N	MC	N	N	N
Tuna Mayonnaise & Rocket Malted Wheat Baguette		Y	MC	Y	MC	MC	MC	MC	Y	Y	N	Y	N	MC	N	Y	N	N	N	N

BLOOMER SANDWICHES

Egg Mayo & Cress Bloomer	325	Y	N	N	N	N	N	N	Y	N	N	Y	MC	MC	N	Y	MC	MC	N	N
Double Cheese & Onion with Rocket Bloomer	440	Y	N	N	N	N	N	N	Y	N	N	Y	Y	MC		N	MC	MC	N	N

ITALIAN FLATBREADS

BBQ Pulled Pork, Cheese, Rocket & Red Onion Flatbread	506	Y	Y	N	N	N	N	N	MC	N	N	N	Y	N	N	Y	N	N	N	N
Sundried Tomatoes, Chilli Jam and Soft Cheese Flatbread	485	Y	Y	N	N	N	N	N	MC	N	N	N	Y	N	N	N	N	N	N	N
Ham Hock with Mayo & Grated Cheese Italian Flatbread	528	Y	Y	N	N	N	N	N	Y	N	N	N	Y	MC	N	N	MC	N	N	N
Mozzarella, Tomato, Pesto & Rocket	499	Y	Y	N	N	N	N	N	Y	N	N	N	Y	Y	N	N	N	N	N	N

BAGELS

Smoked Salmon Cream Cheese Bagel with Tartare Sauce Bagel	420	Y	Y	Y	N	N	N	N	Y	N	N	N	Y	N	N	Y	MC	N	N	N
---	-----	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	----	---	---	---

TOASTIES

Sausage & Red Onion Toastie	552	Y	N	N	N	N	N	N	MC	N	N	Y	MC	MC	N	N	MC	Y	N	N
Cheddar Cheese & Red Onion		Y	N	MC	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N
Grilled Cheese		Y	N	MC	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N
Ham & Cheddar Cheese		Y	N	MC	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N
Cheddar Cheese & Tomato		Y	N	MC	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N

Fresh Baps

Baguettes

Bloomers

Bagels

Flatbread

Toasties

Paninis

Croissants

Toast

Sausage Rolls

Soap

Product	Kcal	Gluten / Wheat	Gluten / Rye	Gluten / Barley	Gluten / Oats	Gluten / Spelt	Gluten / Kamut	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Celery	Mustard	Sesame Seeds	Sulphur Dioxide/ Sulphites	Lupin	Molluscs
---------	------	----------------	--------------	-----------------	---------------	----------------	----------------	-------------	------	------	---------	------	------	------	--------	---------	--------------	----------------------------	-------	----------

PANINIS

Katsu Chicken Panini	673	Y	N	N	N	N	N	N	Y	N	N	Y	Y	MC	N	N	N	N	N	N
Tuna Melt Panini		Y	MC	MC	MC	MC	MC	MC	Y	Y	N	MC	Y	MC	MC	Y	MC	N	N	N
Ham & Cheddar Cheese Panini		Y	N	N	N	N	N	N	N	N	N	N	Y	MC	N	N	MC	N	N	N
Mozzarella, Tomato & Pesto Panini	535	Y	N	N	N	N	N	N	N	N	MC	Y	Y	Y	N	N	MC	N	N	N

WRAPS

Chicken Fajita Hot Wrap	411	Y	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
-------------------------	-----	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---

FILLED CROISSANTS

Cheese & Tomato Croissant	378	Y	N	N	N	N	N	N	Y	N	N	MC	Y	MC	N	N	MC	N	N	N
Ham & Cheddar Cheese Croissant		Y	MC	MC	MC	MC	MC	N	Y	N	N	MC	Y	MC	N	N	MC	MC	N	N

FRESH TOAST

Toast with Butter - white		Y	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	Y	N	N	N
Toast with Butter - brown		Y	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	Y	N	N	N

SAUSAGE ROLL

Hot Sausage Roll		Y	MC	MC	MC	MC	N	N	MC	N	N	MC	MC	N	N	N	N	Y	N	N
------------------	--	---	----	----	----	----	---	---	----	---	---	----	----	---	---	---	---	---	---	---

SOUP

Cream of Vegetable Soup 1x2 LT	135	N	N	N	N	N	N	N	N	N	N	N	Y	N	Y	N	N	N	N	N
Chicken & Vegetable Soup 1x2 LT	150	N	N	N	N	N	N	N	N	N	N	N	Y	N	Y	N	N	N	N	N
Potato & Leek Soup 1 x 2lt	166	N	N	N	N	N	N	N	N	N	N	N	Y	N	Y	N	N	N	N	N
Tomato & Basil Soup 1x2 LT	128	N	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N

JACKET POTATOES

Grated Cheese	691	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Beans	512	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Tuna Mayo	704	N	N	N	N	N	N	N	Y	Y	N	N	Y	N	N	N	N	N	N	N
Coleslaw	618	N	N	N	N	N	N	N	Y	N	N	N	Y	N	N	Y	N	N	N	N

Barista Coffee

Chocolate Drinks

Matcha Hot Lattes

Tea

Extras

Product	Kcal	Gluten / Wheat	Gluten / Rye	Gluten / Barley	Gluten / Oats	Gluten / Spelt	Gluten / Kamut	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Celery	Mustard	Sesame Seeds	Sulphur Dioxide/ Sulphites	Lupin	Molluscs
---------	------	----------------	--------------	-----------------	---------------	----------------	----------------	-------------	------	------	---------	------	------	------	--------	---------	--------------	----------------------------	-------	----------

COFFEE

Espresso	0	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Double Espresso	0	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Flat White (skimmed milk) Small	70	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Flat White (whole milk) Small	130	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Flat White (almond milk) Small	25	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N
Flat White (coconut milk) Small	66	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N
Flat White (oat milk) Small	90	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Flat White (soya milk) Small	87	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N
Americano (black) Small	0	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Americano (black) Regular	0	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Americano (black) Large	0	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Americano (white skimmed milk) Small	44	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Americano (white skimmed milk) Regular	44	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Americano (white skimmed milk) Large	44	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Americano (white whole milk) Small	83	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Americano (white whole milk) Regular	83	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Americano (white whole milk) Large	83	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Americano (white almond milk) Small	16	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N
Americano (white almond milk) Regular	16	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N
Americano (white almond milk) Large	16	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N
Americano (white coconut milk) Small	42	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N
Americano (white coconut milk) Regular	42	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N
Americano (white coconut milk) Large	42	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N
Americano (white oat milk) Small	57	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Americano (white oat milk) Regular	57	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Americano (white oat milk) Large	57	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Americano (white soya milk) Small	55	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N
Americano (white soya milk) Regular	55	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N
Americano (white soya milk) Large	55	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N

Barista Coffee

Chocolate Drinks

Matcha Hot Lattes

Tea

Extras

Product	Kcal	Gluten / Wheat	Gluten / Rye	Gluten / Barley	Gluten / Oats	Gluten / Spelt	Gluten / Kamut	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Celery	Mustard	Sesame Seeds	Sulphur Dioxide/ Sulphites	Lupin	Molluscs
---------	------	----------------	--------------	-----------------	---------------	----------------	----------------	-------------	------	------	---------	------	------	------	--------	---------	--------------	----------------------------	-------	----------

COFFEE

Cappuccino (skimmed milk) Small	72	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Cappuccino (skimmed milk) Regular	86	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Cappuccino (skimmed milk) Large	98	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Cappuccino (whole milk) Small	133	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Cappuccino (whole milk) Regular	158	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Cappuccino (whole milk) Large	180	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Cappuccino No Chocolate Sprinkles (almond milk) Small	27	N	N	N	N	N	N	N	N	N	N	N	N*	Y	N	N	N	N	N	N
Cappuccino No Chocolate Sprinkles (almond milk) Regular	31	N	N	N	N	N	N	N	N	N	N	N	N*	Y	N	N	N	N	N	N
Cappuccino No Chocolate Sprinkles (almond milk) Large	36	N	N	N	N	N	N	N	N	N	N	N	N*	Y	N	N	N	N	N	N
Cappuccino No Chocolate Sprinkles (coconut milk) Small	68	N	N	N	N	N	N	N	N	N	N	Y	N*	N	N	N	N	N	N	N
Cappuccino No Chocolate Sprinkles (coconut milk) Regular	81	N	N	N	N	N	N	N	N	N	N	Y	N*	N	N	N	N	N	N	N
Cappuccino No Chocolate Sprinkles (coconut milk) Large	92	N	N	N	N	N	N	N	N	N	N	Y	N*	N	N	N	N	N	N	N
Cappuccino No Chocolate Sprinkles (oat milk) Small	92	N	N	N	Y	N	N	N	N	N	N	N	N*	N	N	N	N	N	N	N
Cappuccino No Chocolate Sprinkles (oat milk) Regular	110	N	N	N	Y	N	N	N	N	N	N	N	N*	N	N	N	N	N	N	N
Cappuccino No Chocolate Sprinkles (oat milk) Large	125	N	N	N	Y	N	N	N	N	N	N	N	N*	N	N	N	N	N	N	N
Cappuccino No Chocolate Sprinkles (soya milk) Small	89	N	N	N	N	N	N	N	N	N	N	Y	N*	N	N	N	N	N	N	N
Cappuccino No Chocolate Sprinkles (soya milk) Regular	106	N	N	N	N	N	N	N	N	N	N	Y	N*	N	N	N	N	N	N	N
Cappuccino No Chocolate Sprinkles (soya milk) Large	121	N	N	N	N	N	N	N	N	N	N	Y	N*	N	N	N	N	N	N	N

*ALLERGY ADVICE - PLEASE NOTE: OUR HOT CHOCOLATE POWDER USED FOR SPRINKLES CONTAIN MILK

Product	Kcal	Gluten / Wheat	Gluten / Rye	Gluten / Barley	Gluten / Oats	Gluten / Spelt	Gluten / Kamut	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Celery	Mustard	Sesame Seeds	Sulphur Dioxide/ Sulphites	Lupin	Molluscs
---------	------	----------------	--------------	-----------------	---------------	----------------	----------------	-------------	------	------	---------	------	------	------	--------	---------	--------------	----------------------------	-------	----------

COFFEE

Latte (skimmed milk) Regular	84	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Latte (skimmed milk) Large	95	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Latte (whole milk) Regular	156	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Latte (whole milk) Large	178	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Latte (almond milk) Regular	29	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N
Latte (almond milk) Large	34	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N
Latte (coconut milk) Regular	79	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N
Latte (coconut milk) Large	90	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N
Latte (oat milk) Regular	108	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Latte (oat milk) Large	123	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Latte (soya milk) Regular	104	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N
Latte (soya milk) Large	119	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N
Salted Caramel Latte with Cream (whole milk) Regular	252	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Salted Caramel Latte with Cream (whole milk) Large	308	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Salted Caramel Latte with Cream (skimmed milk) Regular	208	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Salted Caramel Latte with Cream (skimmed milk) Large	249	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Salted Caramel Latte with Cream (almond milk) Regular	175	N	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N
Salted Caramel Latte with Cream (almond milk) Large	205	N	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N
Salted Caramel Latte with Cream (coconut milk) Regular	205	N	N	N	N	N	N	N	N	N	N	Y	Y	MC	N	N	N	N	N	N
Salted Caramel Latte with Cream (coconut milk) Large	245	N	N	N	N	N	N	N	N	N	N	Y	Y	MC	N	N	N	N	N	N
Salted Caramel Latte with Cream (oat milk) Regular	227	N	N	N	Y	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Salted Caramel Latte with Cream (oat milk) Large	274	N	N	N	Y	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Salted Caramel Latte with Cream (soya milk) Regular	220	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N
Salted Caramel Latte with Cream (soya milk) Large	265	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N

Barista Coffee

Chocolate Drinks

Matcha Hot Lattes

Tea

Extras

Product	Kcal	Gluten / Wheat	Gluten / Rye	Gluten / Barley	Gluten / Oats	Gluten / Spelt	Gluten / Kamut	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Celery	Mustard	Sesame Seeds	Sulphur Dioxide/ Sulphites	Lupin	Molluscs
---------	------	----------------	--------------	-----------------	---------------	----------------	----------------	-------------	------	------	---------	------	------	------	--------	---------	--------------	----------------------------	-------	----------

COFFEE

Pumpkin Spiced Latte (skimmed milk) Regular	246	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Pumpkin Spiced Latte (skimmed milk) Large	324	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Pumpkin Spiced Latte (whole milk) Regular	268	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Pumpkin Spiced Latte (whole milk) Large	353	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Pumpkin Spiced Latte (almond milk) Regular	209	N	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N
Pumpkin Spiced Latte (almond milk) Large	276	N	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N
Pumpkin Spiced Latte (coconut milk) Regular	221	N	N	N	N	N	N	N	N	N	N	Y	Y	MC	N	N	N	N	N	N
Pumpkin Spiced Latte (coconut milk) Large	290	N	N	N	N	N	N	N	N	N	N	Y	Y	MC	N	N	N	N	N	N
Pumpkin Spiced Latte (oat milk) Regular	261	N	N	Y	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Pumpkin Spiced Latte (oat milk) Large	350	N	N	Y	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Pumpkin Spiced Latte (soya milk) Regular	236	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N
Pumpkin Spiced Latte (soya milk) Large	314	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N
Popcorn Latte (skimmed milk) Regular	277	N	N	N	N	N	N	N	N	N	N	MC	Y	N	N	N	N	N	N	N
Popcorn Latte (skimmed milk) Large	369	N	N	N	N	N	N	N	N	N	N	MC	Y	N	N	N	N	N	N	N
Popcorn Latte (whole milk) Regular	299	N	N	N	N	N	N	N	N	N	N	MC	Y	N	N	N	N	N	N	N
Popcorn Latte (whole milk) Large	398	N	N	N	N	N	N	N	N	N	N	MC	Y	N	N	N	N	N	N	N
Popcorn Latte (almond milk) Regular	240	N	N	N	N	N	N	N	N	N	N	MC	Y	Y	N	N	N	N	N	N
Popcorn Latte (almond milk) Large	321	N	N	N	N	N	N	N	N	N	N	MC	Y	Y	N	N	N	N	N	N
Popcorn Latte (coconut milk) Regular	252	N	N	N	N	N	N	N	N	N	N	Y	Y	MC	N	N	N	N	N	N
Popcorn Latte (coconut milk) Large	335	N	N	N	N	N	N	N	N	N	N	Y	Y	MC	N	N	N	N	N	N
Popcorn Latte (oat milk) Regular	292	N	N	Y	N	N	N	N	N	N	N	MC	Y	N	N	N	N	N	N	N
Popcorn Latte (oat milk) Large	395	N	N	Y	N	N	N	N	N	N	N	MC	Y	N	N	N	N	N	N	N
Popcorn Latte (soya milk) Regular	267	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N
Popcorn Latte (soya milk) Large	359	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N

Barista Coffee

Chocolate Drinks

Matcha Hot Lattes

Tea

Extras

Product	Kcal	Gluten / Wheat	Gluten / Rye	Gluten / Barley	Gluten / Oats	Gluten / Spelt	Gluten / Kamut	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Celery	Mustard	Sesame Seeds	Sulphur Dioxide/ Sulphites	Lupin	Molluscs
---------	------	----------------	--------------	-----------------	---------------	----------------	----------------	-------------	------	------	---------	------	------	------	--------	---------	--------------	----------------------------	-------	----------

CHOCOLATE DRINKS

Hot Chocolate (skimmed milk) Regular	239	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Hot Chocolate (skimmed milk) Large	310	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Hot Chocolate (whole milk) Regular	312	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Hot Chocolate (whole milk) Large	392	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Hot Chocolate (almond milk) Regular	185	N	N	N	N	N	N	N	N	N	N	N	Y*	Y	N	N	N	N	N	N
Hot Chocolate (almond milk) Large	248	N	N	N	N	N	N	N	N	N	N	N	Y*	Y	N	N	N	N	N	N
Hot Chocolate (coconut milk) Regular	235	N	N	N	N	N	N	N	N	N	N	Y	Y*	N	N	N	N	N	N	N
Hot Chocolate (coconut milk) Large	304	N	N	N	N	N	N	N	N	N	N	Y	Y*	N	N	N	N	N	N	N
Hot Chocolate (oat milk) Regular	264	N	N	N	Y	N	N	N	N	N	N	N	Y*	N	N	N	N	N	N	N
Hot Chocolate (oat milk) Large	337	N	N	N	Y	N	N	N	N	N	N	N	Y*	N	N	N	N	N	N	N
Hot Chocolate (soya milk) Regular	260	N	N	N	N	N	N	N	N	N	N	Y	Y*	N	N	N	N	N	N	N
Hot Chocolate (soya milk) Large	333	N	N	N	N	N	N	N	N	N	N	Y	Y*	N	N	N	N	N	N	N
Mocha (skimmed milk) Regular	229	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Mocha (skimmed milk) Large	289	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Mocha (whole milk) Regular	293	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Mocha (whole milk) Large	354	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Mocha (almond milk) Regular	182	N	N	N	N	N	N	N	N	N	N	N	Y*	Y	N	N	N	N	N	N
Mocha (almond milk) Large	241	N	N	N	N	N	N	N	N	N	N	N	Y*	Y	N	N	N	N	N	N
Mocha (coconut milk) Regular	225	N	N	N	N	N	N	N	N	N	N	Y	Y*	N	N	N	N	N	N	N
Mocha (coconut milk) Large	285	N	N	N	N	N	N	N	N	N	N	Y	Y*	N	N	N	N	N	N	N
Mocha (oat milk) Regular	250	N	N	N	Y	N	N	N	N	N	N	N	Y*	N	N	N	N	N	N	N
Mocha (oat milk) Large	311	N	N	N	Y	N	N	N	N	N	N	N	Y*	N	N	N	N	N	N	N
Mocha (soya milk) Regular	247	N	N	N	N	N	N	N	N	N	N	Y	Y*	N	N	N	N	N	N	N
Mocha (soya milk) Large	308	N	N	N	N	N	N	N	N	N	N	Y	Y*	N	N	N	N	N	N	N

*ALLERGY ADVICE - OUR HOT CHOCOLATE POWDER DOES CONTAIN MILK, ANY MILK CHANGES WON'T REMOVE THE ALLERGEN

Barista Coffee

Chocolate Drinks

Matcha Hot Lattes

Tea

Extras

Product	Kcal	Gluten / Wheat	Gluten / Rye	Gluten / Barley	Gluten / Oats	Gluten / Spelt	Gluten / Kamut	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Celery	Mustard	Sesame Seeds	Sulphur Dioxide/ Sulphites	Lupin	Molluscs
---------	------	----------------	--------------	-----------------	---------------	----------------	----------------	-------------	------	------	---------	------	------	------	--------	---------	--------------	----------------------------	-------	----------

CHOCOLATE DRINKS

Kids Hot Chocolate (skimmed milk)	225	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Kids Hot Chocolate (whole milk)	273	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Kids Hot Chocolate (almond milk)	242	N	N	N	N	N	N	N	N	N	N	N	Y*	N	N	N	N	N	N	N
Kids Hot Chocolate (coconut milk)	300	N	N	N	N	N	N	N	N	N	N	N	Y*	N	N	N	N	N	N	N
Kids Hot Chocolate (oat milk)	182	N	N	N	Y	N	N	N	N	N	N	N	Y*	Y	N	N	N	N	N	N
Kids Hot Chocolate (soya milk)	208	N	N	N	N	N	N	N	N	N	N	N	Y*	Y	N	N	N	N	N	N
Kiddiccino (Warm Skimmed Milk)	89	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Kiddiccino (Warm Whole Milk)	149	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Kiddiccino (Warm Almond Milk)	43	N	N	N	N	N	N	N	N	N	N	N	Y*	Y	N	N	N	N	N	N
Kiddiccino (Warm Coconut Milk)	85	N	N	N	N	N	N	N	N	N	N	Y	Y*	N	N	N	N	N	N	N
Kiddiccino (Warm Oat Milk)	109	N	N	N	Y	N	N	N	N	N	N	N	Y*	N	N	N	N	N	N	N
Kiddiccino (Warm Soya Milk)	105	N	N	N	N	N	N	N	N	N	N	Y	Y*	N	N	N	N	N	N	N
Millionaires Hot Chocolate (skimmed milk) Regular	369	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Millionaires Hot Chocolate (skimmed milk) Large	498	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Millionaires Hot Chocolate (whole milk) Regular	413	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Millionaires Hot Chocolate (whole milk) Large	557	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Millionaires Hot Chocolate (almond milk) Regular	336	N	N	N	N	N	N	N	N	N	N	N	Y*	Y	N	N	N	N	N	N
Millionaires Hot Chocolate (almond milk) Large	454	N	N	N	N	N	N	N	N	N	N	N	Y*	Y	N	N	N	N	N	N
Millionaires Hot Chocolate (coconut milk) Regular	366	N	N	N	N	N	N	N	N	N	N	Y	Y*	N	N	N	N	N	N	N
Millionaires Hot Chocolate (coconut milk) Large	494	N	N	N	N	N	N	N	N	N	N	Y	Y*	N	N	N	N	N	N	N
Millionaires Hot Chocolate (oat milk) Large	518	N	N	N	Y	N	N	N	N	N	N	N	Y*	N	N	N	N	N	N	N
Millionaires Hot Chocolate (oat milk) Regular	384	N	N	N	Y	N	N	N	N	N	N	N	Y*	N	N	N	N	N	N	N
Millionaires Hot Chocolate (soya milk) Large	514	N	N	N	N	N	N	N	N	N	N	Y	Y*	N	N	N	N	N	N	N
Millionaires Hot Chocolate (soya milk) Regular	381	N	N	N	N	N	N	N	N	N	N	Y	Y*	N	N	N	N	N	N	N

*ALLERGY ADVICE - OUR HOT CHOCOLATE POWDER DOES CONTAIN MILK, ANY MILK CHANGES WON'T REMOVE THE ALLERGEN

Barista Coffee

Chocolate Drinks

Matcha Hot Lattes

Tea

Extras

Product	Kcal	Gluten / Wheat	Gluten / Rye	Gluten / Barley	Gluten / Oats	Gluten / Spelt	Gluten / Kamut	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Celery	Mustard	Sesame Seeds	Sulphur Dioxide/ Sulphites	Lupin	Molluscs
---------	------	----------------	--------------	-----------------	---------------	----------------	----------------	-------------	------	------	---------	------	------	------	--------	---------	--------------	----------------------------	-------	----------

CHOCOLATE DRINKS

Dubai Style Chocolate Hot Chocolate (skimmed milk) Medium	380	N	N	N	N	N	N	N	N	N	N	Y	Y	Y	N	N	MC	N	N	N
Dubai Style Chocolate Hot Chocolate (skimmed milk) Large	523	N	N	N	N	N	N	N	N	N	N	Y	Y	Y	N	N	MC	N	N	N
Dubai Style Chocolate Hot Chocolate (whole milk) Regular	403	N	N	N	N	N	N	N	N	N	N	Y	Y	Y	N	N	MC	N	N	N
Dubai Style Chocolate Hot Chocolate (whole milk) Large	558	N	N	N	N	N	N	N	N	N	N	Y	Y	Y	N	N	MC	N	N	N
Dubai Style Chocolate Hot Chocolate (almond milk) Medium	340	N	N	N	N	N	N	N	N	N	N	Y	Y	Y	N	N	MC	N	N	N
Dubai Style Chocolate Hot Chocolate (almond milk) Large	463	N	N	N	N	N	N	N	N	N	N	Y	Y	Y	N	N	MC	N	N	N
Dubai Style Chocolate Hot Chocolate (coconut milk) Medium	355	N	N	N	N	N	N	N	N	N	N	Y	Y	Y	N	N	MC	N	N	N
Dubai Style Chocolate Hot Chocolate (coconut milk) Large	485	N	N	N	N	N	N	N	N	N	N	Y	Y	Y	N	N	MC	N	N	N
Dubai Style Chocolate Hot Chocolate (oat milk) Medium	396	N	N	N	Y	N	N	N	N	N	N	Y	Y	Y	N	N	MC	N	N	N
Dubai Style Chocolate Hot Chocolate (oat milk) Large	547	N	N	N	Y	N	N	N	N	N	N	Y	Y	Y	N	N	MC	N	N	N
Dubai Style Chocolate Hot Chocolate (soya milk) Medium	369	N	N	N	N	N	N	N	N	N	N	Y	Y	Y	N	N	MC	N	N	N
Dubai Style Chocolate Hot Chocolate (soya milk) Large	507	N	N	N	N	N	N	N	N	N	N	Y	Y	Y	N	N	MC	N	N	N
Toffee Fudge White Chocolate Mocha (skimmed milk) Medium	420	N	N	N	N	N	N	N	N	N	N	MC	Y	N	N	N	N	N	N	N
Toffee Fudge White Chocolate Mocha (skimmed milk) Large	498	N	N	N	N	N	N	N	N	N	N	MC	Y	N	N	N	N	N	N	N
Toffee Fudge White Chocolate Mocha (whole milk) Regular	445	N	N	N	N	N	N	N	N	N	N	MC	Y	N	N	N	N	N	N	N
Toffee Fudge White Chocolate Mocha (whole milk) Large	527	N	N	N	N	N	N	N	N	N	N	MC	Y	N	N	N	N	N	N	N
Toffee Fudge White Chocolate Mocha (almond milk) Medium	377	N	N	N	N	N	N	N	N	N	N	MC	Y	Y	N	N	N	N	N	N
Toffee Fudge White Chocolate Mocha (almond milk) Large	450	N	N	N	N	N	N	N	N	N	N	MC	Y	Y	N	N	N	N	N	N
Toffee Fudge White Chocolate Mocha (coconut milk) Medium	392	N	N	N	N	N	N	N	N	N	N	Y	Y	MC	N	N	N	N	N	N
Toffee Fudge White Chocolate Mocha (coconut milk) Large	464	N	N	N	N	N	N	N	N	N	N	Y	Y	MC	N	N	N	N	N	N
Toffee Fudge White Chocolate Mocha (oat milk) Medium	437	N	N	Y	N	N	N	N	N	N	N	MC	Y	N	N	N	N	N	N	N
Toffee Fudge White Chocolate Mocha (oat milk) Large	524	N	N	Y	N	N	N	N	N	N	N	MC	Y	N	N	N	N	N	N	N
Toffee Fudge White Chocolate Mocha (soya milk) Medium	409	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N
Toffee Fudge White Chocolate Mocha (soya milk) Large	488	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N

*ALLERGY ADVICE - OUR HOT CHOCOLATE POWDER DOES CONTAIN MILK, ANY MILK CHANGES WON'T REMOVE THE ALLERGEN

Product	Kcal	Gluten / Wheat	Gluten / Rye	Gluten / Barley	Gluten / Oats	Gluten / Spelt	Gluten / Kamut	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Celery	Mustard	Sesame Seeds	Sulphur Dioxide/ Sulphites	Lupin	Molluscs
---------	------	----------------	--------------	-----------------	---------------	----------------	----------------	-------------	------	------	---------	------	------	------	--------	---------	--------------	----------------------------	-------	----------

CHOCOLATE DRINKS

Toffee Fudge White Hot Chocolate (skimmed milk) Medium	396	N	N	N	N	N	N	N	N	N	N	MC	Y	N	N	N	N	N	N	N
Toffee Fudge White Hot Chocolate (skimmed milk) Large	466	N	N	N	N	N	N	N	N	N	N	MC	Y	N	N	N	N	N	N	N
Toffee Fudge White Hot Chocolate (whole milk) Regular	413	N	N	N	N	N	N	N	N	N	N	MC	Y	N	N	N	N	N	N	N
Toffee Fudge White Hot Chocolate (whole milk) Large	495	N	N	N	N	N	N	N	N	N	N	MC	Y	N	N	N	N	N	N	N
Toffee Fudge White Hot Chocolate (almond milk) Medium	366	N	N	N	N	N	N	N	N	N	N	MC	Y	Y	N	N	N	N	N	N
Toffee Fudge White Hot Chocolate (almond milk) Large	418	N	N	N	N	N	N	N	N	N	N	MC	Y	Y	N	N	N	N	N	N
Toffee Fudge White Hot Chocolate (coconut milk) Medium	376	N	N	N	N	N	N	N	N	N	N	Y	Y	MC	N	N	N	N	N	N
Toffee Fudge White Hot Chocolate (coconut milk) Large	432	N	N	N	N	N	N	N	N	N	N	Y	Y	MC	N	N	N	N	N	N
Toffee Fudge White Hot Chocolate (oat milk) Medium	408	N	N	Y	N	N	N	N	N	N	N	MC	Y	N	N	N	N	N	N	N
Toffee Fudge White Hot Chocolate (oat milk) Large	492	N	N	Y	N	N	N	N	N	N	N	MC	Y	N	N	N	N	N	N	N
Toffee Fudge White Hot Chocolate (soya milk) Medium	388	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N
Toffee Fudge White Hot Chocolate (soya milk) Large	456	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N

*ALLERGY ADVICE - OUR HOT CHOCOLATE POWDER DOES CONTAIN MILK, ANY MILK CHANGES WON'T REMOVE THE ALLERGEN

Barista Coffee

Chocolate Drinks

Matcha Hot Lattes

Tea

Extras

Product	Kcal	Gluten / Wheat	Gluten / Rye	Gluten / Barley	Gluten / Oats	Gluten / Spelt	Gluten / Kamut	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Celery	Mustard	Sesame Seeds	Sulphur Dioxide/ Sulphites	Lupin	Molluscs
---------	------	----------------	--------------	-----------------	---------------	----------------	----------------	-------------	------	------	---------	------	------	------	--------	---------	--------------	----------------------------	-------	----------

MATCHA HOT LATTES

Original Matcha Latte (skimmed milk) Medium	127	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Original Matcha Latte (skimmed milk) Large	205	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Original Matcha Latte (whole milk) Regular	165	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Original Matcha Latte (whole milk) Large	266	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Original Matcha Latte (almond milk) Medium	62	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N
Original Matcha Latte (almond milk) Large	100	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N
Original Matcha Latte (coconut milk) Medium	84	N	N	N	N	N	N	N	N	N	N	Y	N	MC	N	N	N	N	N	N
Original Matcha Latte (coconut milk) Large	135	N	N	N	N	N	N	N	N	N	N	Y	N	MC	N	N	N	N	N	N
Original Matcha Latte (oat milk) Medium	122	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Original Matcha Latte (oat milk) Large	197	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Original Matcha Latte (soya milk) Medium	109	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N
Original Matcha Latte (soya milk) Large	177	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N
Vanilla Matcha Latte (skimmed milk) Regular	157	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Vanilla Matcha Latte (skimmed milk) Large	251	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Vanilla Matcha Latte (whole milk) Regular	192	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Vanilla Matcha Latte (whole milk) Large	307	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Vanilla Matcha Latte (almond milk) Regular	97	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N
Vanilla Matcha Latte (almond milk) Large	153	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N
Vanilla Matcha Latte (coconut milk) Regular	117	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N
Vanilla Matcha Latte (coconut milk) Large	186	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N
Vanilla Matcha Latte (oat milk) Regular	152	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Vanilla Matcha Latte (oat milk) Large	243	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Vanilla Matcha Latte (soya milk) Regular	141	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N
Vanilla Matcha Latte (soya milk) Large	224	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N

*ALLERGY ADVICE - OUR HOT CHOCOLATE POWDER DOES CONTAIN MILK, ANY MILK CHANGES WON'T REMOVE THE ALLERGEN

Barista Coffee

Chocolate Drinks

Matcha Hot Lattes

Tea

Extras

Product	Kcal	Gluten / Wheat	Gluten / Rye	Gluten / Barley	Gluten / Oats	Gluten / Spelt	Gluten / Kamut	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Celery	Mustard	Sesame Seeds	Sulphur Dioxide/ Sulphites	Lupin	Molluscs
---------	------	----------------	--------------	-----------------	---------------	----------------	----------------	-------------	------	------	---------	------	------	------	--------	---------	--------------	----------------------------	-------	----------

MATCHA HOT LATTES

Strawberry Matcha Latte (skimmed milk) Regular	184	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Strawberry Matcha Latte (skimmed milk) Large	291	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Strawberry Matcha Latte (whole milk) Regular	219	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Strawberry Matcha Latte (whole milk) Large	348	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Strawberry Matcha Latte (almond milk) Regular	124	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N
Strawberry Matcha Latte (almond milk) Large	194	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N
Strawberry Matcha Latte (coconut milk) Regular	144	N	N	N	N	N	N	N	N	N	N	Y	N	MC	N	N	N	N	N	N
Strawberry Matcha Latte (coconut milk) Large	226	N	N	N	N	N	N	N	N	N	N	Y	N	MC	N	N	N	N	N	N
Strawberry Matcha Latte (oat milk) Regular	209	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Strawberry Matcha Latte (oat milk) Large	331	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Strawberry Matcha Latte (soya milk) Regular	168	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N
Strawberry Matcha Latte (soya milk) Large	265	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N
Spiced Apple Matcha Latte (almond milk) Regular	159	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N
Spiced Apple Matcha Latte (almond milk) Large	228	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N
Spiced Apple Matcha Latte (coconut milk) Regular	178	N	N	N	N	N	N	N	N	N	N	Y	N	MC	N	N	N	N	N	N
Spiced Apple Matcha Latte (coconut milk) Large	260	N	N	N	N	N	N	N	N	N	N	Y	N	MC	N	N	N	N	N	N
Spiced Apple Matcha Latte (oat milk) Regular	240	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Spiced Apple Matcha Latte (oat milk) Large	362	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Spiced Apple Matcha Latte (soya milk) Regular	201	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N
Spiced Apple Matcha Latte (soya milk) Large	298	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N
Raspberry & White Chocolate Matcha Latte (almond milk) Regular	162	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N
Raspberry & White Chocolate Matcha Latte (almond milk) Large	228	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N
Raspberry & White Chocolate Matcha Latte (coconut milk) Regular	181	N	N	N	N	N	N	N	N	N	N	Y	N	MC	N	N	N	N	N	N
Raspberry & White Chocolate Matcha Latte (coconut milk) Large	260	N	N	N	N	N	N	N	N	N	N	Y	N	MC	N	N	N	N	N	N
Raspberry & White Chocolate Matcha Latte (oat milk) Regular	243	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Raspberry & White Chocolate Matcha Latte (oat milk) Large	362	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Raspberry & White Chocolate Matcha Latte (soya milk) Regular	204	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N
Raspberry & White Chocolate Matcha Latte (soya milk) Large	298	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N

Product	Kcal	Gluten / Wheat	Gluten / Rye	Gluten / Barley	Gluten / Oats	Gluten / Spelt	Gluten / Kamut	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Celery	Mustard	Sesame Seeds	Sulphur Dioxide/ Sulphites	Lupin	Molluscs
---------	------	----------------	--------------	-----------------	---------------	----------------	----------------	-------------	------	------	---------	------	------	------	--------	---------	--------------	----------------------------	-------	----------

TEA

Traditional Tea Regular Mug or Pot for one (skimmed milk)	45	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Traditional Tea Regular Mug or Pot for one (whole milk)	83	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Traditional Tea Regular Mug or Pot for one (almond milk)	16	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N
Traditional Tea Regular Mug or Pot for one (coconut milk)	42	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N
Traditional Tea Regular Mug or Pot for one (oat milk)	58	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Traditional Tea Regular Mug or Pot for one (soya milk)	56	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N
Traditional Tea Pot of Tea for 2 (skimmed milk)	23	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Traditional Tea Pot of Tea for 2 (whole milk)	42	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Traditional Tea Pot of Tea for 2 (almond milk)	8	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N
Traditional Tea Pot of Tea for 2 (coconut milk)	21	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N
Traditional Tea Pot of Tea for 2 (oat milk)	29	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Traditional Tea Pot of Tea for 2 (soya milk)	28	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N
Decaf Tea (skimmed milk) Regular	44	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Decaf Tea (whole milk) Regular	83	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Decaf Tea (almond milk) Regular	16	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N
Decaf Tea (coconut milk) Regular	42	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N
Decaf Tea (oat milk) Regular	57	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Decaf Tea (soya milk) Regular	55	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N
Decaf Pot of Tea for 2 (skimmed milk)	22	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Decaf Pot of Tea for 2 (whole milk)	41	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Decaf Pot of Tea for 2 (almond milk)	8	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N
Decaf Pot of Tea for 2 (coconut milk)	21	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N
Decaf Pot of Tea for 2 (oat milk)	29	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Decaf Pot of Tea for 2 (soya milk)	28	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N

SPECIALITY TEAS

Green Tea Sencha	0	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Eary Gray	0	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Chamomile	0	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Red Berry	0	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Peppermint	0	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N

Product	Kcal	Gluten / Wheat	Gluten / Rye	Gluten / Barley	Gluten / Oats	Gluten / Spelt	Gluten / Kamut	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Celery	Mustard	Sesame Seeds	Sulphur Dioxide/ Sulphites	Lupin	Molluscs
---------	------	----------------	--------------	-----------------	---------------	----------------	----------------	-------------	------	------	---------	------	------	------	--------	---------	--------------	----------------------------	-------	----------

EXTRAS

Cream	47	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Chocolate Flake	51	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Pink & White Mini Mallows	20	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Vanilla Syrup	20	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Caramel Syrup	21	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Hazelnut Syrup	21	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N

Muffins	Sweet Treats	Savoury	Hot Drinks	Chilled Drinks	Ice Cream	Extras														
Over Ice	Matcha Iced Lattes	Creamy Frappes	Fruit Smoothies	Milkshakes	Iced Teas	Iced Lemonades	Bubble Lemonades													
Product	Kcal	Gluten / Wheat	Gluten / Rye	Gluten / Barley	Gluten / Oats	Gluten / Spelt	Gluten / Kamut	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Celery	Mustard	Sesame Seeds	Sulphur Dioxide/ Sulphites	Lupin	Molluscs
OVER ICE																				
Iced Latte (skimmed milk) Regular	51	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Iced Latte (skimmed milk) Large	61	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Iced Latte (whole milk) Regular	95	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Iced Latte (whole milk) Large	114	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Iced Latte (almond milk) Regular	18	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N
Iced Latte (almond milk) Large	22	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N
Iced Latte (coconut milk) Regular	48	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N
Iced Latte (coconut milk) Large	58	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N
Iced Latte (oat milk) Regular	66	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Iced Latte (oat milk) Large	79	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Iced Latte (soya milk) Regular	64	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N
Iced Latte (soya milk) Large	76	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N
Iced Mocha (skimmed milk) Regular	132	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Iced Mocha (skimmed milk) Large	182	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Iced Mocha (whole milk) Regular	176	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Iced Mocha (whole milk) Large	235	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Iced Mocha (almond milk) Regular	98	N	N	N	N	N	N	N	N	N	N	N	Y*	Y	N	N	N	N	N	N
Iced Mocha (almond milk) Large	142	N	N	N	N	N	N	N	N	N	N	N	Y*	Y	N	N	N	N	N	N
Iced Mocha (coconut milk) Regular	129	N	N	N	N	N	N	N	N	N	N	Y	Y*	N	N	N	N	N	N	N
Iced Mocha (coconut milk) Large	178	N	N	N	N	N	N	N	N	N	N	Y	Y*	N	N	N	N	N	N	N
Iced Mocha (oat milk) Regular	146	N	N	N	Y	N	N	N	N	N	N	N	Y*	N	N	N	N	N	N	N
Iced Mocha (oat milk) Large	200	N	N	N	Y	N	N	N	N	N	N	N	Y*	N	N	N	N	N	N	N
Iced Mocha (soya milk) Regular	144	N	N	N	N	N	N	N	N	N	N	Y	Y*	N	N	N	N	N	N	N
Iced Mocha (soya milk) Large	197	N	N	N	N	N	N	N	N	N	N	Y	Y*	N	N	N	N	N	N	N

- Updated 09 Sept 2025

*ALLERGY ADVICE - OUR HOT CHOCOLATE POWDER DOES CONTAIN MILK, ANY MILK CHANGES WON'T REMOVE THE ALLERGEN

Over Ice

Matcha Iced Lattes

Creamy Frappes

Fruit Smoothies

Milkshakes

Iced Teas

Iced Lemonades

Bubble Lemonades

Product	Kcal	Gluten / Wheat	Gluten / Rye	Gluten / Barley	Gluten / Oats	Gluten / Spelt	Gluten / Kamut	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Celery	Mustard	Sesame Seeds	Sulphur Dioxide/ Sulphites	Lupin	Molluscs
---------	------	----------------	--------------	-----------------	---------------	----------------	----------------	-------------	------	------	---------	------	------	------	--------	---------	--------------	----------------------------	-------	----------

OVER ICE

Salted Caramel Iced Latte (skimmed milk) Regular	197	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Salted Caramel Iced Latte (skimmed milk) Large	257	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Salted Caramel Iced Latte (whole milk) Regular	215	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Salted Caramel Iced Latte (whole milk) Large	278	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Salted Caramel Iced Latte (almond milk) Regular	165	N	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N
Salted Caramel Iced Latte (almond milk) Large	221	N	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N
Salted Caramel Iced Latte (coconut milk) Regular	176	N	N	N	N	N	N	N	N	N	N	Y	Y	MC	N	N	N	N	N	N
Salted Caramel Iced Latte (coconut milk) Large	233	N	N	N	N	N	N	N	N	N	N	Y	Y	MC	N	N	N	N	N	N
Salted Caramel Iced Latte (oat milk) Regular	209	N	N	N	Y	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Salted Caramel Iced Latte (oat milk) Large	272	N	N	N	Y	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Salted Caramel Iced Latte (soya milk) Regular	188	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N
Salted Caramel Iced Latte (soya milk) Large	247	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N
Pumpkin Spiced Iced Latte (skimmed milk) Regular	232	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Pumpkin Spiced Iced Latte (skimmed milk) Large	294	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Pumpkin Spiced Iced Latte (whole milk) Regular	249	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Pumpkin Spiced Iced Latte (whole milk) Large	315	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Pumpkin Spiced Iced Latte (almond milk) Regular	202	N	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N
Pumpkin Spiced Iced Latte (almond milk) Large	260	N	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N
Pumpkin Spiced Iced Latte (coconut milk) Regular	212	N	N	N	N	N	N	N	N	N	N	Y	Y	MC	N	N	N	N	N	N
Pumpkin Spiced Iced Latte (coconut milk) Large	271	N	N	N	N	N	N	N	N	N	N	Y	Y	MC	N	N	N	N	N	N
Pumpkin Spiced Iced Latte (oat milk) Regular	244	N	N	Y	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Pumpkin Spiced Iced Latte (oat milk) Large	308	N	N	Y	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Pumpkin Spiced Iced Latte (soya milk) Regular	224	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N
Pumpkin Spiced Iced Latte (soya milk) Large	285	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N

Over Ice

Matcha Iced Lattes

Creamy Frappes

Fruit Smoothies

Milkshakes

Iced Teas

Iced Lemonades

Bubble Lemonades

Product	Kcal	Gluten / Wheat	Gluten / Rye	Gluten / Barley	Gluten / Oats	Gluten / Spelt	Gluten / Kamut	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Celery	Mustard	Sesame Seeds	Sulphur Dioxide/ Sulphites	Lupin	Molluscs
---------	------	----------------	--------------	-----------------	---------------	----------------	----------------	-------------	------	------	---------	------	------	------	--------	---------	--------------	----------------------------	-------	----------

OVER ICE

Popcorn Iced Latte (skimmed milk) Regular	263	N	N	N	N	N	N	N	N	N	N	MC	Y	N	N	N	N	N	N	N
Popcorn Iced Latte (skimmed milk) Large	360	N	N	N	N	N	N	N	N	N	N	MC	Y	N	N	N	N	N	N	N
Popcorn Iced Latte (whole milk) Regular	280	N	N	N	N	N	N	N	N	N	N	MC	Y	N	N	N	N	N	N	N
Popcorn Iced Latte (whole milk) Large	339	N	N	N	N	N	N	N	N	N	N	MC	Y	N	N	N	N	N	N	N
Popcorn Iced Latte (almond milk) Regular	233	N	N	N	N	N	N	N	N	N	N	MC	Y	Y	N	N	N	N	N	N
Popcorn Iced Latte (almond milk) Large	305	N	N	N	N	N	N	N	N	N	N	MC	Y	Y	N	N	N	N	N	N
Popcorn Iced Latte (coconut milk) Regular	243	N	N	N	N	N	N	N	N	N	N	Y	Y	MC	N	N	N	N	N	N
Popcorn Iced Latte (coconut milk) Large	316	N	N	N	N	N	N	N	N	N	N	Y	Y	MC	N	N	N	N	N	N
Popcorn Iced Latte (oat milk) Regular	275	N	N	Y	N	N	N	N	N	N	N	MC	Y	N	N	N	N	N	N	N
Popcorn Iced Latte (oat milk) Large	353	N	N	Y	N	N	N	N	N	N	N	MC	Y	N	N	N	N	N	N	N
Popcorn Iced Latte (soya milk) Regular	255	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N
Popcorn Iced Latte (soya milk) Large	330	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N
Toffee Fudge & White Chocolate Iced Mocha (skimmed milk) Regular	259	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Toffee Fudge & White Chocolate Iced Mocha (skimmed milk) Large	442	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Toffee Fudge & White Chocolate Iced Mocha (whole milk) Regular	384	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Toffee Fudge & White Chocolate Iced Mocha (whole milk) Large	472	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Toffee Fudge & White Chocolate Iced Mocha (almond milk) Regular	316	N	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N
Toffee Fudge & White Chocolate Iced Mocha (almond milk) Large	392	N	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N
Toffee Fudge & White Chocolate Iced Mocha (coconut milk) Regular	331	N	N	N	N	N	N	N	N	N	N	Y	Y	MC	N	N	N	N	N	N
Toffee Fudge & White Chocolate Iced Mocha (coconut milk) Large	406	N	N	N	N	N	N	N	N	N	N	Y	Y	MC	N	N	N	N	N	N
Toffee Fudge & White Chocolate Iced Mocha (oat milk) Regular	376	N	N	Y	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Toffee Fudge & White Chocolate Iced Mocha (oat milk) Large	469	N	N	Y	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Toffee Fudge & White Chocolate Iced Mocha (soya milk) Regular	348	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N
Toffee Fudge & White Chocolate Iced Mocha (soya milk) Large	431	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N

Over Ice

Matcha Iced Lattes

Creamy Frappes

Fruit Smoothies

Milkshakes

Iced Teas

Iced Lemonades

Bubble Lemonades

Product	Kcal	Gluten / Wheat	Gluten / Rye	Gluten / Barley	Gluten / Oats	Gluten / Spelt	Gluten / Kamut	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Celery	Mustard	Sesame Seeds	Sulphur Dioxide/ Sulphites	Lupin	Molluscs
---------	------	----------------	--------------	-----------------	---------------	----------------	----------------	-------------	------	------	---------	------	------	------	--------	---------	--------------	----------------------------	-------	----------

OVER ICE

Toffee Fudge Iced White Chocolate (skimmed milk) Regular	364	N	N	N	N	N	N	N	N	N	N	MC	Y	N	N	N	N	N	N	N
Toffee Fudge Iced White Chocolate (skimmed milk) Large	437	N	N	N	N	N	N	N	N	N	N	MC	Y	N	N	N	N	N	N	N
Toffee Fudge Iced White Chocolate (whole milk) Regular	381	N	N	N	N	N	N	N	N	N	N	MC	Y	N	N	N	N	N	N	N
Toffee Fudge Iced White Chocolate (whole milk) Large	458	N	N	N	N	N	N	N	N	N	N	MC	Y	N	N	N	N	N	N	N
Toffee Fudge Iced White Chocolate (almond milk) Regular	334	N	N	N	N	N	N	N	N	N	N	MC	Y	Y	N	N	N	N	N	N
Toffee Fudge Iced White Chocolate (almond milk) Large	403	N	N	N	N	N	N	N	N	N	N	MC	Y	Y	N	N	N	N	N	N
Toffee Fudge Iced White Chocolate (coconut milk) Regular	344	N	N	N	N	N	N	N	N	N	N	Y	Y	MC	N	N	N	N	N	N
Toffee Fudge Iced White Chocolate (coconut milk) Large	414	N	N	N	N	N	N	N	N	N	N	Y	Y	MC	N	N	N	N	N	N
Toffee Fudge Iced White Chocolate (oat milk) Regular	376	N	N	Y	N	N	N	N	N	N	N	MC	Y	N	N	N	N	N	N	N
Toffee Fudge Iced White Chocolate (oat milk) Large	451	N	N	Y	N	N	N	N	N	N	N	MC	Y	N	N	N	N	N	N	N
Toffee Fudge Iced White Chocolate (soya milk) Regular	356	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N
Toffee Fudge Iced White Chocolate (soya milk) Large	428	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N

MATCHA ICED LATTES

Original Iced Matcha Latte (skimmed milk) Medium	83	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Original Iced Matcha Latte (skimmed milk) Large	112	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Original Iced Matcha Latte (whole milk) Medium	108	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Original Iced Matcha Latte (whole milk) Large	146	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Original Iced Matcha Latte (almond milk) Medium	40	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N
Original Iced Matcha Latte (almond milk) Large	55	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N
Original Iced Matcha Latte (coconut milk) Medium	55	N	N	N	N	N	N	N	N	N	N	Y	N	MC	N	N	N	N	N	N
Original Iced Matcha Latte (coconut milk) Large	74	N	N	N	N	N	N	N	N	N	N	Y	N	MC	N	N	N	N	N	N
Original Iced Matcha Latte (oat milk) Medium	80	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Original Iced Matcha Latte (oat milk) Large	108	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Original Iced Matcha Latte (soya milk) Medium	72	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N
Original Iced Matcha Latte (soya milk) Large	97	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N

Product	Kcal	Gluten / Wheat	Gluten / Rye	Gluten / Barley	Gluten / Oats	Gluten / Spelt	Gluten / Kamut	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Celery	Mustard	Sesame Seeds	Sulphur Dioxide/ Sulphites	Lupin	Molluscs
---------	------	----------------	--------------	-----------------	---------------	----------------	----------------	-------------	------	------	---------	------	------	------	--------	---------	--------------	----------------------------	-------	----------

MATCHA ICED LATTES

Vanilla Iced Matcha Latte (skimmed milk) Medium	103	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Vanilla Iced Matcha Latte (skimmed milk) Large	152	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Vanilla Iced Matcha Latte (whole milk) Medium	128	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Vanilla Iced Matcha Latte (whole milk) Large	186	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Vanilla Iced Matcha Latte (almond milk) Medium	60	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N
Vanilla Iced Matcha Latte (almond milk) Large	95	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N
Vanilla Iced Matcha Latte (coconut milk) Medium	75	N	N	N	N	N	N	N	N	N	N	Y	N	MC	N	N	N	N	N	N
Vanilla Iced Matcha Latte (coconut milk) Large	114	N	N	N	N	N	N	N	N	N	N	Y	N	MC	N	N	N	N	N	N
Vanilla Iced Matcha Latte (oat milk) Medium	100	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Vanilla Iced Matcha Latte (oat milk) Large	148	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Vanilla Iced Matcha Latte (soya milk) Medium	92	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N
Vanilla Iced Matcha Latte (soya milk) Large	137	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N
Strawberry Iced Matcha Latte (skimmed milk) Medium	117	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Strawberry Iced Matcha Latte (skimmed milk) Large	179	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Strawberry Iced Matcha Latte (whole milk) Medium	141	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Strawberry Iced Matcha Latte (whole milk) Large	213	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Strawberry Iced Matcha Latte (almond milk) Medium	74	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N
Strawberry Iced Matcha Latte (almond milk) Large	122	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N
Strawberry Iced Matcha Latte (coconut milk) Medium	88	N	N	N	N	N	N	N	N	N	N	Y	N	MC	N	N	N	N	N	N
Strawberry Iced Matcha Latte (coconut milk) Large	141	N	N	N	N	N	N	N	N	N	N	Y	N	MC	N	N	N	N	N	N
Strawberry Iced Matcha Latte (oat milk) Medium	113	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Strawberry Iced Matcha Latte (oat milk) Large	175	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Strawberry Iced Matcha Latte (soya milk) Medium	105	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N
Strawberry Iced Matcha Latte (soya milk) Large	164	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N

Over Ice

Matcha Iced Lattes

Creamy Frappes

Fruit Smoothies

Milkshakes

Iced Teas

Iced Lemonades

Bubble Lemonades

Product	Kcal	Gluten / Wheat	Gluten / Rye	Gluten / Barley	Gluten / Oats	Gluten / Spelt	Gluten / Kamut	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Celery	Mustard	Sesame Seeds	Sulphur Dioxide/ Sulphites	Lupin	Molluscs
---------	------	----------------	--------------	-----------------	---------------	----------------	----------------	-------------	------	------	---------	------	------	------	--------	---------	--------------	----------------------------	-------	----------

MATCHA ICED LATTES

Spiced Apple Iced Matcha Latte (skimmed milk) Medium	187	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Spiced Apple Iced Matcha Latte (skimmed milk) Large	250	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Spiced Apple Iced Matcha Latte (whole milk) Medium	212	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Spiced Apple Iced Matcha Latte (whole milk) Large	284	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Spiced Apple Iced Matcha Latte (almond milk) Medium	144	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N
Spiced Apple Iced Matcha Latte (almond milk) Large	193	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N
Spiced Apple Iced Matcha Latte (coconut milk) Medium	159	N	N	N	N	N	N	N	N	N	N	Y	N	MC	N	N	N	N	N	N
Spiced Apple Iced Matcha Latte (coconut milk) Large	212	N	N	N	N	N	N	N	N	N	N	Y	N	MC	N	N	N	N	N	N
Spiced Apple Iced Matcha Latte (oat milk) Medium	204	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Spiced Apple Iced Matcha Latte (oat milk) Large	274	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Spiced Apple Iced Matcha Latte (soya milk) Medium	176	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N
Spiced Apple Iced Matcha Latte (soya milk) Large	235	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N
Raspberry & White Chocolate Iced Matcha Latte (skimmed milk) Medium	190	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Raspberry & White Chocolate Iced Matcha Latte (skimmed milk) Large	241	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Raspberry & White Chocolate Iced Matcha Latte (whole milk) Medium	215	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Raspberry & White Chocolate Iced Matcha Latte (whole milk) Large	271	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Raspberry & White Chocolate Iced Matcha Latte (almond milk) Medium	147	N	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N
Raspberry & White Chocolate Iced Matcha Latte (almond milk) Large	191	N	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N
Raspberry & White Chocolate Iced Matcha Latte (coconut milk) Medium	162	N	N	N	N	N	N	N	N	N	N	Y	Y	MC	N	N	N	N	N	N
Raspberry & White Chocolate Iced Matcha Latte (coconut milk) Large	205	N	N	N	N	N	N	N	N	N	N	Y	Y	MC	N	N	N	N	N	N
Raspberry & White Chocolate Iced Matcha Latte (oat milk) Medium	207	N	N	Y	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Raspberry & White Chocolate Iced Matcha Latte (oat milk) Large	268	N	N	Y	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Raspberry & White Chocolate Iced Matcha Latte (soya milk) Medium	179	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N
Raspberry & White Chocolate Iced Matcha Latte (soya milk) Large	230	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N

Product	Kcal	Gluten / Wheat	Gluten / Rye	Gluten / Barley	Gluten / Oats	Gluten / Spelt	Gluten / Kamut	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Celery	Mustard	Sesame Seeds	Sulphur Dioxide/ Sulphites	Lupin	Molluscs
---------	------	----------------	--------------	-----------------	---------------	----------------	----------------	-------------	------	------	---------	------	------	------	--------	---------	--------------	----------------------------	-------	----------

CREAMY FRAPPES

Espresso Frappe (skimmed milk) Regular	176	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Espresso Frappe (skimmed milk) Large	199	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Espresso Frappe (whole milk) Regular	200	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Espresso Frappe (whole milk) Large	225	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Triple Chocolate Frappe (skimmed milk) Regular	303	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Triple Chocolate Frappe (skimmed milk) Large	386	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Triple Chocolate Frappe (whole milk) Regular	332	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Triple Chocolate Frappe (whole milk) Large	427	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Dubai Style Chocolate Iced Frappe (skimmed milk) Medium	469	N	N	N	N	N	N	N	N	N	N	Y	Y	Y	N	N	MC	N	N	N
Dubai Style Chocolate Iced Frappe (skimmed milk) Large	579	N	N	N	N	N	N	N	N	N	N	Y	Y	Y	N	N	MC	N	N	N
Dubai Style Chocolate Iced Frappe (whole milk) Medium	485	N	N	N	N	N	N	N	N	N	N	Y	Y	Y	N	N	MC	N	N	N
Dubai Style Chocolate Iced Frappe (whole milk) Large	596	N	N	N	N	N	N	N	N	N	N	Y	Y	Y	N	N	MC	N	N	N
Dubai Style Chocolate Iced Frappe (almond milk) Medium	441	N	N	N	N	N	N	N	N	N	N	Y	Y	Y	N	N	MC	N	N	N
Dubai Style Chocolate Iced Frappe (almond milk) Large	549	N	N	N	N	N	N	N	N	N	N	Y	Y	Y	N	N	MC	N	N	N
Dubai Style Chocolate Iced Frappe (coconut milk) Medium	451	N	N	N	N	N	N	N	N	N	N	Y	Y	Y	N	N	MC	N	N	N
Dubai Style Chocolate Iced Frappe (coconut milk) Large	560	N	N	N	N	N	N	N	N	N	N	Y	Y	Y	N	N	MC	N	N	N
Dubai Style Chocolate Iced Frappe (oat milk) Medium	480	N	N	N	Y	N	N	N	N	N	N	Y	Y	Y	N	N	MC	N	N	N
Dubai Style Chocolate Iced Frappe (oat milk) Large	591	N	N	N	Y	N	N	N	N	N	N	Y	Y	Y	N	N	MC	N	N	N
Dubai Style Chocolate Iced Frappe (soya milk) Medium	461	N	N	N	N	N	N	N	N	N	N	Y	Y	Y	N	N	MC	N	N	N
Dubai Style Chocolate Iced Frappe (soya milk) Large	571	N	N	N	N	N	N	N	N	N	N	Y	Y	Y	N	N	MC	N	N	N

ALLERGY ADVICE - WE DO NOT SERVE ANY FRAPPES WITH DAIRY FREE ALTERNATIVE MILKS

Over Ice

Matcha Iced Lattes

Creamy Frappes

Fruit Smoothies

Milkshakes

Iced Teas

Iced Lemonades

Bubble Lemonades

Product	Kcal	Gluten / Wheat	Gluten / Rye	Gluten / Barley	Gluten / Oats	Gluten / Spelt	Gluten / Kamut	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Celery	Mustard	Sesame Seeds	Sulphur Dioxide/ Sulphites	Lupin	Molluscs
---------	------	----------------	--------------	-----------------	---------------	----------------	----------------	-------------	------	------	---------	------	------	------	--------	---------	--------------	----------------------------	-------	----------

CREAMY FRAPPES

Popcorn Frappe (skimmed milk) Medium	357	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Popcorn Frappe (skimmed milk) Large	436	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Popcorn Frappe (whole milk) Medium	374	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Popcorn Frappe (whole milk) Large	457	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Popcorn Frappe (almond milk) Medium	327	N	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N
Popcorn Frappe (almond milk) Large	402	N	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N
Popcorn Frappe (coconut milk) Medium	337	N	N	N	N	N	N	N	N	N	N	Y	Y	MC	N	N	N	N	N	N
Popcorn Frappe (coconut milk) Large	413	N	N	N	N	N	N	N	N	N	N	Y	Y	MC	N	N	N	N	N	N
Popcorn Frappe (oat milk) Medium	369	N	N	Y	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Popcorn Frappe (oat milk) Large	450	N	N	Y	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Popcorn Frappe (soya milk) Medium	349	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N
Popcorn Frappe (soya milk) Large	427	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N
Lemon & Raspberry Frappe (skimmed milk) Medium	263	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Lemon & Raspberry Frappe (skimmed milk) Large	480	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Lemon & Raspberry Frappe (whole milk) Medium	280	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Lemon & Raspberry Frappe (whole milk) Large	510	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Lemon & Raspberry Frappe (almond milk) Medium	233	N	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N
Lemon & Raspberry Frappe (almond milk) Large	430	N	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N
Lemon & Raspberry Frappe (coconut milk) Medium	243	N	N	N	N	N	N	N	N	N	N	Y	Y	MC	N	N	N	N	N	N
Lemon & Raspberry Frappe (coconut milk) Large	444	N	N	N	N	N	N	N	N	N	N	Y	Y	MC	N	N	N	N	N	N
Lemon & Raspberry Frappe (oat milk) Medium	275	N	N	Y	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Lemon & Raspberry Frappe (oat milk) Large	507	N	N	Y	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Lemon & Raspberry Frappe (soya milk) Medium	255	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N
Lemon & Raspberry Frappe (soya milk) Large	469	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N

ALLERGY ADVICE - WE DO NOT SERVE ANY FRAPPES WITH DAIRY FREE ALTERNATIVE MILKS

Over Ice

Matcha Iced Lattes

Creamy Frappes

Fruit Smoothies

Milkshakes

Iced Teas

Iced Lemonades

Bubble Lemonades

Product	Kcal	Gluten / Wheat	Gluten / Rye	Gluten / Barley	Gluten / Oats	Gluten / Spelt	Gluten / Kamut	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Celery	Mustard	Sesame Seeds	Sulphur Dioxide/ Sulphites	Lupin	Molluscs
---------	------	----------------	--------------	-----------------	---------------	----------------	----------------	-------------	------	------	---------	------	------	------	--------	---------	--------------	----------------------------	-------	----------

FRUIT SMOOTHIES

Strawberry & Banana Smoothie Regular	177	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Strawberry & Banana Smoothie Large	197	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Mango Pineapple & Passionfruit Regular	179	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Mango Pineapple & Passionfruit Large	199	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Super Berry Smoothie Regular	192	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Super Berry Smoothie Large	212	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N

MILKSHAKES

Banoffee Milkshake (skimmed milk) Medium	350	N	N	N	N	N	N	N	N	N	N	MC	Y	N	N	N	N	N	N	N
Banoffee Milkshake (skimmed milk) Large	459	N	N	N	N	N	N	N	N	N	N	MC	Y	N	N	N	N	N	N	N
Banoffee Milkshake (whole milk) Medium	366	N	N	N	N	N	N	N	N	N	N	MC	Y	N	N	N	N	N	N	N
Banoffee Milkshake (whole milk) Large	476	N	N	N	N	N	N	N	N	N	N	MC	Y	N	N	N	N	N	N	N
Banoffee Milkshake (almond milk) Medium	322	N	N	N	N	N	N	N	N	N	N	MC	Y	Y	N	N	N	N	N	N
Banoffee Milkshake (almond milk) Large	429	N	N	N	N	N	N	N	N	N	N	MC	Y	Y	N	N	N	N	N	N
Banoffee Milkshake (coconut milk) Medium	332	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N
Banoffee Milkshake (coconut milk) Large	440	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N
Banoffee Milkshake (oat milk) Medium	361	N	N	N	Y	N	N	N	N	N	N	MC	Y	N	N	N	N	N	N	N
Banoffee Milkshake (oat milk) Large	468	N	N	N	Y	N	N	N	N	N	N	MC	Y	N	N	N	N	N	N	N
Banoffee Milkshake (soya milk) Medium	342	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N
Banoffee Milkshake (soya milk) Large	448	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N

ALLERGY ADVICE - WE DO NOT SERVE ANY MILKSHAKES WITH DAIRY FREE ALTERNATIVE MILKS

Product	Kcal	Gluten / Wheat	Gluten / Rye	Gluten / Barley	Gluten / Oats	Gluten / Spelt	Gluten / Kamut	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Celery	Mustard	Sesame Seeds	Sulphur Dioxide/ Sulphites	Lupin	Molluscs
---------	------	----------------	--------------	-----------------	---------------	----------------	----------------	-------------	------	------	---------	------	------	------	--------	---------	--------------	----------------------------	-------	----------

MILKSHAKES

Strawberry Milkshake (skimmed milk) Medium	318	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Strawberry Milkshake (skimmed milk) Large	420	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Strawberry Milkshake (whole milk) Medium	334	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Strawberry Milkshake (whole milk) Large	437	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Strawberry Milkshake (almond milk) Medium	290	N	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N
Strawberry Milkshake (almond milk) Large	390	N	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N
Strawberry Milkshake (coconut milk) Medium	300	N	N	N	N	N	N	N	N	N	N	Y	Y	MC	N	N	N	N	N	N
Strawberry Milkshake (coconut milk) Large	401	N	N	N	N	N	N	N	N	N	N	Y	Y	MC	N	N	N	N	N	N
Strawberry Milkshake (oat milk) Medium	329	N	N	N	Y	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Strawberry Milkshake (oat milk) Large	432	N	N	N	Y	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Strawberry Milkshake (soya milk) Medium	310	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N
Strawberry Milkshake (soya milk) Large	412	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N
Vanilla Milkshake (skimmed milk) Medium	281	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Vanilla Milkshake (skimmed milk) Large	378	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Vanilla Milkshake (whole milk) Medium	297	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Vanilla Milkshake (whole milk) Large	395	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Vanilla Milkshake (almond milk) Medium	253	N	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N
Vanilla Milkshake (almond milk) Large	348	N	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N
Vanilla Milkshake (coconut milk) Medium	263	N	N	N	N	N	N	N	N	N	N	Y	Y	MC	N	N	N	N	N	N
Vanilla Milkshake (coconut milk) Large	359	N	N	N	N	N	N	N	N	N	N	Y	Y	MC	N	N	N	N	N	N
Vanilla Milkshake (oat milk) Medium	292	N	N	N	Y	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Vanilla Milkshake (oat milk) Large	390	N	N	N	Y	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Vanilla Milkshake (soya milk) Medium	273	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N
Vanilla Milkshake (soya milk) Large	370	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N

ALLERGY ADVICE - WE DO NOT SERVE ANY MILKSHAKES WITH DAIRY FREE ALTERNATIVE MILKS

Product	Kcal	Gluten / Wheat	Gluten / Rye	Gluten / Barley	Gluten / Oats	Gluten / Spelt	Gluten / Kamut	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Celery	Mustard	Sesame Seeds	Sulphur Dioxide/ Sulphites	Lupin	Molluscs
---------	------	----------------	--------------	-----------------	---------------	----------------	----------------	-------------	------	------	---------	------	------	------	--------	---------	--------------	-------------------------------	-------	----------

MILKSHAKES

Chocolate Milkshake (skimmed milk) Medium	401	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N
Chocolate Milkshake (skimmed milk) Large	479	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N
Chocolate Milkshake (whole milk) Medium	417	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N
Chocolate Milkshake (whole milk) Large	496	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N
Chocolate Milkshake (almond milk) Medium	373	N	N	N	N	N	N	N	N	N	N	Y	Y	Y	N	N	N	N	N	N
Chocolate Milkshake (almond milk) Large	449	N	N	N	N	N	N	N	N	N	N	Y	Y	Y	N	N	N	N	N	N
Chocolate Milkshake (coconut milk) Medium	383	N	N	N	N	N	N	N	N	N	N	Y	Y	MC	N	N	N	N	N	N
Chocolate Milkshake (coconut milk) Large	460	N	N	N	N	N	N	N	N	N	N	Y	Y	MC	N	N	N	N	N	N
Chocolate Milkshake (oat milk) Medium	412	N	N	N	Y	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N
Chocolate Milkshake (oat milk) Large	485	N	N	N	Y	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N
Chocolate Milkshake (soya milk) Medium	393	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N
Chocolate Milkshake (soya milk) Large	477	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N

ALLERGY ADVICE - WE DO NOT SERVE ANY MILKSHAKES WITH DAIRY FREE ALTERNATIVE MILKS

Over Ice	Matcha Iced Lattes	Creamy Frappes	Fruit Smoothies	Milkshakes	Iced Teas	Iced Lemonades	Bubble Lemonades
----------	--------------------	----------------	-----------------	------------	-----------	----------------	------------------

Product	Kcal	Gluten / Wheat	Gluten / Rye	Gluten / Barley	Gluten / Oats	Gluten / Spelt	Gluten / Kamut	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Celery	Mustard	Sesame Seeds	Sulphur Dioxide/ Sulphites	Lupin	Molluscs
---------	------	----------------	--------------	-----------------	---------------	----------------	----------------	-------------	------	------	---------	------	------	------	--------	---------	--------------	----------------------------	-------	----------

ICED TEAS

Green Tea & Peach Iced Tea Regular	88	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Green Tea & Peach Iced Tea Large	131	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Lemon Iced Tea Regular	58	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Lemon Iced Tea Large	87	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N

ICED LEMONADES

Pineapple Iced Lemonade Medium	117	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Pineapple Iced Lemonade Large	153	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Traditional Lemonade Regular	77	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Traditional Lemonade Large	102	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Passionfruit Iced Lemonade Regular	102	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Passionfruit Iced Lemonade Large	124	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Iced Raspberry Matcha Lemonade Regular	139	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Iced Raspberry Matcha Lemonade Large	185	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N

BUBBLE LEMONADES

Mango & Passionfruit Bubble Lemonade Regular	284	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Mango & Passionfruit Bubble Lemonade Large	337	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Cloudy Strawberry Bubble Lemonade Regular	316	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Cloudy Strawberry Bubble Lemonade Large	362	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Tropical Cooler with mixed bubbles Regular	166	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	Y	N	N
Tropical Cooler with mixed bubbles Large	207	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	Y	N	N

Ice Cream

Product	Kcal (Per 100g)	Gluten / Wheat	Gluten / Rye	Gluten / Barley	Gluten / Oats	Gluten / Spelt	Gluten / Kamut	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Celery	Mustard	Sesame Seeds	Sulphur Dioxide/ Sulphites	Lupin	Molluscs
---------	-----------------	----------------	--------------	-----------------	---------------	----------------	----------------	-------------	------	------	---------	------	------	------	--------	---------	--------------	-------------------------------	-------	----------

ICE CREAM

Strawberry Ice Cream		N	N	N	N	N	N	N	Y	N	N	N	Y	N	N	N	N	N	N	N
Mint Chocolate Ice Cream		N	N	N	N	N	N	N	Y	N	N	Y	Y	N	N	N	N	N	N	N
Bourbon Vanilla Ice Cream		N	N	N	N	N	N	N	Y	N	N	N	Y	N	N	N	N	N	N	N
Cookies & Cream Ice Cream		Y	N	N	N	N	N	N	Y	N	N	Y	Y	N	N	N	N	N	N	N
Double Chocoalte Ice Cream		N	N	N	N	N	N	N	Y	N	N	Y	Y	N	N	N	N	N	N	N
Honeycombe Ice Cream		N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Raspberry Sorbet		N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N

ICE CREAM EXTRAS

Waffle Cone Small		Y	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N
-------------------	--	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---

Sugars & Condiments

Extras

Product	Kcal	Gluten / Wheat	Gluten / Rye	Gluten / Barley	Gluten / Oats	Gluten / Spelt	Gluten / Kamut	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Celery	Mustard	Sesame Seeds	Sulphur Dioxide/ Sulphites	Lupin	Molluscs
---------	------	----------------	--------------	-----------------	---------------	----------------	----------------	-------------	------	------	---------	------	------	------	--------	---------	--------------	-------------------------------	-------	----------

SUGARS & CONDIMENTS

White Sugar Sticks		N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Brown Sugar Sticks		N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Canderel Sweetner		N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Pepper Sachet		N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Salt Sachet		N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N

EXTRAS

Mayonnaise Sachets		N	N	N	N	N	N	N	Y	N	N	N	N	N	N	Y	N	N	N	N
Tomato Ketchup Sachets		N	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N
Brown Sauce Sachets		Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Strawberry Jam		N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Butter Portions		N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N