

BAKERS + BARISTAS

Muffins

>

Sweet Treats

>

Savoury

>

Hot Drinks

>

Chilled Drinks

>

Ice Cream

>

Extras

>

Nutrition & Allergen Guide

United Kingdom
Autumn 2025

This guide will provide nutritional and allergen information for core products. Please ensure you take extra care to identify all the possible allergens present in our products, if you require support please ask a member of our team.

PLEASE BE AWARE WE HANDLE ALL ALLERGENS IN OUR KITCHENS AND CANNOT GUARANTEE AN ALLERGEN FREE ENVIRONMENT.

ANY PRODUCTS MADE AND SERVED FRESH IN OUR STORES MAY CONTAIN ALLERGENS NOT LISTED BELOW.

THE ALLERGENS LISTED BELOW ARE THOSE CONTAINED IN THE INGREDIENTS TO THE RECIPE.

If the product you are interested in is not listing within this guide, please speak to a store member or email customercare@bakersbaristas.com for more information.

For prepackaged food and drink, the allergen information is provided on the packaging labels in-store.

This information is updated regularly to reflect our procedures instore and seasonal product range.

Please make sure you are referencing the most up-to-date guide.

Please check at <https://www.bakersbaristas.com/allergen-information/> for the most up to date information.

Within this booklet it will provide information on the following 14 allergens:

- **Cereals containing gluten** (such as Barley, Kamut, Oats, Rye, Spelt, Wheat)
- **Crustaceans** (such as prawns, crabs and lobsters)
- **Eggs**
- **Fish**
- **Lupin**
- **Milk**
- **Celery,**
- **Molluscs** (such as mussels and oysters),
- **Mustard**
- **Peanuts**
- **Sesame**
- **Soybeans** (Soya)
- **Sulphur Dioxide and Sulphites** (if the sulphur dioxide and sulphites are at a concentration of more than ten parts per million)
- **Tree nuts** (such as almonds, hazelnuts, walnuts, brazil nuts, cashews, pecans, pistachios and macadamia nuts).

Product	Kcal	Gluten / Wheat	Gluten / Rye	Gluten / Barley	Gluten / Oats	Gluten / Spelt	Gluten / Kamut	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Celery	Mustard	Sesame Seeds	Sulphur Dioxide/ Sulphites	Lupin	Molluscs
---------	------	----------------	--------------	-----------------	---------------	----------------	----------------	-------------	------	------	---------	------	------	------	--------	---------	--------------	-------------------------------	-------	----------

CLASSIC MUFFINS

Sticky Toffee Muffin	628	Y	N	N	N	N	N	N	Y	N	N	N	Y	MC	N	N	N	Y	N	N
Polka Dot Muffin	602	Y	N	N	N	N	N	N	Y	N	N	N	Y	MC	N	N	N	Y	N	N
Chocolate Chunk Muffin	554	Y	N	N	N	N	N	N	Y	N	N	Y	Y	MC	N	N	N	N	N	N
Double Chocolate Muffin	639	Y	N	Y	N	N	N	N	Y	N	N	Y	Y	MC	N	N	N	N	N	N
Double Chocolate Butterfly Muffin	699	Y	N	N	N	N	N	N	Y	N	N	Y	Y	MC	N	N	N	N	N	N
Raspberry & Apple Crumble Muffin	451	Y	N	N	N	N	N	N	Y	N	N	Y	Y	MC	N	N	N	N	N	N
Apple & Cinnamon Muffin	433	Y	N	N	N	N	N	N	Y	N	N	N	Y	MC	N	N	N	N	N	N
Blueberry Muffin - Crème	446	Y	N	N	N	N	N	N	Y	N	N	N	Y	MC	N	N	N	N	N	N
Double Chocolate and Strawberry Muffin	627	Y	N	N	N	N	N	N	Y	N	N	Y	Y	MC	N	N	N	N	N	N
Cappuccino Muffin	667	Y	N	N	N	N	N	N	Y	N	N	Y	Y	MC	N	N	N	Y	N	N

LIMITED EDITION MUFFINS

Popcorn Muffin	770	Y	MC	MC	MC	N	N	N	Y	N	N	Y	Y	N	N	N	N	Y	N	N
Chocolate & Hazelnut Muffin	753	Y	MC	MC	MC	N	N	N	Y	N	MC	Y	Y	Y	N	N	N	N	N	N
Cookie Monster Muffin	678	Y	MC	MC	MC	N	N	N	Y	N	N	Y	Y	MC	N	N	N	N	N	N

DELUXE MUFFINS

Victoria Sponge Muffin	698	Y	N	N	N	N	N	N	Y	N	N	Y	Y	MC	N	N	N	N	N	N
Spiced Apple & Pear Crumble Muffin	547	Y	MC	MC	MC	N	N	N	Y	N	N	Y	Y	N	N	N	N	Y	N	N

MADE WITHOUT GLUTEN MUFFINS

Blueberry Muffin This product is made in a kitchen containing Gluten, we cannot guarantee it is suitable for Coeliac's	503	N	N	N	N	N	N	N	Y	N	N	Y	Y	MC	N	N	N	N	N	N
Berry Pavlova Muffin This product is made in a kitchen containing Gluten, we cannot guarantee it is suitable for Coeliac's	579	MC	MC	MC	MC	N	N	N	Y	N	N	Y	Y	N	N	N	N	N	N	N

VEGAN MUFFINS

Lemon & Raspberry Vegan Muffin	532	Y	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N
--------------------------------	-----	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---

MINI MUFFINS

Chocolate Mini Muffin - No Topping	101	Y	N	N	N	N	N	N	Y	N	N	Y	Y	N	N	N	N	N	N	N
Crème Mini Muffin - No Topping	106	Y	N	N	N	N	N	N	Y	N	N	N	Y	N	N	N	N	N	N	N

Cupcakes	Cookies	Scones	Pastries	Sliced Cakes	Traybakes	Teacakes	Savoury Slices
----------	---------	--------	----------	--------------	-----------	----------	----------------

Product	Kcal	Gluten / Wheat	Gluten / Rye	Gluten / Barley	Gluten / Oats	Gluten / Spelt	Gluten / Kamut	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Celery	Mustard	Sesame Seeds	Sulphur Dioxide/ Sulphites	Lupin	Molluscs
---------	------	----------------	--------------	-----------------	---------------	----------------	----------------	-------------	------	------	---------	------	------	------	--------	---------	--------------	----------------------------	-------	----------

CUPCAKES

Lemon Cupcake	256	MC	MC	MC	MC	N	N	N	Y	N	N	MC	Y	N	N	N	N	N	N	N
Vanilla Cupcake	321	MC	MC	MC	MC	N	N	N	Y	N	N	Y	Y	N	N	N	N	N	N	N
Triple Chocolate Cupcake	320	Y	MC	MC	MC	N	N	N	Y	N	N	Y	Y	N	N	N	N	N	N	N

COOKIES

White belgian Chocolate Chunk & Raspberry Cookie	335	Y	N	N	N	N	N	N	Y	N	N	Y	Y	N	N	N	N	N	N	N
Belgian Chocolate Cookie	330	Y	N	N	N	N	N	N	Y	N	N	Y	Y	N	N	N	N	N	N	N
Double Chocolate Belgian Cookie	336	Y	N	N	N	N	N	N	Y	N	N	Y	Y	N	N	N	N	N	N	N
Belgian White Chocolate Cookie	378	Y	N	N	N	N	N	N	Y	N	N	Y	Y	MC	N	N	N	N	N	N
Belgian Triple Chocolate Cookie	362	Y	N	N	N	N	N	N	Y	N	N	Y	Y	MC	N	N	N	N	N	N

DONUTS

Strawberry Sprinkle Donut	296	Y	N	N	N	N	N	N	Y	N	MC	Y	Y	MC	N	N	N	N	N	N
Triple Chocolate Donut	319	Y	N	N	N	N	N	N	Y	N	MC	Y	Y	MC	N	N	N	N	N	N

SCONES

Fruit Scone	520	Y	N	N	N	N	N	N	Y	N	N	N	Y	MC	N	N	N	N	N	N
Plain Scone	450	Y	N	N	N	N	N	N	Y	N	N	N	Y	MC	N	N	N	N	N	N
New Bakers Scones - Fruit	463	Y	MC	N	MC	N	N	N	Y	N	N	MC	Y	MC	N	MC	MC	N	N	N
New Bakers Scones - Plain	436	Y	MC	N	MC	N	N	N	Y	N	N	MC	Y	MC	N	MC	MC	N	N	N
New Bakers Scones - Cheese	350	Y	MC	N	MC	N	N	N	Y	N	N	MC	Y	MC	N	MC	MC	N	N	N
Tiptree Strawberry Jam 28g	76	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N

PASTRIES

Strawberries & Cream Filled Croissant	554	Y	MC	MC	MC	N	N	N	Y	N	N	MC	Y	MC	N	N	N	N	N	N
Almond Croissant	338	Y	N	N	N	N	N	N	Y	N	N	N	Y	Y	N	N	N	N	N	N
Croissant	355	Y	N	N	N	N	N	N	Y	N	N	N	Y	MC	N	N	N	N	N	N
Pain au Raisin	337	Y	N	N	N	N	N	N	Y	N	MC	MC	Y	MC	N	N	N	N	N	N
Chocolate Twist	269	Y	N	N	N	N	N	N	Y	N	N	Y	Y	MC	N	N	N	N	N	N
Cinnamon Swirl	382	Y	N	N	N	N	N	N	Y	N	N	N	Y	MC	N	N	N	N	N	N

Product	Kcal	Gluten / Wheat	Gluten / Rye	Gluten / Barley	Gluten / Oats	Gluten / Spelt	Gluten / Kamut	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Celery	Mustard	Sesame Seeds	Sulphur Dioxide/ Sulphites	Lupin	Molluscs
---------	------	----------------	--------------	-----------------	---------------	----------------	----------------	-------------	------	------	---------	------	------	------	--------	---------	--------------	----------------------------	-------	----------

SLICED CAKES

Bakers Raspberry Victoria Sponge	281	Y	N	N	N	N	N	N	Y	N	N	MC	Y	N	N	N	N	Y	N	N
Victoria Sponge Cake	561	Y	N	N	N	N	N	N	Y	N	MC	N	Y	MC	N	N	N	N	N	N
Gluten Free - Triple Chocolate Fudge Cake	455	N	N	N	N	N	N	N	Y	N	N	Y	Y	MC	N	N	N	N	N	N
Red Velvet Cake	760	Y	N	N	N	N	N	N	Y	N	N	Y	Y	MC	N	N	N	N	N	N
Lemon Drizzle Cake	156	N	N	N	N	N	N	N	Y	N	N	N	Y	MC	N	N	N	N	N	N
Bakers Chocolate Fudge Cake	491	Y	N	N	N	N	N	N	MC	N	N	Y	MC	N	N	N	N	Y	N	N
Carrot Cake	438	Y	N	N	N	N	N	N	Y	N	N	Y	Y	Y	N	N	N	N	N	N

CAKE POPS

Vanilla Cake Pop	157	Y	N	N	N	N	N	N	Y	MC	N	Y	Y	MC	N	N	N	N	N	N
Strawberry Cake Pop	153	Y	N	N	N	N	N	N	Y	N	N	Y	Y	MC	N	N	N	Y	N	N
Chocolate Cake Pop	141	Y	N	N	N	N	N	N	Y	N	N	Y	Y	MC	N	N	N	N	N	N

TRAYBAKES

Rasbperry & Coconut Traybake	357	Y	N	N	N	N	N	N	Y	N	N	N	Y	MC	N	N	N	N	N	N
Millionaires Caramel Shortcake (460071)	422	Y	N	N	N	N	N	N	N	N	N	Y	Y	MC	N	N	N	N	N	N
Millionaires Caramel Shortcake (3850)	315	Y	N	N	N	N	N	N	Y	N	N	Y	Y	MC	N	N	N	N	N	N
Chocolate Brownie Traybake	295	Y	N	N	N	N	N	N	Y	N	N	Y	MC	MC	N	N	N	N	N	N
We Love Cake Chocolate Pecan Brownies	280	N	N	N	N	N	N	N	Y	N	MC	N	N	Y	N	N	N	N	N	N

TEACAKES

Teacake	251	Y	N	N	N	N	N	N	N	N	N	N	N	MC	N	N	MC	N	N	N
---------	-----	---	---	---	---	---	---	---	---	---	---	---	---	----	---	---	----	---	---	---

Fresh Baps

Baguettes

Bagels

Flatbread

Toasties

Paninis

Bloomers

Wraps

Croissants

Toast

Savoury Slices

Sausage Rolls

Soap

Product	Kcal	Gluten / Wheat	Gluten / Rye	Gluten / Barley	Gluten / Oats	Gluten / Spelt	Gluten / Kamut	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Celery	Mustard	Sesame Seeds	Sulphur Dioxide/ Sulphites	Lupin	Molluscs
---------	------	----------------	--------------	-----------------	---------------	----------------	----------------	-------------	------	------	---------	------	------	------	--------	---------	--------------	----------------------------	-------	----------

FRESH BAPS

Sausage Brioche Bap	475	Y	MC	MC	MC	N	N	N	Y	N	N	MC	Y	N	N	N	MC	N	N	N
Bacon Brioche Bap	402	Y	MC	MC	MC	N	N	N	Y	N	N	MC	Y	N	N	N	MC	N	N	N

BAGUETTES

Sweet Chilli Chicken & Cheese Baguette	650	Y	N	MC	N	N	N	N	Y	N	N	N	Y	MC	N	N	MC	N	N	N
Ham & Cheddar Cheese White Baguette	523	Y	N	MC	N	N	N	N	N	N	N	N	Y	N	N	N	MC	N	N	N
Tuna Mayonnaise & Rocket Malted Wheat Baguette	469	Y	N	Y	N	N	N	N	Y	Y	N	N	N	N	N	N	MC	N	N	N

ITALIAN FLATBREADS

BBQ Pulled Pork, Cheese, Rocket & Red Onion Flatbread	509	Y	Y	MC	N	N	N	MC	MC	MC	N	MC	Y	N	N	MC	N	MC	N	N
Chargrilled Roasted Veg, with Chilli Jam and Soft Cheese Flatbread	430	Y	Y	N	N	N	N	N	MC	N	N	N	Y	MC	N	N	N	N	N	N
Ham Hock & Grated Cheese	549	Y	Y	N	N	N	N	N	Y	N	N	N	Y	N	N	N	N	N	N	N
Mozzarella, Tomato & Pesto	452	Y	Y	N	N	N	N	N	MC	N	MC	Y	Y	Y	N	N	N	N	N	N

BAGELS

Smoked Salmon, Cream Cheese & Tartare Sauce Bagel	443	Y	Y	Y	N	N	N	N	Y	Y	N	N	Y	N	N	Y	MC	N	N	N
---	-----	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	----	---	---	---

TOASTIES

Cheddar Cheese & Red Onion Toastie	577	Y	N	MC	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N
Grilled Cheese Toastie	595	Y	N	MC	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N
Ham & Cheddar Cheese Toastie	470	Y	N	MC	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N
Cheddar Cheese & Tomato Toastie	560	Y	N	MC	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N

- Fresh Baps
- Baguettes
- Bagels
- Flatbread
- Toasties
- Paninis
- Bloomers
- Wraps
- Croissants
- Toast
- Savoury Slices
- Sausage Rolls
- Soap

Product	Kcal	Gluten / Wheat	Gluten / Rye	Gluten / Barley	Gluten / Oats	Gluten / Spelt	Gluten / Kamut	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Celery	Mustard	Sesame Seeds	Sulphur Dioxide/ Sulphites	Lupin	Molluscs
---------	------	----------------	--------------	-----------------	---------------	----------------	----------------	-------------	------	------	---------	------	------	------	--------	---------	--------------	----------------------------	-------	----------

PANINIS

Katsu Chicken , Cheese & Red Onion Panini	644	Y	N	N	N	N	N	N	Y	N	N	Y	Y	N	N	N	MC	N	N	N
Tuna Melt Panini	567	Y	N	N	N	N	N	N	Y	Y	N	N	Y	N	N	N	MC	N	N	N
Ham & Cheddar Cheese Panini	504	Y	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	MC	N	N	N

BLOOMER SANDWICHES

Egg Mayonnaise & Cress Bloomer Sandwich	392	Y	N	MC	N	N	N	N	Y	N	N	Y	N	N	N	N	N	N	N	N
Double Cheese & Onion with Rocket Bloomer Sandwich	404	Y	N	MC	N	N	N	N	Y	N	N	Y	Y	N	N	MC	N	MC	N	N

WRAPS

Chicken Fajita Hot Wrap	378	Y	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
-------------------------	-----	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---

FILLED CROISSANTS

Cheddar Cheese & Tomato Croissant	440	Y	N	N	N	N	N	N	Y	N	N	MC	Y	MC	N	N	N	N	N	N
Ham & Cheddar Cheese Croissant	480	Y	N	N	N	N	N	N	Y	N	N	MC	Y	MC	N	N	N	N	N	N

Fresh Baps

Baguettes

Bagels

Flatbread

Toasties

Paninis

Bloomers

Wraps

Croissants

Toast

Savoury Slices

Sausage Rolls

Soap

Product	Kcal	Gluten / Wheat	Gluten / Rye	Gluten / Barley	Gluten / Oats	Gluten / Spelt	Gluten / Kamut	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Celery	Mustard	Sesame Seeds	Sulphur Dioxide/ Sulphites	Lupin	Molluscs
---------	------	----------------	--------------	-----------------	---------------	----------------	----------------	-------------	------	------	---------	------	------	------	--------	---------	--------------	----------------------------	-------	----------

FRESH TOAST

Toast with Butter - white	368	Y	N	MC	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N
---------------------------	-----	---	---	----	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---

SAVOURY SLICES

Steak & Onion Slice	372	Y	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Cheese & Onion Slice	595	Y	N	N	N	N	N	N	N	N	N	Y	Y	N	N	Y	N	Y	N	N
Chicken & Mushroom Slice	549	Y	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	Y	N	N
Traditional Beef & Onion Pasty	554	Y	N	Y	N	N	N	N	N	N	N	Y	Y	MC	N	N	N	N	N	N

SAUSAGE ROLL

Hot Sausage Roll	532	Y	N	N	N	N	N	N	N	N	N	Y	Y	MC	N	N	N	Y	N	N
------------------	-----	---	---	---	---	---	---	---	---	---	---	---	---	----	---	---	---	---	---	---

JACKET POTATOES

Plain with 2 Butter Portions	338	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Plain without Butter	246	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Jacket Potato toppings - toppings do not include calories or allergens for the jacket potato with butter or jacket potato no butter (see above)																				
Grated Cheese - 100g (Portion)	414	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Tuna Mayonnaise - 100g (Portion)	187	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Coleslaw - 100g (Portion)	116	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N
Baked Beans - 100g (Portion)	92	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N

SOUP

Real Carrot & Coriander Soup Pots	206	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Real Leek & Potato Soup Pots	150	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Real Thai Chicken Soup Pots	246	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Real Tomato & Basil Soup Pots	206	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N

Barista Coffee

Chocolate Drinks

Matcha Hot Lattes

Tea

Extras

Product	Kcal	Gluten / Wheat	Gluten / Rye	Gluten / Barley	Gluten / Oats	Gluten / Spelt	Gluten / Kamut	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Celery	Mustard	Sesame Seeds	Sulphur Dioxide/ Sulphites	Lupin	Molluscs
---------	------	----------------	--------------	-----------------	---------------	----------------	----------------	-------------	------	------	---------	------	------	------	--------	---------	--------------	----------------------------	-------	----------

COFFEE

Espresso	0	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Double Espresso	0	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Flat White (skimmed milk) Small	70	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Flat White (whole milk) Small	130	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Flat White (almond milk) Small	25	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N
Flat White (coconut milk) Small	66	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N
Flat White (oat milk) Small	96	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Flat White (soya milk) Small	87	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N
Americano (black) Small	0	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Americano (black) Regular	0	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Americano (black) Large	0	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Americano (white skimmed milk) Small	44	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Americano (white skimmed milk) Regular	44	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Americano (white skimmed milk) Large	44	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Americano (white whole milk) Small	83	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Americano (white whole milk) Regular	83	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Americano (white whole milk) Large	83	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Americano (white almond milk) Small	16	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N
Americano (white almond milk) Regular	16	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N
Americano (white almond milk) Large	16	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N
Americano (white coconut milk) Small	42	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N
Americano (white coconut milk) Regular	42	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N
Americano (white coconut milk) Large	42	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N
Americano (white oat milk) Small	61	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Americano (white oat milk) Regular	61	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Americano (white oat milk) Large	61	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Americano (white soya milk) Small	55	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N
Americano (white soya milk) Regular	55	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N
Americano (white soya milk) Large	55	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N

Barista Coffee

Chocolate Drinks

Matcha Hot Lattes

Tea

Extras

Product	Kcal	Gluten / Wheat	Gluten / Rye	Gluten / Barley	Gluten / Oats	Gluten / Spelt	Gluten / Kamut	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Celery	Mustard	Sesame Seeds	Sulphur Dioxide/ Sulphites	Lupin	Molluscs
---------	------	----------------	--------------	-----------------	---------------	----------------	----------------	-------------	------	------	---------	------	------	------	--------	---------	--------------	----------------------------	-------	----------

COFFEE

Cappuccino (skimmed milk) Small	72	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Cappuccino (skimmed milk) Regular	86	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Cappuccino (skimmed milk) Large	98	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Cappuccino (whole milk) Small	133	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Cappuccino (whole milk) Regular	158	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Cappuccino (whole milk) Large	180	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Cappuccino No Chocolate Sprinkles (almond milk) Small	27	N	N	N	N	N	N	N	N	N	N	N	N*	Y	N	N	N	N	N	N
Cappuccino No Chocolate Sprinkles (almond milk) Regular	31	N	N	N	N	N	N	N	N	N	N	N	N*	Y	N	N	N	N	N	N
Cappuccino No Chocolate Sprinkles (almond milk) Large	36	N	N	N	N	N	N	N	N	N	N	N	N*	Y	N	N	N	N	N	N
Cappuccino No Chocolate Sprinkles (coconut milk) Small	68	N	N	N	N	N	N	N	N	N	N	Y	N*	N	N	N	N	N	N	N
Cappuccino No Chocolate Sprinkles (coconut milk) Regular	81	N	N	N	N	N	N	N	N	N	N	Y	N*	N	N	N	N	N	N	N
Cappuccino No Chocolate Sprinkles (coconut milk) Large	92	N	N	N	N	N	N	N	N	N	N	Y	N*	N	N	N	N	N	N	N
Cappuccino No Chocolate Sprinkles (oat milk) Small	98	N	N	N	Y	N	N	N	N	N	N	N	N*	N	N	N	N	N	N	N
Cappuccino No Chocolate Sprinkles (oat milk) Regular	117	N	N	N	Y	N	N	N	N	N	N	N	N*	N	N	N	N	N	N	N
Cappuccino No Chocolate Sprinkles (oat milk) Large	133	N	N	N	Y	N	N	N	N	N	N	N	N*	N	N	N	N	N	N	N
Cappuccino No Chocolate Sprinkles (soya milk) Small	89	N	N	N	N	N	N	N	N	N	N	Y	N*	N	N	N	N	N	N	N
Cappuccino No Chocolate Sprinkles (soya milk) Regular	106	N	N	N	N	N	N	N	N	N	N	Y	N*	N	N	N	N	N	N	N
Cappuccino No Chocolate Sprinkles (soya milk) Large	121	N	N	N	N	N	N	N	N	N	N	Y	N*	N	N	N	N	N	N	N

*ALLERGY ADVICE - PLEASE NOTE: OUR HOT CHOCOLATE POWDER USED FOR SPRINKLES CONTAIN MILK

Barista Coffee

Chocolate Drinks

Matcha Hot Lattes

Tea

Extras

Product	Kcal	Gluten / Wheat	Gluten / Rye	Gluten / Barley	Gluten / Oats	Gluten / Spelt	Gluten / Kamut	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Celery	Mustard	Sesame Seeds	Sulphur Dioxide/ Sulphites	Lupin	Molluscs
---------	------	----------------	--------------	-----------------	---------------	----------------	----------------	-------------	------	------	---------	------	------	------	--------	---------	--------------	----------------------------	-------	----------

COFFEE

Latte (skimmed milk) Regular	84	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Latte (skimmed milk) Large	95	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Latte (whole milk) Regular	156	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Latte (whole milk) Large	178	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Latte (almond milk) Regular	29	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N
Latte (almond milk) Large	34	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N
Latte (coconut milk) Regular	79	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N
Latte (coconut milk) Large	90	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N
Latte (oat milk) Regular	115	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Latte (oat milk) Large	131	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Latte (soya milk) Regular	104	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N
Latte (soya milk) Large	119	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N
Salted Caramel Latte (skimmed milk) Regular	137	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Salted Caramel Latte (skimmed milk) Large	209	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Salted Caramel Latte (whole milk) Regular	205	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Salted Caramel Latte (whole milk) Large	314	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Salted Caramel Latte (almond milk) Regular	91	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N
Salted Caramel Latte (almond milk) Large	137	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N
Salted Caramel Latte (coconut milk) Regular	135	N	N	N	N	N	N	N	N	N	N	Y	N	MC	N	N	N	N	N	N
Salted Caramel Latte (coconut milk) Large	205	N	N	N	N	N	N	N	N	N	N	Y	N	MC	N	N	N	N	N	N
Salted Caramel Latte (oat milk) Regular	167	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Salted Caramel Latte (oat milk) Large	255	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Salted Caramel Latte (soya milk) Regular	157	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N
Salted Caramel Latte (soya milk) Large	240	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N

Barista Coffee

Chocolate Drinks

Matcha Hot Lattes

Tea

Extras

Product	Kcal	Gluten / Wheat	Gluten / Rye	Gluten / Barley	Gluten / Oats	Gluten / Spelt	Gluten / Kamut	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Celery	Mustard	Sesame Seeds	Sulphur Dioxide/ Sulphites	Lupin	Molluscs
---------	------	----------------	--------------	-----------------	---------------	----------------	----------------	-------------	------	------	---------	------	------	------	--------	---------	--------------	----------------------------	-------	----------

COFFEE

Pumpkin Spiced Latte (skimmed milk) Regular	204	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Pumpkin Spiced Latte (skimmed milk) Large	277	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Pumpkin Spiced Latte (whole milk) Regular	252	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Pumpkin Spiced Latte (whole milk) Large	333	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Pumpkin Spiced Latte (almond milk) Regular	174	N	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N
Pumpkin Spiced Latte (almond milk) Large	231	N	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N
Pumpkin Spiced Latte (coconut milk) Regular	204	N	N	N	N	N	N	N	N	N	N	Y	Y	MC	N	N	N	N	N	N
Pumpkin Spiced Latte (coconut milk) Large	271	N	N	N	N	N	N	N	N	N	N	Y	Y	MC	N	N	N	N	N	N
Pumpkin Spiced Latte (oat milk) Regular	226	N	N	Y	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Pumpkin Spiced Latte (oat milk) Large	299	N	N	Y	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Pumpkin Spiced Latte (soya milk) Regular	219	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N
Pumpkin Spiced Latte (soya milk) Large	289	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N
Popcorn Latte (skimmed milk) Regular	253	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Popcorn Latte (skimmed milk) Large	332	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Popcorn Latte (whole milk) Regular	295	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Popcorn Latte (whole milk) Large	388	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Popcorn Latte (almond milk) Regular	219	N	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N
Popcorn Latte (almond milk) Large	286	N	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N
Popcorn Latte (coconut milk) Regular	249	N	N	N	N	N	N	N	N	N	N	Y	Y	MC	N	N	N	N	N	N
Popcorn Latte (coconut milk) Large	326	N	N	N	N	N	N	N	N	N	N	Y	Y	MC	N	N	N	N	N	N
Popcorn Latte (oat milk) Regular	270	N	N	Y	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Popcorn Latte (oat milk) Large	354	N	N	Y	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Popcorn Latte (soya milk) Regular	262	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N
Popcorn Latte (soya milk) Large	344	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N

Product	Kcal	Gluten / Wheat	Gluten / Rye	Gluten / Barley	Gluten / Oats	Gluten / Spelt	Gluten / Kamut	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Celery	Mustard	Sesame Seeds	Sulphur Dioxide/ Sulphites	Lupin	Molluscs
---------	------	----------------	--------------	-----------------	---------------	----------------	----------------	-------------	------	------	---------	------	------	------	--------	---------	--------------	----------------------------	-------	----------

CHOCOLATE DRINKS

Hot Chocolate (skimmed milk) Regular	239	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Hot Chocolate (skimmed milk) Large	310	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Hot Chocolate (whole milk) Regular	312	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Hot Chocolate (whole milk) Large	392	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Hot Chocolate (almond milk) Regular	185	N	N	N	N	N	N	N	N	N	N	N	Y*	Y	N	N	N	N	N	N
Hot Chocolate (almond milk) Large	248	N	N	N	N	N	N	N	N	N	N	N	Y*	Y	N	N	N	N	N	N
Hot Chocolate (coconut milk) Regular	235	N	N	N	N	N	N	N	N	N	N	Y	Y*	N	N	N	N	N	N	N
Hot Chocolate (coconut milk) Large	304	N	N	N	N	N	N	N	N	N	N	Y	Y*	N	N	N	N	N	N	N
Hot Chocolate (oat milk) Regular	271	N	N	N	Y	N	N	N	N	N	N	N	Y*	N	N	N	N	N	N	N
Hot Chocolate (oat milk) Large	345	N	N	N	Y	N	N	N	N	N	N	N	Y*	N	N	N	N	N	N	N
Hot Chocolate (soya milk) Regular	260	N	N	N	N	N	N	N	N	N	N	Y	Y*	N	N	N	N	N	N	N
Hot Chocolate (soya milk) Large	333	N	N	N	N	N	N	N	N	N	N	Y	Y*	N	N	N	N	N	N	N
Mocha (skimmed milk) Regular	229	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Mocha (skimmed milk) Large	289	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Mocha (whole milk) Regular	293	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Mocha (whole milk) Large	354	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Mocha (almond milk) Regular	182	N	N	N	N	N	N	N	N	N	N	N	Y*	Y	N	N	N	N	N	N
Mocha (almond milk) Large	241	N	N	N	N	N	N	N	N	N	N	N	Y*	Y	N	N	N	N	N	N
Mocha (coconut milk) Regular	225	N	N	N	N	N	N	N	N	N	N	Y	Y*	N	N	N	N	N	N	N
Mocha (coconut milk) Large	285	N	N	N	N	N	N	N	N	N	N	Y	Y*	N	N	N	N	N	N	N
Mocha (oat milk) Regular	256	N	N	N	Y	N	N	N	N	N	N	N	Y*	N	N	N	N	N	N	N
Mocha (oat milk) Large	317	N	N	N	Y	N	N	N	N	N	N	N	Y*	N	N	N	N	N	N	N
Mocha (soya milk) Regular	247	N	N	N	N	N	N	N	N	N	N	Y	Y*	N	N	N	N	N	N	N
Mocha (soya milk) Large	308	N	N	N	N	N	N	N	N	N	N	Y	Y*	N	N	N	N	N	N	N

*ALLERGY ADVICE - OUR HOT CHOCOLATE POWDER DOES CONTAIN MILK, ANY MILK CHANGES WON'T REMOVE THE ALLERGEN

Product	Kcal	Gluten / Wheat	Gluten / Rye	Gluten / Barley	Gluten / Oats	Gluten / Spelt	Gluten / Kamut	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Celery	Mustard	Sesame Seeds	Sulphur Dioxide/ Sulphites	Lupin	Molluscs
---------	------	----------------	--------------	-----------------	---------------	----------------	----------------	-------------	------	------	---------	------	------	------	--------	---------	--------------	----------------------------	-------	----------

CHOCOLATE DRINKS

Kids Hot Chocolate (skimmed milk)	269	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Kids Hot Chocolate (whole milk)	330	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Kids Hot Chocolate (almond milk)	224	N	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N
Kids Hot Chocolate (coconut milk)	265	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N
Kids Hot Chocolate (oat milk)	295	N	N	N	Y	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Kids Hot Chocolate (soya milk)	286	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N
Kiddiccino (Warm Skimmed Milk)	89	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Kiddiccino (Warm Whole Milk)	149	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Kiddiccino (Warm Almond Milk)	43	N	N	N	N	N	N	N	N	N	N	N	Y*	Y	N	N	N	N	N	N
Kiddiccino (Warm Coconut Milk)	85	N	N	N	N	N	N	N	N	N	N	Y	Y*	N	N	N	N	N	N	N
Kiddiccino (Warm Oat Milk)	114	N	N	N	Y	N	N	N	N	N	N	N	Y*	N	N	N	N	N	N	N
Kiddiccino (Warm Soya Milk)	105	N	N	N	N	N	N	N	N	N	N	Y	Y*	N	N	N	N	N	N	N
Millionaires Hot Chocolate (skimmed milk) Regular	369	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Millionaires Hot Chocolate (skimmed milk) Large	498	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Millionaires Hot Chocolate (whole milk) Regular	413	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Millionaires Hot Chocolate (whole milk) Large	557	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Millionaires Hot Chocolate (almond milk) Regular	336	N	N	N	N	N	N	N	N	N	N	N	Y*	Y	N	N	N	N	N	N
Millionaires Hot Chocolate (almond milk) Large	454	N	N	N	N	N	N	N	N	N	N	N	Y*	Y	N	N	N	N	N	N
Millionaires Hot Chocolate (coconut milk) Regular	366	N	N	N	N	N	N	N	N	N	N	Y	Y*	N	N	N	N	N	N	N
Millionaires Hot Chocolate (coconut milk) Large	494	N	N	N	N	N	N	N	N	N	N	Y	Y*	N	N	N	N	N	N	N
Millionaires Hot Chocolate (oat milk) Regular	388	N	N	N	Y	N	N	N	N	N	N	N	Y*	N	N	N	N	N	N	N
Millionaires Hot Chocolate (oat milk) Large	523	N	N	N	Y	N	N	N	N	N	N	N	Y*	N	N	N	N	N	N	N
Millionaires Hot Chocolate (soya milk) Regular	381	N	N	N	N	N	N	N	N	N	N	Y	Y*	N	N	N	N	N	N	N
Millionaires Hot Chocolate (soya milk) Large	514	N	N	N	N	N	N	N	N	N	N	Y	Y*	N	N	N	N	N	N	N

*ALLERGY ADVICE - OUR HOT CHOCOLATE POWDER DOES CONTAIN MILK, ANY MILK CHANGES WON'T REMOVE THE ALLERGEN

Product	Kcal	Gluten / Wheat	Gluten / Rye	Gluten / Barley	Gluten / Oats	Gluten / Spelt	Gluten / Kamut	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Celery	Mustard	Sesame Seeds	Sulphur Dioxide/ Sulphites	Lupin	Molluscs
---------	------	----------------	--------------	-----------------	---------------	----------------	----------------	-------------	------	------	---------	------	------	------	--------	---------	--------------	----------------------------	-------	----------

CHOCOLATE DRINKS

Dubai Style Chocolate Hot Chocolate (skimmed milk) Medium	360	N	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N
Dubai Style Chocolate Hot Chocolate (skimmed milk) Large	494	N	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N
Dubai Style Chocolate Hot Chocolate (whole milk) Regular	402	N	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N
Dubai Style Chocolate Hot Chocolate (whole milk) Large	557	N	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N
Dubai Style Chocolate Hot Chocolate (almond milk) Medium	320	N	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N
Dubai Style Chocolate Hot Chocolate (almond milk) Large	434	N	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N
Dubai Style Chocolate Hot Chocolate (coconut milk) Medium	352	N	N	N	N	N	N	N	N	N	N	Y	Y	Y	N	N	N	N	N	N
Dubai Style Chocolate Hot Chocolate (coconut milk) Large	482	N	N	N	N	N	N	N	N	N	N	Y	Y	Y	N	N	N	N	N	N
Dubai Style Chocolate Hot Chocolate (oat milk) Medium	395	N	N	N	Y	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N
Dubai Style Chocolate Hot Chocolate (oat milk) Large	547	N	N	N	Y	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N
Dubai Style Chocolate Hot Chocolate (soya milk) Medium	367	N	N	N	N	N	N	N	N	N	N	Y	Y	Y	N	N	N	N	N	N
Dubai Style Chocolate Hot Chocolate (soya milk) Large	505	N	N	N	N	N	N	N	N	N	N	Y	Y	Y	N	N	N	N	N	N
Toffee Fudge White Chocolate Mocha (skimmed milk) Medium	381	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Toffee Fudge White Chocolate Mocha (skimmed milk) Large	463	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Toffee Fudge White Chocolate Mocha (whole milk) Regular	423	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Toffee Fudge White Chocolate Mocha (whole milk) Large	519	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Toffee Fudge White Chocolate Mocha (almond milk) Medium	347	N	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N
Toffee Fudge White Chocolate Mocha (almond milk) Large	417	N	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N
Toffee Fudge White Chocolate Mocha (coconut milk) Medium	377	N	N	N	N	N	N	N	N	N	N	Y	Y	MC	N	N	N	N	N	N
Toffee Fudge White Chocolate Mocha (coconut milk) Large	457	N	N	N	N	N	N	N	N	N	N	Y	Y	MC	N	N	N	N	N	N
Toffee Fudge White Chocolate Mocha (oat milk) Medium	398	N	N	Y	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Toffee Fudge White Chocolate Mocha (oat milk) Large	485	N	N	Y	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Toffee Fudge White Chocolate Mocha (soya milk) Medium	390	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N
Toffee Fudge White Chocolate Mocha (soya milk) Large	475	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N

*ALLERGY ADVICE - OUR HOT CHOCOLATE POWDER DOES CONTAIN MILK, ANY MILK CHANGES WON'T REMOVE THE ALLERGEN

Product	Kcal	Gluten / Wheat	Gluten / Rye	Gluten / Barley	Gluten / Oats	Gluten / Spelt	Gluten / Kamut	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Celery	Mustard	Sesame Seeds	Sulphur Dioxide/ Sulphites	Lupin	Molluscs
---------	------	----------------	--------------	-----------------	---------------	----------------	----------------	-------------	------	------	---------	------	------	------	--------	---------	--------------	-------------------------------	-------	----------

CHOCOLATE DRINKS

Toffee Fudge White Hot Chocolate (skimmed milk) Medium	381	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Toffee Fudge White Hot Chocolate (skimmed milk) Large	431	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Toffee Fudge White Hot Chocolate (whole milk) Regular	423	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Toffee Fudge White Hot Chocolate (whole milk) Large	487	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Toffee Fudge White Hot Chocolate (almond milk) Medium	347	N	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N
Toffee Fudge White Hot Chocolate (almond milk) Large	385	N	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N
Toffee Fudge White Hot Chocolate (coconut milk) Medium	377	N	N	N	N	N	N	N	N	N	N	Y	Y	MC	N	N	N	N	N	N
Toffee Fudge White Hot Chocolate (coconut milk) Large	425	N	N	N	N	N	N	N	N	N	N	Y	Y	MC	N	N	N	N	N	N
Toffee Fudge White Hot Chocolate (oat milk) Medium	398	N	N	Y	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Toffee Fudge White Hot Chocolate (oat milk) Large	453	N	N	Y	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Toffee Fudge White Hot Chocolate (soya milk) Medium	390	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N
Toffee Fudge White Hot Chocolate (soya milk) Large	443	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N

*ALLERGY ADVICE - OUR HOT CHOCOLATE POWDER DOES CONTAIN MILK, ANY MILK CHANGES WON'T REMOVE THE ALLERGEN

Product	Kcal	Gluten / Wheat	Gluten / Rye	Gluten / Barley	Gluten / Oats	Gluten / Spelt	Gluten / Kamut	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Celery	Mustard	Sesame Seeds	Sulphur Dioxide/ Sulphites	Lupin	Molluscs
---------	------	----------------	--------------	-----------------	---------------	----------------	----------------	-------------	------	------	---------	------	------	------	--------	---------	--------------	----------------------------	-------	----------

MATCHA HOT LATTES

Original Matcha Latte (skimmed milk) Medium	88	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Original Matcha Latte (skimmed milk) Large	143	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Original Matcha Latte (whole milk) Regular	165	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Original Matcha Latte (whole milk) Large	267	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Original Matcha Latte (almond milk) Medium	31	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N
Original Matcha Latte (almond milk) Large	51	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N
Original Matcha Latte (coconut milk) Medium	84	N	N	N	N	N	N	N	N	N	N	Y	N	MC	N	N	N	N	N	N
Original Matcha Latte (coconut milk) Large	135	N	N	N	N	N	N	N	N	N	N	Y	N	MC	N	N	N	N	N	N
Original Matcha Latte (oat milk) Medium	122	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Original Matcha Latte (oat milk) Large	197	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Original Matcha Latte (soya milk) Medium	110	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N
Original Matcha Latte (soya milk) Large	178	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N
Vanilla Matcha Latte (skimmed milk) Regular	122	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Vanilla Matcha Latte (skimmed milk) Large	193	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Vanilla Matcha Latte (whole milk) Regular	193	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Vanilla Matcha Latte (whole milk) Large	308	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Vanilla Matcha Latte (almond milk) Regular	69	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N
Vanilla Matcha Latte (almond milk) Large	107	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N
Vanilla Matcha Latte (coconut milk) Regular	117	N	N	N	N	N	N	N	N	N	N	Y	N	MC	N	N	N	N	N	N
Vanilla Matcha Latte (coconut milk) Large	186	N	N	N	N	N	N	N	N	N	N	Y	N	MC	N	N	N	N	N	N
Vanilla Matcha Latte (oat milk) Regular	152	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Vanilla Matcha Latte (oat milk) Large	243	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Vanilla Matcha Latte (soya milk) Regular	142	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N
Vanilla Matcha Latte (soya milk) Large	225	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N

Product	Kcal	Gluten / Wheat	Gluten / Rye	Gluten / Barley	Gluten / Oats	Gluten / Spelt	Gluten / Kamut	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Celery	Mustard	Sesame Seeds	Sulphur Dioxide/ Sulphites	Lupin	Molluscs
---------	------	----------------	--------------	-----------------	---------------	----------------	----------------	-------------	------	------	---------	------	------	------	--------	---------	--------------	----------------------------	-------	----------

MATCHA HOT LATTES

Strawberry Matcha Latte (skimmed milk) Regular	149	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Strawberry Matcha Latte (skimmed milk) Large	233	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Strawberry Matcha Latte (whole milk) Regular	220	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Strawberry Matcha Latte (whole milk) Large	348	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Strawberry Matcha Latte (almond milk) Regular	80	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N
Strawberry Matcha Latte (almond milk) Large	124	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N
Strawberry Matcha Latte (coconut milk) Regular	128	N	N	N	N	N	N	N	N	N	N	Y	N	MC	N	N	N	N	N	N
Strawberry Matcha Latte (coconut milk) Large	202	N	N	N	N	N	N	N	N	N	N	Y	N	MC	N	N	N	N	N	N
Strawberry Matcha Latte (oat milk) Regular	164	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Strawberry Matcha Latte (oat milk) Large	259	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Strawberry Matcha Latte (soya milk) Regular	153	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N
Strawberry Matcha Latte (soya milk) Large	242	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N
Spiced Apple Matcha Latte (almond milk) Regular	134	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N
Spiced Apple Matcha Latte (almond milk) Large	187	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N
Spiced Apple Matcha Latte (coconut milk) Regular	180	N	N	N	N	N	N	N	N	N	N	Y	N	MC	N	N	N	N	N	N
Spiced Apple Matcha Latte (coconut milk) Large	263	N	N	N	N	N	N	N	N	N	N	Y	N	MC	N	N	N	N	N	N
Spiced Apple Matcha Latte (oat milk) Regular	212	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Spiced Apple Matcha Latte (oat milk) Large	317	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Spiced Apple Matcha Latte (soya milk) Regular	201	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N
Spiced Apple Matcha Latte (soya milk) Large	298	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N

Product	Kcal	Gluten / Wheat	Gluten / Rye	Gluten / Barley	Gluten / Oats	Gluten / Spelt	Gluten / Kamut	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Celery	Mustard	Sesame Seeds	Sulphur Dioxide/ Sulphites	Lupin	Molluscs
---------	------	----------------	--------------	-----------------	---------------	----------------	----------------	-------------	------	------	---------	------	------	------	--------	---------	--------------	-------------------------------	-------	----------

MATCHA HOT LATTES

Raspberry & White Chocolate Matcha Latte (almond milk) Regular	137	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N
Raspberry & White Chocolate Matcha Latte (almond milk) Large	187	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N
Raspberry & White Chocolate Matcha Latte (coconut milk) Regular	183	N	N	N	N	N	N	N	N	N	N	Y	N	MC	N	N	N	N	N	N
Raspberry & White Chocolate Matcha Latte (coconut milk) Large	263	N	N	N	N	N	N	N	N	N	N	Y	N	MC	N	N	N	N	N	N
Raspberry & White Chocolate Matcha Latte (oat milk) Regular	215	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Raspberry & White Chocolate Matcha Latte (oat milk) Large	317	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Raspberry & White Chocolate Matcha Latte (soya milk) Regular	204	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N
Raspberry & White Chocolate Matcha Latte (soya milk) Large	298	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N

Product	Kcal	Gluten / Wheat	Gluten / Rye	Gluten / Barley	Gluten / Oats	Gluten / Spelt	Gluten / Kamut	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Celery	Mustard	Sesame Seeds	Sulphur Dioxide/ Sulphites	Lupin	Molluscs
---------	------	----------------	--------------	-----------------	---------------	----------------	----------------	-------------	------	------	---------	------	------	------	--------	---------	--------------	----------------------------	-------	----------

TEA

Traditional Tea Regular Mug or Pot for one (skimmed milk)	45	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Traditional Tea Regular Mug or Pot for one (whole milk)	83	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Traditional Tea Regular Mug or Pot for one (almond milk)	16	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N
Traditional Tea Regular Mug or Pot for one (coconut milk)	42	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N
Traditional Tea Regular Mug or Pot for one (oat milk)	61	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Traditional Tea Regular Mug or Pot for one (soya milk)	56	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N
Traditional Tea Pot of Tea for 2 (skimmed milk)	23	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Traditional Tea Pot of Tea for 2 (whole milk)	42	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Traditional Tea Pot of Tea for 2 (almond milk)	8	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N
Traditional Tea Pot of Tea for 2 (coconut milk)	21	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N
Traditional Tea Pot of Tea for 2 (oat milk)	31	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Traditional Tea Pot of Tea for 2 (soya milk)	28	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N
Decaf Tea (skimmed milk) Regular	44	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Decaf Tea (whole milk) Regular	83	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Decaf Tea (almond milk) Regular	16	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N
Decaf Tea (coconut milk) Regular	42	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N
Decaf Tea (oat milk) Regular	61	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Decaf Tea (soya milk) Regular	55	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N
Decaf Pot of Tea for 2 (skimmed milk)	22	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Decaf Pot of Tea for 2 (whole milk)	41	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Decaf Pot of Tea for 2 (almond milk)	8	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N
Decaf Pot of Tea for 2 (coconut milk)	21	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N
Decaf Pot of Tea for 2 (oat milk)	30	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Decaf Pot of Tea for 2 (soya milk)	28	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N

SPECIALITY TEAS

Green Tea Sencha	0	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Eary Gray	0	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Chamomile	0	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Red Berry	0	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Peppermint	0	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N

Product	Kcal	Gluten / Wheat	Gluten / Rye	Gluten / Barley	Gluten / Oats	Gluten / Spelt	Gluten / Kamut	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Celery	Mustard	Sesame Seeds	Sulphur Dioxide/ Sulphites	Lupin	Molluscs
---------	------	----------------	--------------	-----------------	---------------	----------------	----------------	-------------	------	------	---------	------	------	------	--------	---------	--------------	----------------------------	-------	----------

EXTRAS

Cream	47	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Chocolate Flake	51	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Pink & White Mini Mallows	20	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Vanilla Syrup	20	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Caramel Syrup	21	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Hazelnut Syrup	21	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N

Over Ice

Matcha Iced Lattes

Creamy Frappes

Fruit Smoothies

Milkshakes

Iced Teas

Iced Lemonades

Bubble Lemonades

Product	Kcal	Gluten / Wheat	Gluten / Rye	Gluten / Barley	Gluten / Oats	Gluten / Spelt	Gluten / Kamut	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Celery	Mustard	Sesame Seeds	Sulphur Dioxide/ Sulphites	Lupin	Molluscs
---------	------	----------------	--------------	-----------------	---------------	----------------	----------------	-------------	------	------	---------	------	------	------	--------	---------	--------------	----------------------------	-------	----------

OVER ICE

Iced Latte (skimmed milk) Regular	51	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Iced Latte (skimmed milk) Large	61	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Iced Latte (whole milk) Regular	95	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Iced Latte (whole milk) Large	114	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Iced Latte (almond milk) Regular	18	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N
Iced Latte (almond milk) Large	22	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N
Iced Latte (coconut milk) Regular	48	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N
Iced Latte (coconut milk) Large	58	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N
Iced Latte (oat milk) Regular	70	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Iced Latte (oat milk) Large	84	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Iced Latte (soya milk) Regular	64	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N
Iced Latte (soya milk) Large	76	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N
Iced Mocha (skimmed milk) Regular	132	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Iced Mocha (skimmed milk) Large	182	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Iced Mocha (whole milk) Regular	176	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Iced Mocha (whole milk) Large	235	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Iced Mocha (almond milk) Regular	98	N	N	N	N	N	N	N	N	N	N	N	Y*	Y	N	N	N	N	N	N
Iced Mocha (almond milk) Large	142	N	N	N	N	N	N	N	N	N	N	N	Y*	Y	N	N	N	N	N	N
Iced Mocha (coconut milk) Regular	129	N	N	N	N	N	N	N	N	N	N	Y	Y*	N	N	N	N	N	N	N
Iced Mocha (coconut milk) Large	178	N	N	N	N	N	N	N	N	N	N	Y	Y*	N	N	N	N	N	N	N
Iced Mocha (oat milk) Regular	150	N	N	N	Y	N	N	N	N	N	N	N	Y*	N	N	N	N	N	N	N
Iced Mocha (oat milk) Large	205	N	N	N	Y	N	N	N	N	N	N	N	Y*	N	N	N	N	N	N	N
Iced Mocha (soya milk) Regular	144	N	N	N	N	N	N	N	N	N	N	Y	Y*	N	N	N	N	N	N	N
Iced Mocha (soya milk) Large	197	N	N	N	N	N	N	N	N	N	N	Y	Y*	N	N	N	N	N	N	N

*ALLERGY ADVICE - OUR HOT CHOCOLATE POWDER DOES CONTAIN MILK, ANY MILK CHANGES WON'T REMOVE THE ALLERGEN

Over Ice

Matcha Iced Lattes

Creamy Frappes

Fruit Smoothies

Milkshakes

Iced Teas

Iced Lemonades

Bubble Lemonades

Product	Kcal	Gluten / Wheat	Gluten / Rye	Gluten / Barley	Gluten / Oats	Gluten / Spelt	Gluten / Kamut	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Celery	Mustard	Sesame Seeds	Sulphur Dioxide/ Sulphites	Lupin	Molluscs
---------	------	----------------	--------------	-----------------	---------------	----------------	----------------	-------------	------	------	---------	------	------	------	--------	---------	--------------	----------------------------	-------	----------

OVER ICE

Salted Caramel Iced Latte (skimmed milk) Regular	120	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Salted Caramel Iced Latte (skimmed milk) Large	172	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Salted Caramel Iced Latte (whole milk) Regular	173	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Salted Caramel Iced Latte (whole milk) Large	243	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Salted Caramel Iced Latte (almond milk) Regular	85	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N
Salted Caramel Iced Latte (almond milk) Large	124	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N
Salted Caramel Iced Latte (coconut milk) Regular	119	N	N	N	N	N	N	N	N	N	N	Y	N	MC	N	N	N	N	N	N
Salted Caramel Iced Latte (coconut milk) Large	170	N	N	N	N	N	N	N	N	N	N	Y	N	MC	N	N	N	N	N	N
Salted Caramel Iced Latte (oat milk) Regular	144	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Salted Caramel Iced Latte (oat milk) Large	204	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Salted Caramel Iced Latte (soya milk) Regular	136	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N
Salted Caramel Iced Latte (soya milk) Large	193	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N
Pumpkin Spiced Iced Latte (skimmed milk) Regular	199	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Pumpkin Spiced Iced Latte (skimmed milk) Large	296	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Pumpkin Spiced Iced Latte (whole milk) Regular	233	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Pumpkin Spiced Iced Latte (whole milk) Large	296	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Pumpkin Spiced Iced Latte (almond milk) Regular	172	N	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N
Pumpkin Spiced Iced Latte (almond milk) Large	225	N	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N
Pumpkin Spiced Iced Latte (coconut milk) Regular	196	N	N	N	N	N	N	N	N	N	N	Y	Y	MC	N	N	N	N	N	N
Pumpkin Spiced Iced Latte (coconut milk) Large	253	N	N	N	N	N	N	N	N	N	N	Y	Y	MC	N	N	N	N	N	N
Pumpkin Spiced Iced Latte (oat milk) Regular	212	N	N	Y	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Pumpkin Spiced Iced Latte (oat milk) Large	272	N	N	Y	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Pumpkin Spiced Iced Latte (soya milk) Regular	206	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N
Pumpkin Spiced Iced Latte (soya milk) Large	265	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N

Over Ice

Matcha Iced Lattes

Creamy Frappes

Fruit Smoothies

Milkshakes

Iced Teas

Iced Lemonades

Bubble Lemonades

Product	Kcal	Gluten / Wheat	Gluten / Rye	Gluten / Barley	Gluten / Oats	Gluten / Spelt	Gluten / Kamut	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Celery	Mustard	Sesame Seeds	Sulphur Dioxide/ Sulphites	Lupin	Molluscs
---------	------	----------------	--------------	-----------------	---------------	----------------	----------------	-------------	------	------	---------	------	------	------	--------	---------	--------------	----------------------------	-------	----------

OVER ICE

Popcorn Iced Latte (skimmed milk) Regular	242	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Popcorn Iced Latte (skimmed milk) Large	316	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Popcorn Iced Latte (whole milk) Regular	276	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Popcorn Iced Latte (whole milk) Large	356	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Popcorn Iced Latte (almond milk) Regular	215	N	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N
Popcorn Iced Latte (almond milk) Large	279	N	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N
Popcorn Iced Latte (coconut milk) Regular	239	N	N	N	N	N	N	N	N	N	N	Y	Y	MC	N	N	N	N	N	N
Popcorn Iced Latte (coconut milk) Large	307	N	N	N	N	N	N	N	N	N	N	Y	Y	MC	N	N	N	N	N	N
Popcorn Iced Latte (oat milk) Regular	255	N	N	Y	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Popcorn Iced Latte (oat milk) Large	326	N	N	Y	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Popcorn Iced Latte (soya milk) Regular	249	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N
Popcorn Iced Latte (soya milk) Large	319	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N
Toffee Fudge & White Chocolate Iced Mocha (skimmed milk) Regular	319	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Toffee Fudge & White Chocolate Iced Mocha (skimmed milk) Large	398	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Toffee Fudge & White Chocolate Iced Mocha (whole milk) Regular	367	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Toffee Fudge & White Chocolate Iced Mocha (whole milk) Large	456	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Toffee Fudge & White Chocolate Iced Mocha (almond milk) Regular	280	N	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N
Toffee Fudge & White Chocolate Iced Mocha (almond milk) Large	349	N	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N
Toffee Fudge & White Chocolate Iced Mocha (coconut milk) Regular	314	N	N	N	N	N	N	N	N	N	N	Y	Y	MC	N	N	N	N	N	N
Toffee Fudge & White Chocolate Iced Mocha (coconut milk) Large	391	N	N	N	N	N	N	N	N	N	N	Y	Y	MC	N	N	N	N	N	N
Toffee Fudge & White Chocolate Iced Mocha (oat milk) Regular	338	N	N	Y	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Toffee Fudge & White Chocolate Iced Mocha (oat milk) Large	421	N	N	Y	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Toffee Fudge & White Chocolate Iced Mocha (soya milk) Regular	329	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N
Toffee Fudge & White Chocolate Iced Mocha (soya milk) Large	410	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N

Over Ice

Matcha Iced Lattes

Creamy Frappes

Fruit Smoothies

Milkshakes

Iced Teas

Iced Lemonades

Bubble Lemonades

Product	Kcal	Gluten / Wheat	Gluten / Rye	Gluten / Barley	Gluten / Oats	Gluten / Spelt	Gluten / Kamut	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Celery	Mustard	Sesame Seeds	Sulphur Dioxide/ Sulphites	Lupin	Molluscs
---------	------	----------------	--------------	-----------------	---------------	----------------	----------------	-------------	------	------	---------	------	------	------	--------	---------	--------------	----------------------------	-------	----------

OVER ICE

Toffee Fudge Iced White Chocolate (skimmed milk) Regular	338	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Toffee Fudge Iced White Chocolate (skimmed milk) Large	345	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Toffee Fudge Iced White Chocolate (whole milk) Regular	372	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Toffee Fudge Iced White Chocolate (whole milk) Large	385	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Toffee Fudge Iced White Chocolate (almond milk) Regular	311	N	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N
Toffee Fudge Iced White Chocolate (almond milk) Large	314	N	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N
Toffee Fudge Iced White Chocolate (coconut milk) Regular	335	N	N	N	N	N	N	N	N	N	N	Y	Y	MC	N	N	N	N	N	N
Toffee Fudge Iced White Chocolate (coconut milk) Large	342	N	N	N	N	N	N	N	N	N	N	Y	Y	MC	N	N	N	N	N	N
Toffee Fudge Iced White Chocolate (oat milk) Regular	351	N	N	Y	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Toffee Fudge Iced White Chocolate (oat milk) Large	361	N	N	Y	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Toffee Fudge Iced White Chocolate (soya milk) Regular	345	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N
Toffee Fudge Iced White Chocolate (soya milk) Large	354	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N

MATCHA ICED LATTES

Original Iced Matcha Latte (skimmed milk) Medium	58	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Original Iced Matcha Latte (skimmed milk) Large	78	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Original Iced Matcha Latte (whole milk) Medium	108	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Original Iced Matcha Latte (whole milk) Large	146	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Original Iced Matcha Latte (almond milk) Medium	85	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N
Original Iced Matcha Latte (almond milk) Large	28	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N
Original Iced Matcha Latte (coconut milk) Medium	55	N	N	N	N	N	N	N	N	N	N	Y	N	MC	N	N	N	N	N	N
Original Iced Matcha Latte (coconut milk) Large	74	N	N	N	N	N	N	N	N	N	N	Y	N	MC	N	N	N	N	N	N
Original Iced Matcha Latte (oat milk) Medium	80	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Original Iced Matcha Latte (oat milk) Large	108	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Original Iced Matcha Latte (soya milk) Medium	72	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N
Original Iced Matcha Latte (soya milk) Large	97	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N

Product	Kcal	Gluten / Wheat	Gluten / Rye	Gluten / Barley	Gluten / Oats	Gluten / Spelt	Gluten / Kamut	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Celery	Mustard	Sesame Seeds	Sulphur Dioxide/ Sulphites	Lupin	Molluscs
---------	------	----------------	--------------	-----------------	---------------	----------------	----------------	-------------	------	------	---------	------	------	------	--------	---------	--------------	----------------------------	-------	----------

MATCHA ICED LATTES

Vanilla Iced Matcha Latte (skimmed milk) Medium	78	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Vanilla Iced Matcha Latte (skimmed milk) Large	118	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Vanilla Iced Matcha Latte (whole milk) Medium	128	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Vanilla Iced Matcha Latte (whole milk) Large	186	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Vanilla Iced Matcha Latte (almond milk) Medium	41	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N
Vanilla Iced Matcha Latte (almond milk) Large	68	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N
Vanilla Iced Matcha Latte (coconut milk) Medium	75	N	N	N	N	N	N	N	N	N	N	Y	N	MC	N	N	N	N	N	N
Vanilla Iced Matcha Latte (coconut milk) Large	114	N	N	N	N	N	N	N	N	N	N	Y	N	MC	N	N	N	N	N	N
Vanilla Iced Matcha Latte (oat milk) Medium	100	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Vanilla Iced Matcha Latte (oat milk) Large	148	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Vanilla Iced Matcha Latte (soya milk) Medium	92	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N
Vanilla Iced Matcha Latte (soya milk) Large	137	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N
Strawberry Iced Matcha Latte (skimmed milk) Medium	108	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Strawberry Iced Matcha Latte (skimmed milk) Large	153	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Strawberry Iced Matcha Latte (whole milk) Medium	160	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Strawberry Iced Matcha Latte (whole milk) Large	224	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Strawberry Iced Matcha Latte (almond milk) Medium	72	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N
Strawberry Iced Matcha Latte (almond milk) Large	105	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N
Strawberry Iced Matcha Latte (coconut milk) Medium	106	N	N	N	N	N	N	N	N	N	N	Y	N	MC	N	N	N	N	N	N
Strawberry Iced Matcha Latte (coconut milk) Large	151	N	N	N	N	N	N	N	N	N	N	Y	N	MC	N	N	N	N	N	N
Strawberry Iced Matcha Latte (oat milk) Medium	131	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Strawberry Iced Matcha Latte (oat milk) Large	184	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Strawberry Iced Matcha Latte (soya milk) Medium	123	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N
Strawberry Iced Matcha Latte (soya milk) Large	174	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N

Over Ice

Matcha Iced Lattes

Creamy Frappes

Fruit Smoothies

Milkshakes

Iced Teas

Iced Lemonades

Bubble Lemonades

Product	Kcal	Gluten / Wheat	Gluten / Rye	Gluten / Barley	Gluten / Oats	Gluten / Spelt	Gluten / Kamut	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Celery	Mustard	Sesame Seeds	Sulphur Dioxide/ Sulphites	Lupin	Molluscs
---------	------	----------------	--------------	-----------------	---------------	----------------	----------------	-------------	------	------	---------	------	------	------	--------	---------	--------------	----------------------------	-------	----------

MATCHA ICED LATTES

Spiced Apple Iced Matcha Latte (skimmed milk) Medium	165	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Spiced Apple Iced Matcha Latte (skimmed milk) Large	221	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Spiced Apple Iced Matcha Latte (whole milk) Medium	213	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Spiced Apple Iced Matcha Latte (whole milk) Large	285	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Spiced Apple Iced Matcha Latte (almond milk) Medium	126	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N
Spiced Apple Iced Matcha Latte (almond milk) Large	168	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N
Spiced Apple Iced Matcha Latte (coconut milk) Medium	160	N	N	N	N	N	N	N	N	N	N	Y	N	MC	N	N	N	N	N	N
Spiced Apple Iced Matcha Latte (coconut milk) Large	214	N	N	N	N	N	N	N	N	N	N	Y	N	MC	N	N	N	N	N	N
Spiced Apple Iced Matcha Latte (oat milk) Medium	184	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Spiced Apple Iced Matcha Latte (oat milk) Large	249	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Spiced Apple Iced Matcha Latte (soya milk) Medium	175	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N
Spiced Apple Iced Matcha Latte (soya milk) Large	235	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N
Raspberry & White Chocolate Iced Matcha Latte (skimmed milk) Medium	168	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Raspberry & White Chocolate Iced Matcha Latte (skimmed milk) Large	221	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Raspberry & White Chocolate Iced Matcha Latte (whole milk) Medium	215	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Raspberry & White Chocolate Iced Matcha Latte (whole milk) Large	317	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Raspberry & White Chocolate Iced Matcha Latte (almond milk) Medium	129	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N
Raspberry & White Chocolate Iced Matcha Latte (almond milk) Large	168	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N
Raspberry & White Chocolate Iced Matcha Latte (coconut milk) Medium	163	N	N	N	N	N	N	N	N	N	N	Y	N	MC	N	N	N	N	N	N
Raspberry & White Chocolate Iced Matcha Latte (coconut milk) Large	214	N	N	N	N	N	N	N	N	N	N	Y	N	MC	N	N	N	N	N	N
Raspberry & White Chocolate Iced Matcha Latte (oat milk) Medium	187	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Raspberry & White Chocolate Iced Matcha Latte (oat milk) Large	246	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Raspberry & White Chocolate Iced Matcha Latte (soya milk) Medium	178	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N
Raspberry & White Chocolate Iced Matcha Latte (soya milk) Large	235	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N

Over Ice

Matcha Iced Lattes

Creamy Frappes

Fruit Smoothies

Milkshakes

Iced Teas

Iced Lemonades

Bubble Lemonades

Product	Kcal	Gluten / Wheat	Gluten / Rye	Gluten / Barley	Gluten / Oats	Gluten / Spelt	Gluten / Kamut	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Celery	Mustard	Sesame Seeds	Sulphur Dioxide/ Sulphites	Lupin	Molluscs
---------	------	----------------	--------------	-----------------	---------------	----------------	----------------	-------------	------	------	---------	------	------	------	--------	---------	--------------	----------------------------	-------	----------

CREAMY FRAPPES

Espresso Frappe (skimmed milk) Regular	176	MC	N	N	N	N	N	N	MC	N	N	MC	Y	MC	N	N	N	N	N	N
Espresso Frappe (skimmed milk) Large	199	MC	N	N	N	N	N	N	MC	N	N	MC	Y	MC	N	N	N	N	N	N
Espresso Frappe (whole milk) Regular	200	MC	N	N	N	N	N	N	MC	N	N	MC	Y	MC	N	N	N	N	N	N
Espresso Frappe (whole milk) Large	225	MC	N	N	N	N	N	N	MC	N	N	MC	Y	MC	N	N	N	N	N	N
Triple Chocolate Frappe (skimmed milk) Regular	303	MC	N	N	N	N	N	N	MC	N	N	MC	Y	MC	N	N	N	N	N	N
Triple Chocolate Frappe (skimmed milk) Large	386	MC	N	N	N	N	N	N	MC	N	N	MC	Y	MC	N	N	N	N	N	N
Triple Chocolate Frappe (whole milk) Regular	332	MC	N	N	N	N	N	N	MC	N	N	MC	Y	MC	N	N	N	N	N	N
Triple Chocolate Frappe (whole milk) Large	427	MC	N	N	N	N	N	N	MC	N	N	MC	Y	MC	N	N	N	N	N	N
Triple Chocolate Frappe (almond milk) Regular	282	N	N	N	N	N	N	N	N	N	N	Y	Y	Y	N	N	N	N	N	N
Triple Chocolate Frappe (almond milk) Large	356	N	N	N	N	N	N	N	N	N	N	Y	Y	Y	N	N	N	N	N	N
Triple Chocolate Frappe (coconut milk) Regular	302	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N
Triple Chocolate Frappe (coconut milk) Large	385	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N
Triple Chocolate Frappe (oat milk) Regular	316	N	N	N	Y	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N
Triple Chocolate Frappe (oat milk) Large	405	N	N	N	Y	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N
Triple Chocolate Frappe (soya milk) Regular	312	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N
Triple Chocolate Frappe (soya milk) Large	399	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N
Dubai Style Chocolate Frappe (skimmed milk) Medium	454	N	N	N	N	N	N	N	N	N	MC	N	Y	Y	N	N	N	N	N	N
Dubai Style Chocolate Frappe (skimmed milk) Large	561	N	N	N	N	N	N	N	N	N	MC	N	Y	Y	N	N	N	N	N	N
Dubai Style Chocolate Frappe (whole milk) Medium	483	N	N	N	N	N	N	N	N	N	MC	N	Y	Y	N	N	N	N	N	N
Dubai Style Chocolate Frappe (whole milk) Large	594	N	N	N	N	N	N	N	N	N	MC	N	Y	Y	N	N	N	N	N	N
Dubai Style Chocolate Frappe (almond milk) Medium	427	N	N	N	N	N	N	N	N	N	MC	N	Y	Y	N	N	N	N	N	N
Dubai Style Chocolate Frappe (almond milk) Large	533	N	N	N	N	N	N	N	N	N	MC	N	Y	Y	N	N	N	N	N	N
Dubai Style Chocolate Frappe (coconut milk) Medium	449	N	N	N	N	N	N	N	N	N	MC	Y	Y	Y	N	N	N	N	N	N
Dubai Style Chocolate Frappe (coconut milk) Large	557	N	N	N	N	N	N	N	N	N	MC	Y	Y	Y	N	N	N	N	N	N
Dubai Style Chocolate Frappe (oat milk) Medium	478	N	N	N	Y	N	N	N	N	N	MC	N	Y	Y	N	N	N	N	N	N
Dubai Style Chocolate Frappe (oat milk) Large	588	N	N	N	Y	N	N	N	N	N	MC	N	Y	Y	N	N	N	N	N	N
Dubai Style Chocolate Frappe (soya milk) Medium	459	N	N	N	N	N	N	N	N	N	MC	Y	Y	Y	N	N	N	N	N	N
Dubai Style Chocolate Frappe (soya milk) Large	567	N	N	N	N	N	N	N	N	N	MC	Y	Y	Y	N	N	N	N	N	N

ALLERGY ADVICE - OUR FRAPPE POWDER DOES CONTAIN MILK, ANY MILK CHANGES WON'T REMOVE THE ALLERGEN

Over Ice

Matcha Iced Lattes

Creamy Frappes

Fruit Smoothies

Milkshakes

Iced Teas

Iced Lemonades

Bubble Lemonades

Product	Kcal	Gluten / Wheat	Gluten / Rye	Gluten / Barley	Gluten / Oats	Gluten / Spelt	Gluten / Kamut	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Celery	Mustard	Sesame Seeds	Sulphur Dioxide/ Sulphites	Lupin	Molluscs
---------	------	----------------	--------------	-----------------	---------------	----------------	----------------	-------------	------	------	---------	------	------	------	--------	---------	--------------	----------------------------	-------	----------

CREAMY FRAPPES

Popcorn Frappe (skimmed milk) Medium	414	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Popcorn Frappe (skimmed milk) Large	530	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Popcorn Frappe (whole milk) Medium	448	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Popcorn Frappe (whole milk) Large	570	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Popcorn Frappe (almond milk) Medium	387	N	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N
Popcorn Frappe (almond milk) Large	499	N	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N
Popcorn Frappe (coconut milk) Medium	411	N	N	N	N	N	N	N	N	N	N	Y	Y	MC	N	N	N	N	N	N
Popcorn Frappe (coconut milk) Large	527	N	N	N	N	N	N	N	N	N	N	Y	Y	MC	N	N	N	N	N	N
Popcorn Frappe (oat milk) Medium	427	N	N	Y	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Popcorn Frappe (oat milk) Large	546	N	N	Y	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Popcorn Frappe (soya milk) Medium	421	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N
Popcorn Frappe (soya milk) Large	539	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N
Lemon & Raspberry Frappe (skimmed milk) Medium	335	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Lemon & Raspberry Frappe (skimmed milk) Large	467	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Lemon & Raspberry Frappe (whole milk) Medium	369	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Lemon & Raspberry Frappe (whole milk) Large	551	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Lemon & Raspberry Frappe (almond milk) Medium	308	N	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N
Lemon & Raspberry Frappe (almond milk) Large	398	N	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N
Lemon & Raspberry Frappe (coconut milk) Medium	332	N	N	N	N	N	N	N	N	N	N	Y	Y	MC	N	N	N	N	N	N
Lemon & Raspberry Frappe (coconut milk) Large	458	N	N	N	N	N	N	N	N	N	N	Y	Y	MC	N	N	N	N	N	N
Lemon & Raspberry Frappe (oat milk) Medium	348	N	N	Y	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Lemon & Raspberry Frappe (oat milk) Large	500	N	N	Y	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Lemon & Raspberry Frappe (soya milk) Medium	342	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N
Lemon & Raspberry Frappe (soya milk) Large	485	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N

Over Ice

Matcha Iced Lattes

Creamy Frappes

Fruit Smoothies

Milkshakes

Iced Teas

Iced Lemonades

Bubble Lemonades

Product	Kcal	Gluten / Wheat	Gluten / Rye	Gluten / Barley	Gluten / Oats	Gluten / Spelt	Gluten / Kamut	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Celery	Mustard	Sesame Seeds	Sulphur Dioxide/ Sulphites	Lupin	Molluscs
---------	------	----------------	--------------	-----------------	---------------	----------------	----------------	-------------	------	------	---------	------	------	------	--------	---------	--------------	----------------------------	-------	----------

FRUIT SMOOTHIES

Strawberry & Banana Smoothie Regular	177	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Strawberry & Banana Smoothie Large	197	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Mango Pineapple & Passionfruit Regular	179	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Mango Pineapple & Passionfruit Large	199	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Super Berry Smoothie Regular	192	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Super Berry Smoothie Large	212	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N

MILKSHAKES

Strawberry Milkshake (skimmed milk) Medium	305	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Strawberry Milkshake (skimmed milk) Large	405	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Strawberry Milkshake (whole milk) Medium	334	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Strawberry Milkshake (whole milk) Large	438	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Strawberry Milkshake (almond milk) Medium	278	N	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N
Strawberry Milkshake (almond milk) Large	377	N	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N
Strawberry Milkshake (coconut milk) Medium	300	N	N	N	N	N	N	N	N	N	N	Y	Y	MC	N	N	N	N	N	N
Strawberry Milkshake (coconut milk) Large	401	N	N	N	N	N	N	N	N	N	N	Y	Y	MC	N	N	N	N	N	N
Strawberry Milkshake (oat milk) Medium	329	N	N	N	Y	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Strawberry Milkshake (oat milk) Large	432	N	N	N	Y	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Strawberry Milkshake (soya milk) Medium	310	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N
Strawberry Milkshake (soya milk) Large	411	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N

ALLERGY ADVICE - WE DO NOT SERVE ANY MILKSHAKES WITH DAIRY FREE ALTERNATIVE MILKS

Product	Kcal	Gluten / Wheat	Gluten / Rye	Gluten / Barley	Gluten / Oats	Gluten / Spelt	Gluten / Kamut	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Celery	Mustard	Sesame Seeds	Sulphur Dioxide/ Sulphites	Lupin	Molluscs
---------	------	----------------	--------------	-----------------	---------------	----------------	----------------	-------------	------	------	---------	------	------	------	--------	---------	--------------	----------------------------	-------	----------

MILKSHAKES

Vanilla Milkshake (skimmed milk) Medium	268	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Vanilla Milkshake (skimmed milk) Large	362	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Vanilla Milkshake (whole milk) Medium	297	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Vanilla Milkshake (whole milk) Large	395	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Vanilla Milkshake (almond milk) Medium	241	N	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N
Vanilla Milkshake (almond milk) Large	334	N	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N
Vanilla Milkshake (coconut milk) Medium	263	N	N	N	N	N	N	N	N	N	N	Y	Y	MC	N	N	N	N	N	N
Vanilla Milkshake (coconut milk) Large	358	N	N	N	N	N	N	N	N	N	N	Y	Y	MC	N	N	N	N	N	N
Vanilla Milkshake (oat milk) Medium	292	N	N	N	Y	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Vanilla Milkshake (oat milk) Large	389	N	N	N	Y	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Vanilla Milkshake (soya milk) Medium	273	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N
Vanilla Milkshake (soya milk) Large	368	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N
Chocolate Milkshake (skimmed milk) Medium	387	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Chocolate Milkshake (skimmed milk) Large	462	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Chocolate Milkshake (whole milk) Medium	416	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Chocolate Milkshake (whole milk) Large	495	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Chocolate Milkshake (almond milk) Medium	360	N	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N
Chocolate Milkshake (almond milk) Large	434	N	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N
Chocolate Milkshake (coconut milk) Medium	382	N	N	N	N	N	N	N	N	N	N	Y	Y	MC	N	N	N	N	N	N
Chocolate Milkshake (coconut milk) Large	458	N	N	N	N	N	N	N	N	N	N	Y	Y	MC	N	N	N	N	N	N
Chocolate Milkshake (oat milk) Medium	411	N	N	N	Y	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Chocolate Milkshake (oat milk) Large	489	N	N	N	Y	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Chocolate Milkshake (soya milk) Medium	392	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N
Chocolate Milkshake (soya milk) Large	468	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N

ALLERGY ADVICE - WE DO NOT SERVE ANY MILKSHAKES WITH DAIRY FREE ALTERNATIVE MILKS

Product	Kcal	Gluten / Wheat	Gluten / Rye	Gluten / Barley	Gluten / Oats	Gluten / Spelt	Gluten / Kamut	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Celery	Mustard	Sesame Seeds	Sulphur Dioxide/ Sulphites	Lupin	Molluscs
---------	------	----------------	--------------	-----------------	---------------	----------------	----------------	-------------	------	------	---------	------	------	------	--------	---------	--------------	----------------------------	-------	----------

ICED TEAS

Green Tea & Peach Iced Tea Regular	88	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Green Tea & Peach Iced Tea Large	131	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Lemon Iced Tea Regular	67	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Lemon Iced Tea Large	67	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N

ICED LEMONADES

Iced Raspberry Matcha Lemonade Regular	139	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Iced Raspberry Matcha Lemonade Large	150	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Traditonal Lemonade Regular	77	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Traditonal Lemonade Large	102	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Passionfruit Iced Lemonade Regular	102	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Passionfruit Iced Lemonade Large	125	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N

BUBBLE LEMONADES

Mango & Passionfruit Bubble Lemonade Regular	323	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Mango & Passionfruit Bubble Lemonade Large	403	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Cloudy Strawberry Bubble Lemonade Regular	316	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Cloudy Strawberry Bubble Lemonade Large	362	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N

Ice Cream

Product	Kcal (Per 100g)	Gluten / Wheat	Gluten / Rye	Gluten / Barley	Gluten / Oats	Gluten / Spelt	Gluten / Kamut	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Celery	Mustard	Sesame Seeds	Sulphur Dioxide/ Sulphites	Lupin	Molluscs
---------	-----------------	----------------	--------------	-----------------	---------------	----------------	----------------	-------------	------	------	---------	------	------	------	--------	---------	--------------	----------------------------	-------	----------

ICE CREAM

B&J Choc Chip Cookie Dough	213	Y	N	N	N	N	N	N	Y	N	N	Y	Y	N	N	N	N	N	N	N
B&J Strawberry Cheesecake	178	Y	N	N	N	N	N	N	Y	N	N	Y	Y	N	N	N	N	N	N	N
B&J Chocolate Cookie Dough	120	Y	N	N	N	N	N	N	Y	N	N	Y	Y	N	N	N	N	N	N	N
B&J Vanilla	167	N	N	N	N	N	N	N	Y	N	N	N	Y	N	N	N	N	N	N	N
B&J Cone Together	203	Y	N	Y	N	N	N	N	Y	N	N	Y	Y	MC	N	N	N	N	N	N
B&J Non Dairy Chocolate Fudge Brownie	219	Y	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N
B&J Peace Pop	217	Y	N	N	N	N	N	N	Y	N	N	Y	Y	MC	N	N	N	N	N	N

Sugars & Condiments

Extras

Product	Kcal	Gluten / Wheat	Gluten / Rye	Gluten / Barley	Gluten / Oats	Gluten / Spelt	Gluten / Kamut	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Celery	Mustard	Sesame Seeds	Sulphur Dioxide/ Sulphites	Lupin	Molluscs
---------	------	----------------	--------------	-----------------	---------------	----------------	----------------	-------------	------	------	---------	------	------	------	--------	---------	--------------	-------------------------------	-------	----------

SUGARS & CONDIMENTS

White Sugar Sticks		N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Brown Sugar Sticks		N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Canderel Sweetner		N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Pepper Sachet		N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Salt Sachet		N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N

EXTRAS

Mayonnaise Sachets		N	N	N	N	N	N	N	Y	N	N	N	N	N	N	Y	N	N	N	N
Tomato Ketchup Sachets	11	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Brown Sauce Sachets	14	N	Y	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Strawberry Jam		N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Butter Portions		N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N