

# BAKERS + BARISTAS

# Nutrition & Allergen Guide

**Muffins**



**Sweet Treats**



**Savoury**



**Hot Drinks**



**Chilled Drinks**



**Ice Cream**



**Extras**



**Ireland & Northern Ireland**

**Summer 2026**

This guide will provide nutritional and allergen information for core products. Please ensure you take extra care to identify all the possible allergens present in our products, if you require support please ask a member of our team.

**PLEASE BE AWARE WE HANDLE ALL ALLERGENS IN OUR KITCHENS AND CANNOT GUARANTEE AN ALLERGEN FREE ENVIRONMENT.**

ANY PRODUCTS MADE AND SERVED FRESH IN OUR STORES MAY CONTAIN ALLERGENS NOT LISTED BELOW.

THE ALLERGENS LISTED BELOW ARE THOSE CONTAINED IN THE INGREDIENTS TO THE RECIPE.

If the product you are interested in is not listing within this guide, please speak to a store member or email [customercare@bakersbaristas.com](mailto:customercare@bakersbaristas.com) for more information.

For prepackaged food and drink, the allergen information is provided on the packaging labels in-store.

This information is updated regularly to reflect our procedures instore and seasonal product range.

Please make sure you are referencing the most up-to-date guide.

Please check at <https://www.bakersbaristas.com/allergen-information/> for the most up to date information.

**Within this booklet it will provide information on the following 14 allergens:**

- **Cereals containing gluten** (such as Barley, Kamut, Oats, Rye, Spelt, Wheat)
- **Crustaceans** (such as prawns, crabs and lobsters)
- **Eggs**
- **Fish**
- **Lupin**
- **Milk**
- **Celery,**
- **Molluscs** (such as mussels and oysters),
- **Mustard**
- **Peanuts**
- **Sesame**
- **Soybeans** (Soya)
- **Sulphur Dioxide and Sulphites** (if the sulphur dioxide and sulphites are at a concentration of more than ten parts per million)
- **Tree nuts** (such as almonds, hazelnuts, walnuts, brazil nuts, cashews, pecans, pistachios and macadamia nuts).

Muffins

Sweet Treats

Savoury

Hot Drinks

Chilled Drinks

Ice Cream

Extras

Classic

Seasonal

Deluxe

Made without Gluten

Vegan

Mini

Product	Kcal	Gluten / Wheat	Gluten / Rye	Gluten / Barley	Gluten / Oats	Gluten / Spelt	Gluten / Kamut	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Celery	Mustard	Sesame Seeds	Sulphur Dioxide/ Sulphites	Lupin	Molluscs
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CLASSIC MUFFINS

Chocolate Chunk Muffin		Y	N	N	N	N	N	N	Y	N	N	Y	Y	N	N	N	N	N	N	N
Double Chocolate Chunk with Malted Balls		Y	N	Y	N	N	N	N	Y	N	N	Y	Y	N	N	N	N	N	N	N
Double Chocolate Butterfly Muffin		Y	N	N	N	N	N	N	Y	N	N	Y	Y	N	N	N	N	N	N	N
Polka Dot Muffin		Y	N	N	N	N	N	N	Y	N	N	Y	Y	N	N	N	N	N	N	N
Raspberry & Apple Crumble Muffin		Y	N	N	N	N	N	N	Y	N	N	Y	Y	N	N	N	N	Y	N	N
Sticky Toffee Muffin		Y	N	N	N	N	N	N	Y	N	N	Y	Y	N	N	N	N	Y	N	N
Apple & Cinnamon Muffin	433	Y	N	N	N	N	N	N	Y	N	N	MC	Y	N	N	N	N	N	N	N
Blueberry Muffin - Crème	411	Y	N	N	N	N	N	N	Y	N	N	N	Y	N	N	N	N	N	N	N
Double Chocolate and Strawberry Muffin	654	Y	N	N	N	N	N	N	Y	N	N	Y	Y	N	N	N	N	N	N	N
Cappuccino Muffin	656	Y	N	N	N	N	N	N	Y	N	N	Y	Y	N	N	N	N	N	N	N

LIMITED EDITION MUFFINS

NEW	Peach Melba Muffin	539	Y	MC	MC	MC	N	N	N	Y	N	N	N	Y	N	N	N	N	N	N
	Neapolitan Muffin	714	Y	MC	MC	MC	N	N	N	Y	N	N	N	Y	N	N	N	N	N	N
	Strawberry Shortcake Muffin	672	Y	MC	MC	MC	N	N	N	Y	N	N	Y	Y	N	N	N	N	N	N

DELUXE MUFFINS

Victoria Sponge Muffin	698	Y	N	N	N	N	N	N	Y	N	N	Y	Y	N	N	N	N	N	N	N
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MADE WITHOUT GLUTEN MUFFINS

NEW	Blueberry Muffin <i>Made in a kitchen containing Gluten, we cannot guarantee it is suitable for Coeliac's</i>	503	N	N	N	N	N	N	Y	N	N	Y	Y	N	N	N	N	N	N	N
	Blueberry & White Chocolate Muffin <i>Made in a kitchen containing Gluten, we cannot guarantee it is suitable for Coeliac's</i>	631	MC	MC	MC	MC	N	N	N	Y	N	N	Y	Y	N	N	N	N	N	N
	Lemon & Raspberry Muffin <i>Made in a kitchen containing Gluten, we cannot guarantee it is suitable for Coeliac's</i>	482	N	N	N	N	N	N	Y	N	N	MC	MC	N	N	N	N	N	N	N
	Almond Muffin <i>Made in a kitchen containing Gluten, we cannot guarantee it is suitable for Coeliac's</i>	565	N	N	N	N	N	N	N	Y	N	N	N	N	Y	N	N	N	N	N

VEGAN MUFFINS

Mango & Passionfruit Vegan Muffin	408	Y	MC	MC	N	N	N	N	MC	N	N	Y	MC	N	N	N	N	N	N	N
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MINI MUFFINS

Chocolate Mini Muffin - plain		Y	N	N	N	N	N	N	Y	N	N	Y	Y	N	N	N	N	N	N	N
Crème Mini Muffin - plain		Y	N	N	N	N	N	N	Y	N	N	N	Y	N	N	N	N	N	N	N
Mini Bakes (6) Crème		Y	N	N	N	N	N	N	Y	N	N	N	Y	N	N	N	N	N	N	N
Mini Bakes (6) Chocolate		Y	N	N	N	N	N	N	Y	N	N	Y	Y	N	N	N	N	N	N	N

## Muffins

## Sweet Treats

## Savoury

## Hot Drinks

## Chilled Drinks

## Ice Cream

## Extras

## Cookies

## Scones

## Pastries

## Sliced Cakes

## Traybakes

Product	Kcal	Gluten / Wheat	Gluten / Rye	Gluten / Barley	Gluten / Oats	Gluten / Spelt	Gluten / Kamut	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Celery	Mustard	Sesame Seeds	Sulphur Dioxide/ Sulphites	Lupin	Molluscs
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## COOKIES

Triple Chocolate Belgian Cookie		Y	N	N	N	N	N	N	Y	N	N	Y	Y	N	N	N	N	N	N	N
Double Chocolate Belgian Cookie		Y	N	N	N	N	N	N	Y	N	N	Y	Y	N	N	N	N	N	N	N
Belgian White Chocolate Chunk		Y	N	N	N	N	N	N	Y	N	N	Y	Y	N	N	N	N	N	N	N

## DONUTS

White Chocolate Ball Doughnut		Y	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	Y	N	N
Chocolate & Caramel Ball Doughnut		Y	N	N	N	N	N	N	Y	N	N	Y	Y	N	N	N	N	Y	N	N

## SCONES

Fruit Scone with Butter and Jam		Y	N	N	N	N	N	N	Y	N	N	N	Y	N	N	N	N	N	N	N
Plain Scone with Butter and Jam		Y	N	N	N	N	N	N	Y	N	N	N	Y	N	N	N	N	N	N	N
Brown Scone with Butter and Jam		Y	N	N	N	N	N	N	Y	N	N	MC	Y	MC	MC	N	MC	N	N	N

## PASTRIES

Strawberries & Cream Filled Croissant	425	Y	MC	MC	MC	N	N	N	Y	N	N	MC	Y	MC	N	N	MC	N	N	N
LaBo Almond Croissant	357	Y	N	N	N	N	N	N	Y	N	N	MC	Y	Y	N	N	MC	N	N	N
Pain au Raisin		Y	N	N	N	N	N	N	Y	N	N	N	Y	N	N	N	N	N	N	N
Plain Croissant		Y	N	N	N	N	N	N	Y	N	N	N	Y	N	N	N	N	N	N	N
Cinnamon Swirl	337	Y	N	N	N	N	N	N	Y	N	N	MC	Y	MC	N	N	MC	N	N	N

## Cookies

## Scones

## Pastries

## Sliced Cakes

## Traybakes

Product	Kcal	Gluten / Wheat	Gluten / Rye	Gluten / Barley	Gluten / Oats	Gluten / Spelt	Gluten / Kamut	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Celery	Mustard	Sesame Seeds	Sulphur Dioxide/ Sulphites	Lupin	Molluscs
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## SLICED CAKES

Pear & Almond Cake	310	Y	N	N	N	N	N	N	Y	N	N	N	Y	Y	N	N	N	N	N	N
Banana Walnut Loaf cake	286	Y	N	N	N	N	N	N	Y	N	N	N	Y	Y	N	N	MC	N	N	N
Strawberry and Rhubarb Crumble cake	330	Y	N	N	N	N	N	N	Y	N	N	N	N	MC	N	N	N	N	N	N
8 Inch Chocolate Fudge Cake	491	Y	N	N	N	N	N	N	MC	N	N	Y	MC	N	N	N	N	Y	N	N
8 Inch Carrot Cake	438	Y	N	N	N	N	N	N	Y	N	N	Y	Y	Y	N	N	N	N	N	N

## CAKE POPS

Vanilla Cake Pop	157	Y	N	N	N	N	N	N	Y	MC	N	Y	Y	N	N	N	N	N	N	N
Strawberry Cake Pop	153	Y	N	N	N	N	N	N	Y	N	N	Y	Y	N	N	N	N	Y	N	N
Chocolate Cake Pop	141	Y	N	N	N	N	N	N	Y	N	N	Y	Y	N	N	N	N	N	N	N

## TRAYBAKES

Rocky Road Traybake		Y	N	N	N	N	N	N	N	N	MC	Y	Y	MC	N	N	N	Y	N	N
Mint Chocolate Traybake	402	Y	N	N	N	N	N	N	N	N	MC	Y	Y	MC	N	N	N	N	N	N
Toffee & Caramel Traybake	219	Y	N	Y	N	N	N	N	Y	N	N	N	Y	MC	N	N	N	N	N	N

## Muffins

## Sweet Treats

## Savoury

## Hot Drinks

## Chilled Drinks

## Ice Cream

## Extras

## Fresh Baps

## Baguettes

## Bloomers

## Bagels

## Flatbread

## Toasties

## Paninis

## Croissants

## Toast

## Sausage Rolls

## Soap

Product	Kcal	Gluten / Wheat	Gluten / Rye	Gluten / Barley	Gluten / Oats	Gluten / Spelt	Gluten / Kamut	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Celery	Mustard	Sesame Seeds	Sulphur Dioxide/ Sulphites	Lupin	Molluscs
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## FRESH BAPS

Sausage & Bacon Bap		Y	MC	MC	MC	MC	MC	N	Y	N	N	MC	Y	MC	N	MC	MC	Y	N	N
Bacon Bap		Y	MC	MC	MC	MC	MC	N	N	N	N	MC	Y	MC	N	N	MC	MC	N	N

## BAGUETTES

Chicken, Chorizo & Hot Honey Baguette	NEW	623	Y	N	N	N	N	N	Y	N	N	N	N	MC	N	N	MC	N	N	N
Prawn Mayo Baguette	NEW	559	Y	N	N	N	N	Y	Y	N	N	N	N	MC	N	N	MC	N	N	N
Mozzarella, Tomato, Basil & Pesto Malted Baguette	NEW	604	Y	MC	MC	MC	N	N	Y	MC	MC	Y	Y	Y	N	N	N	N	N	N
Ham & Cheese White Baguette			Y	MC	MC	MC	MC	N	N	N	N	N	Y	MC	N	N	MC	N	N	N
Tuna Mayonnaise & Rocket Malted Wheat Baguette			Y	MC	Y	MC	MC	MC	Y	Y	N	Y	N	MC	N	Y	N	N	N	N

## BLOOMER SANDWICHES

Tuna Mayonnaise Salad Bloomer	NEW	387	Y	N	N	N	N	N	Y	Y	N	Y	N	N	N	N	N	N	N	N
Ham, Cheddar & Tomato Bloomer	NEW	477	Y	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N
Egg Mayo Salad Bloomer	NEW	334	Y	N	N	N	N	N	Y	N	N	Y	N	N	N	Y	N	N	N	N

## ITALIAN FLATBREADS

Brie, Caramelised Red Onion Chutney & Rocket Flatbread	NEW	559	Y	Y	N	N	N	N	MC	N	N	N	Y	N	N	N	N	Y	N	N
Tuscan Chicken Melt Flatbread	NEW	517	Y	Y	N	N	N	N	Y	MC	N	MC	Y	Y	N	N	N	N	N	N
Ham Hock with Mayo & Grated Cheese Italian Flatbread		528	Y	Y	N	N	N	N	Y	N	N	N	Y	MC	N	N	MC	N	N	N
Mozzarella, Tomato, Pesto & Rocket		499	Y	Y	N	N	N	N	Y	N	N	N	Y	Y	N	N	N	N	N	N

## BAGELS

Smoked Salmon Cream Cheese Bagel with Tartare Sauce Bagel		420	Y	Y	Y	N	N	N	Y	N	N	N	Y	N	N	Y	MC	N	N	N
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## TOASTIES

Cheddar Cheese & Red Onion Chutney Topped Toastie		509	Y	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	Y	N	N
Ultimate Grilled Cheese Toastie		620	Y	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N
Ham & Cheese Toastie		493	Y	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N
Cheddar Cheese & Tomato Topped Toastie		473	Y	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N

## Muffins

## Sweet Treats

## Savoury

## Hot Drinks

## Chilled Drinks

## Ice Cream

## Extras

## Fresh Baps

## Baguettes

## Bloomers

## Bagels

## Flatbread

## Toasties

## Paninis

## Croissants

## Toast

## Sausage Rolls

## Soap

Product	Kcal	Gluten / Wheat	Gluten / Rye	Gluten / Barley	Gluten / Oats	Gluten / Spelt	Gluten / Kamut	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Celery	Mustard	Sesame Seeds	Sulphur Dioxide/ Sulphites	Lupin	Molluscs
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## PANINIS

Chicken & Bacon Club Panini <b>NEW</b>	781	Y	N	N	N	N	N	N	Y	N	N	N	Y	MC	N	N	N	N	N	N
Tuna Melt Panini		Y	MC	MC	MC	MC	MC	MC	Y	Y	N	MC	Y	MC	MC	Y	MC	N	N	N
Ham & Cheddar Cheese Panini		Y	N	N	N	N	N	N	N	N	N	N	Y	MC	N	N	MC	N	N	N
Mozzarella, Tomato & Pesto Panini	535	Y	N	N	N	N	N	N	N	N	MC	Y	Y	Y	N	N	MC	N	N	N

## WRAPS

Chicken Fajita Hot Wrap	411	Y	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
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## FILLED CROISSANTS

Bacon & Brie Croissant <b>NEW</b>	414	Y	N	N	N	N	N	N	Y	N	N	MC	Y	MC	N	N	MC	N	N	N
Cheese & Tomato Croissant	378	Y	N	N	N	N	N	N	Y	N	N	MC	Y	MC	N	N	MC	N	N	N
Ham & Cheddar Cheese Croissant		Y	MC	MC	MC	MC	MC	N	Y	N	N	MC	Y	MC	N	N	MC	MC	N	N

## FRESH TOAST

Toast with Butter - white		Y	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	Y	N	N	N
Toast with Butter - brown		Y	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	Y	N	N	N

## SAUSAGE ROLL

Hot Sausage Roll		Y	MC	MC	MC	MC	N	N	MC	N	N	MC	MC	N	N	N	N	Y	N	N
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## SOUP

Cream of Vegetable Soup 1x2 LT	135	N	N	N	N	N	N	N	N	N	N	N	Y	N	Y	N	N	N	N	N
Chicken & Vegetable Soup 1x2 LT	150	N	N	N	N	N	N	N	N	N	N	N	Y	N	Y	N	N	N	N	N
Potato & Leek Soup 1 x 2lt	166	N	N	N	N	N	N	N	N	N	N	N	Y	N	Y	N	N	N	N	N
Tomato & Basil Soup 1x2 LT	128	N	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N

## JACKET POTATOES

Grated Cheese	691	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Beans	512	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Tuna Mayo	704	N	N	N	N	N	N	N	Y	Y	N	N	Y	N	N	N	N	N	N	N
Coleslaw	618	N	N	N	N	N	N	N	Y	N	N	N	Y	N	N	Y	N	N	N	N

Muffins

Sweet Treats

Savoury

Hot Drinks

Chilled Drinks

Ice Cream

Extras

Barista Coffee

Matcha Hot Lattes

Chocolate Drinks

Tea

Extras

Product	Kcal	Gluten / Wheat	Gluten / Rye	Gluten / Barley	Gluten / Oats	Gluten / Spelt	Gluten / Kamut	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Celery	Mustard	Sesame Seeds	Sulphur Dioxide/ Sulphites	Lupin	Molluscs
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COFFEE

<b>Espresso</b>	0	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Double Espresso	0	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
<b>Flat White (skimmed milk) Small</b>	70	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Flat White (whole milk) Small	130	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Flat White (almond milk) Small	25	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N
Flat White (coconut milk) Small	66	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N
Flat White (oat milk) Small	90	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Flat White (soya milk) Small	87	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N
<b>Americano (black) Small</b>	0	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Americano (black) Regular	0	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Americano (black) Large	0	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Americano (white skimmed milk) Small	44	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Americano (white skimmed milk) Regular	44	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Americano (white skimmed milk) Large	44	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Americano (white whole milk) Small	83	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Americano (white whole milk) Regular	83	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Americano (white whole milk) Large	83	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Americano (white almond milk) Small	16	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N
Americano (white almond milk) Regular	16	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N
Americano (white almond milk) Large	16	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N
Americano (white coconut milk) Small	42	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N
Americano (white coconut milk) Regular	42	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N
Americano (white coconut milk) Large	42	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N
Americano (white oat milk) Small	57	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Americano (white oat milk) Regular	57	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Americano (white oat milk) Large	57	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Americano (white soya milk) Small	55	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N
Americano (white soya milk) Regular	55	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N
Americano (white soya milk) Large	55	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N

Muffins

Sweet Treats

Savoury

Hot Drinks

Chilled Drinks

Ice Cream

Extras

Barista Coffee

Matcha Hot Lattes

Chocolate Drinks

Tea

Extras

Product	Kcal	Gluten / Wheat	Gluten / Rye	Gluten / Barley	Gluten / Oats	Gluten / Spelt	Gluten / Kamut	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Celery	Mustard	Sesame Seeds	Sulphur Dioxide/ Sulphites	Lupin	Molluscs
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COFFEE

<b>Cortado (skimmed milk) Large</b>	51	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Cortado (whole milk) Large	67	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Cortado (almond milk) Large	25	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N
Cortado (coconut milk) Large	34	N	N	N	N	N	N	N	N	N	N	Y	N	MC	N	N	N	N	N	N
Cortado (oat milk) Large	62	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Cortado (soya milk) Large	44	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N
<b>Cappuccino (skimmed milk) Small</b>	72	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Cappuccino (skimmed milk) Regular	86	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Cappuccino (skimmed milk) Large	98	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Cappuccino (whole milk) Small	133	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Cappuccino (whole milk) Regular	158	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Cappuccino (whole milk) Large	180	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Cappuccino No Chocolate Sprinkles (almond milk) Small	27	N	N	N	N	N	N	N	N	N	N	N	N*	Y	N	N	N	N	N	N
Cappuccino No Chocolate Sprinkles (almond milk) Regular	31	N	N	N	N	N	N	N	N	N	N	N	N*	Y	N	N	N	N	N	N
Cappuccino No Chocolate Sprinkles (almond milk) Large	36	N	N	N	N	N	N	N	N	N	N	N	N*	Y	N	N	N	N	N	N
Cappuccino No Chocolate Sprinkles (coconut milk) Small	68	N	N	N	N	N	N	N	N	N	N	Y	N*	N	N	N	N	N	N	N
Cappuccino No Chocolate Sprinkles (coconut milk) Regular	81	N	N	N	N	N	N	N	N	N	N	Y	N*	N	N	N	N	N	N	N
Cappuccino No Chocolate Sprinkles (coconut milk) Large	92	N	N	N	N	N	N	N	N	N	N	Y	N*	N	N	N	N	N	N	N
Cappuccino No Chocolate Sprinkles (oat milk) Small	92	N	N	N	Y	N	N	N	N	N	N	N	N*	N	N	N	N	N	N	N
Cappuccino No Chocolate Sprinkles (oat milk) Regular	110	N	N	N	Y	N	N	N	N	N	N	N	N*	N	N	N	N	N	N	N
Cappuccino No Chocolate Sprinkles (oat milk) Large	125	N	N	N	Y	N	N	N	N	N	N	N	N*	N	N	N	N	N	N	N
Cappuccino No Chocolate Sprinkles (soya milk) Small	89	N	N	N	N	N	N	N	N	N	N	Y	N*	N	N	N	N	N	N	N
Cappuccino No Chocolate Sprinkles (soya milk) Regular	106	N	N	N	N	N	N	N	N	N	N	Y	N*	N	N	N	N	N	N	N
Cappuccino No Chocolate Sprinkles (soya milk) Large	121	N	N	N	N	N	N	N	N	N	N	Y	N*	N	N	N	N	N	N	N

**\*ALLERGY ADVICE - PLEASE NOTE: OUR HOT CHOCOLATE POWDER USED FOR SPRINKLES CONTAIN MILK**

Muffins

Sweet Treats

Savoury

Hot Drinks

Chilled Drinks

Ice Cream

Extras

Barista Coffee

Matcha Hot Lattes

Chocolate Drinks

Tea

Extras

Product	Kcal	Gluten / Wheat	Gluten / Rye	Gluten / Barley	Gluten / Oats	Gluten / Spelt	Gluten / Kamut	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Celery	Mustard	Sesame Seeds	Sulphur Dioxide/ Sulphites	Lupin	Molluscs
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COFFEE

<b>Latte (skimmed milk) Regular</b>	84	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Latte (skimmed milk) Large	95	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Latte (whole milk) Regular	156	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Latte (whole milk) Large	178	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Latte (almond milk) Regular	29	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N
Latte (almond milk) Large	34	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N
Latte (coconut milk) Regular	79	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N
Latte (coconut milk) Large	90	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N
Latte (oat milk) Regular	108	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Latte (oat milk) Large	123	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Latte (soya milk) Regular	104	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N
Latte (soya milk) Large	119	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N
<b>Salted Caramel Latte with Cream (whole milk) Regular</b>	252	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Salted Caramel Latte with Cream (whole milk) Large	308	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Salted Caramel Latte with Cream (skimmed milk) Regular	208	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Salted Caramel Latte with Cream (skimmed milk) Large	249	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Salted Caramel Latte with Cream (almond milk) Regular	175	N	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N
Salted Caramel Latte with Cream (almond milk) Large	205	N	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N
Salted Caramel Latte with Cream (coconut milk) Regular	205	N	N	N	N	N	N	N	N	N	N	Y	Y	MC	N	N	N	N	N	N
Salted Caramel Latte with Cream (coconut milk) Large	245	N	N	N	N	N	N	N	N	N	N	Y	Y	MC	N	N	N	N	N	N
Salted Caramel Latte with Cream (oat milk) Regular	227	N	N	N	Y	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Salted Caramel Latte with Cream (oat milk) Large	274	N	N	N	Y	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Salted Caramel Latte with Cream (soya milk) Regular	220	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N
Salted Caramel Latte with Cream (soya milk) Large	265	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N

Muffins

Sweet Treats

Savoury

Hot Drinks

Chilled Drinks

Ice Cream

Extras

Barista Coffee

Matcha Hot Lattes

Chocolate Drinks

Tea

Extras

Product	Kcal	Gluten / Wheat	Gluten / Rye	Gluten / Barley	Gluten / Oats	Gluten / Spelt	Gluten / Kamut	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Celery	Mustard	Sesame Seeds	Sulphur Dioxide/ Sulphites	Lupin	Molluscs
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COFFEE

NEW	<b>Pistachio Latte (skimmed milk) Regular</b>	220	N	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	MC	N	N	N
	Pistachio Latte (skimmed milk) Large	293	N	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	MC	N	N	N
	Pistachio Latte (whole milk) Regular	239	N	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	MC	N	N	N
	Pistachio Latte (whole milk) Large	319	N	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	MC	N	N	N
	Pistachio Latte (almond milk) Regular	188	N	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	MC	N	N	N
	Pistachio Latte (almond milk) Large	248	N	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	MC	N	N	N
	Pistachio Latte (coconut milk) Regular	199	N	N	N	N	N	N	N	N	N	N	Y	Y	Y	N	N	MC	N	N	N
	Pistachio Latte (coconut milk) Large	263	N	N	N	N	N	N	N	N	N	N	Y	Y	Y	N	N	MC	N	N	N
	Pistachio Latte (oat milk) Regular	234	N	N	N	Y	N	N	N	N	N	N	N	Y	Y	N	N	MC	N	N	N
	Pistachio Latte (oat milk) Large	311	N	N	N	Y	N	N	N	N	N	N	N	Y	Y	N	N	MC	N	N	N
	Pistachio Latte (soya milk) Regular	212	N	N	N	N	N	N	N	N	N	N	Y	Y	Y	N	N	MC	N	N	N
	Pistachio Latte (soya milk) Large	281	N	N	N	N	N	N	N	N	N	N	Y	Y	Y	N	N	MC	N	N	N
NEW	<b>Spanish Latte (skimmed milk) Regular</b>	137	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
	Spanish Latte (skimmed milk) Large	195	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
	Spanish Latte (whole milk) Regular	159	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
	Spanish Latte (whole milk) Large	224	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
	Spanish Latte (almond milk) Regular	100	N	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N
	Spanish Latte (almond milk) Large	145	N	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N
	Spanish Latte (coconut milk) Regular	112	N	N	N	N	N	N	N	N	N	N	Y	Y	MC	N	N	N	N	N	N
	Spanish Latte (coconut milk) Large	161	N	N	N	N	N	N	N	N	N	N	Y	Y	MC	N	N	N	N	N	N
	Spanish Latte (oat milk) Regular	152	N	N	N	Y	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
	Spanish Latte (oat milk) Large	215	N	N	N	Y	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
	Spanish Latte (soya milk) Regular	127	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N
	Spanish Latte (soya milk) Large	181	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N

Muffins

Sweet Treats

Savoury

Hot Drinks

Chilled Drinks

Ice Cream

Extras

Barista Coffee

Matcha Hot Lattes

Chocolate Drinks

Tea

Extras

Product	Kcal	Gluten / Wheat	Gluten / Rye	Gluten / Barley	Gluten / Oats	Gluten / Spelt	Gluten / Kamut	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Celery	Mustard	Sesame Seeds	Sulphur Dioxide/ Sulphites	Lupin	Molluscs
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MATCHA HOT LATTES

<b>Original Matcha Latte (skimmed milk) Medium</b>	127	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Original Matcha Latte (skimmed milk) Large	205	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Original Matcha Latte (whole milk) Regular	165	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Original Matcha Latte (whole milk) Large	266	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Original Matcha Latte (almond milk) Medium	62	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N
Original Matcha Latte (almond milk) Large	100	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N
Original Matcha Latte (coconut milk) Medium	84	N	N	N	N	N	N	N	N	N	N	Y	N	MC	N	N	N	N	N	N
Original Matcha Latte (coconut milk) Large	135	N	N	N	N	N	N	N	N	N	N	Y	N	MC	N	N	N	N	N	N
Original Matcha Latte (oat milk) Medium	122	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Original Matcha Latte (oat milk) Large	197	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Original Matcha Latte (soya milk) Medium	109	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N
Original Matcha Latte (soya milk) Large	177	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N
<b>Vanilla Matcha Latte (skimmed milk) Regular</b>	157	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Vanilla Matcha Latte (skimmed milk) Large	251	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Vanilla Matcha Latte (whole milk) Regular	192	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Vanilla Matcha Latte (whole milk) Large	307	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Vanilla Matcha Latte (almond milk) Regular	97	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N
Vanilla Matcha Latte (almond milk) Large	153	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N
Vanilla Matcha Latte (coconut milk) Regular	117	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N
Vanilla Matcha Latte (coconut milk) Large	186	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N
Vanilla Matcha Latte (oat milk) Regular	152	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Vanilla Matcha Latte (oat milk) Large	243	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Vanilla Matcha Latte (soya milk) Regular	141	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N
Vanilla Matcha Latte (soya milk) Large	224	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N

**\*ALLERGY ADVICE - OUR HOT CHOCOLATE POWDER DOES CONTAIN MILK, ANY MILK CHANGES WON'T REMOVE THE ALLERGEN**

Muffins

Sweet Treats

Savoury

Hot Drinks

Chilled Drinks

Ice Cream

Extras

Barista Coffee

Matcha Hot Lattes

Chocolate Drinks

Tea

Extras

Product	Kcal	Gluten / Wheat	Gluten / Rye	Gluten / Barley	Gluten / Oats	Gluten / Spelt	Gluten / Kamut	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Celery	Mustard	Sesame Seeds	Sulphur Dioxide/ Sulphites	Lupin	Molluscs
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MATCHA HOT LATTES

<b>Strawberry Matcha Latte (skimmed milk) Regular</b>	184	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Strawberry Matcha Latte (skimmed milk) Large	291	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Strawberry Matcha Latte (whole milk) Regular	219	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Strawberry Matcha Latte (whole milk) Large	348	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Strawberry Matcha Latte (almond milk) Regular	124	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N
Strawberry Matcha Latte (almond milk) Large	194	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N
Strawberry Matcha Latte (coconut milk) Regular	144	N	N	N	N	N	N	N	N	N	N	Y	N	MC	N	N	N	N	N	N
Strawberry Matcha Latte (coconut milk) Large	226	N	N	N	N	N	N	N	N	N	N	Y	N	MC	N	N	N	N	N	N
Strawberry Matcha Latte (oat milk) Regular	209	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Strawberry Matcha Latte (oat milk) Large	331	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Strawberry Matcha Latte (soya milk) Regular	168	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N
Strawberry Matcha Latte (soya milk) Large	265	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N
<b>Mango &amp; Coconut Matcha Latte (skimmed milk) Regular</b>	224	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Mango & Coconut Matcha Latte (skimmed milk) Large	351	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Mango & Coconut Matcha Latte (whole milk) Regular	255	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Mango & Coconut Matcha Latte (whole milk) Large	402	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Mango & Coconut Matcha Latte (almond milk) Regular	172	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N
Mango & Coconut Matcha Latte (almond milk) Large	263	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N
Mango & Coconut Matcha Latte (coconut milk) Regular	190	N	N	N	N	N	N	N	N	N	N	Y	N	MC	N	N	N	N	N	N
Mango & Coconut Matcha Latte (coconut milk) Large	293	N	N	N	N	N	N	N	N	N	N	Y	N	MC	N	N	N	N	N	N
Mango & Coconut Matcha Latte (oat milk) Regular	246	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Mango & Coconut Matcha Latte (oat milk) Large	386	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Mango & Coconut Matcha Latte (soya milk) Regular	210	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N
Mango & Coconut Matcha Latte (soya milk) Large	327	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N

NEW

## Barista Coffee

## Matcha Hot Lattes

## Chocolate Drinks

## Tea

## Extras

Product	Kcal	Gluten / Wheat	Gluten / Rye	Gluten / Barley	Gluten / Oats	Gluten / Spelt	Gluten / Kamut	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Celery	Mustard	Sesame Seeds	Sulphur Dioxide/ Sulphites	Lupin	Molluscs
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## MATCHA HOT LATTES

NEW	Product	Kcal	Gluten / Wheat	Gluten / Rye	Gluten / Barley	Gluten / Oats	Gluten / Spelt	Gluten / Kamut	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Celery	Mustard	Sesame Seeds	Sulphur Dioxide/ Sulphites	Lupin	Molluscs
	<b>Blueberry &amp; White Chocolate Matcha Latte (skimmed milk) Regular</b>	<b>237</b>	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
	Blueberry & White Chocolate Matcha Latte (skimmed milk) Large	521	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
	Blueberry & White Chocolate Matcha Latte (whole milk) Regular	268	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
	Blueberry & White Chocolate Matcha Latte (whole milk) Large	572	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
	Blueberry & White Chocolate Matcha Latte (almond milk) Regular	185	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N
	Blueberry & White Chocolate Matcha Latte (almond milk) Large	433	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N
	Blueberry & White Chocolate Matcha Latte (coconut milk) Regular	203	N	N	N	N	N	N	N	N	N	N	Y	N	MC	N	N	N	N	N	N
	Blueberry & White Chocolate Matcha Latte (coconut milk) Large	463	N	N	N	N	N	N	N	N	N	N	Y	N	MC	N	N	N	N	N	N
	Blueberry & White Chocolate Matcha Latte (oat milk) Regular	259	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
	Blueberry & White Chocolate Matcha Latte (oat milk) Large	556	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
	Blueberry & White Chocolate Matcha Latte (soya milk) Regular	223	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N
	Blueberry & White Chocolate Matcha Latte (soya milk) Large	497	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N

Muffins

Sweet Treats

Savoury

Hot Drinks

Chilled Drinks

Ice Cream

Extras

Barista Coffee

Matcha Hot Lattes

Chocolate Drinks

Tea

Extras

Product	Kcal	Gluten / Wheat	Gluten / Rye	Gluten / Barley	Gluten / Oats	Gluten / Spelt	Gluten / Kamut	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Celery	Mustard	Sesame Seeds	Sulphur Dioxide/ Sulphites	Lupin	Molluscs
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CHOCOLATE DRINKS

<b>Hot Chocolate (skimmed milk) Regular</b>	239	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Hot Chocolate (skimmed milk) Large	310	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Hot Chocolate (whole milk) Regular	312	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Hot Chocolate (whole milk) Large	392	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Hot Chocolate (almond milk) Regular	185	N	N	N	N	N	N	N	N	N	N	N	Y*	Y	N	N	N	N	N	N
Hot Chocolate (almond milk) Large	248	N	N	N	N	N	N	N	N	N	N	N	Y*	Y	N	N	N	N	N	N
Hot Chocolate (coconut milk) Regular	235	N	N	N	N	N	N	N	N	N	N	Y	Y*	N	N	N	N	N	N	N
Hot Chocolate (coconut milk) Large	304	N	N	N	N	N	N	N	N	N	N	Y	Y*	N	N	N	N	N	N	N
Hot Chocolate (oat milk) Regular	264	N	N	N	Y	N	N	N	N	N	N	N	Y*	N	N	N	N	N	N	N
Hot Chocolate (oat milk) Large	337	N	N	N	Y	N	N	N	N	N	N	N	Y*	N	N	N	N	N	N	N
Hot Chocolate (soya milk) Regular	260	N	N	N	N	N	N	N	N	N	N	Y	Y*	N	N	N	N	N	N	N
Hot Chocolate (soya milk) Large	333	N	N	N	N	N	N	N	N	N	N	Y	Y*	N	N	N	N	N	N	N
<b>Mocha (skimmed milk) Regular</b>	229	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Mocha (skimmed milk) Large	289	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Mocha (whole milk) Regular	293	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Mocha (whole milk) Large	354	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Mocha (almond milk) Regular	182	N	N	N	N	N	N	N	N	N	N	N	Y*	Y	N	N	N	N	N	N
Mocha (almond milk) Large	241	N	N	N	N	N	N	N	N	N	N	N	Y*	Y	N	N	N	N	N	N
Mocha (coconut milk) Regular	225	N	N	N	N	N	N	N	N	N	N	Y	Y*	N	N	N	N	N	N	N
Mocha (coconut milk) Large	285	N	N	N	N	N	N	N	N	N	N	Y	Y*	N	N	N	N	N	N	N
Mocha (oat milk) Regular	250	N	N	N	Y	N	N	N	N	N	N	N	Y*	N	N	N	N	N	N	N
Mocha (oat milk) Large	311	N	N	N	Y	N	N	N	N	N	N	N	Y*	N	N	N	N	N	N	N
Mocha (soya milk) Regular	247	N	N	N	N	N	N	N	N	N	N	Y	Y*	N	N	N	N	N	N	N
Mocha (soya milk) Large	308	N	N	N	N	N	N	N	N	N	N	Y	Y*	N	N	N	N	N	N	N

**\*ALLERGY ADVICE - OUR HOT CHOCOLATE POWDER DOES CONTAIN MILK, ANY MILK CHANGES WON'T REMOVE THE ALLERGEN**

## Muffins

## Sweet Treats

## Savoury

## Hot Drinks

## Chilled Drinks

## Ice Cream

## Extras

## Barista Coffee

## Matcha Hot Lattes

## Chocolate Drinks

## Tea

## Extras

Product	Kcal	Gluten / Wheat	Gluten / Rye	Gluten / Barley	Gluten / Oats	Gluten / Spelt	Gluten / Kamut	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Celery	Mustard	Sesame Seeds	Sulphur Dioxide/ Sulphites	Lupin	Molluscs
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## CHOCOLATE DRINKS

<b>Kids Hot Chocolate (skimmed milk)</b>	225	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Kids Hot Chocolate (whole milk)	273	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Kids Hot Chocolate (almond milk)	242	N	N	N	N	N	N	N	N	N	N	N	Y*	N	N	N	N	N	N	N
Kids Hot Chocolate (coconut milk)	300	N	N	N	N	N	N	N	N	N	N	N	Y*	N	N	N	N	N	N	N
Kids Hot Chocolate (oat milk)	182	N	N	N	Y	N	N	N	N	N	N	N	Y*	Y	N	N	N	N	N	N
Kids Hot Chocolate (soya milk)	208	N	N	N	N	N	N	N	N	N	N	N	Y*	Y	N	N	N	N	N	N
<b>Kiddiccino (Warm Skimmed Milk)</b>	89	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Kiddiccino (Warm Whole Milk)	149	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Kiddiccino (Warm Almond Milk)	43	N	N	N	N	N	N	N	N	N	N	N	Y*	Y	N	N	N	N	N	N
Kiddiccino (Warm Coconut Milk)	85	N	N	N	N	N	N	N	N	N	N	Y	Y*	N	N	N	N	N	N	N
Kiddiccino (Warm Oat Milk)	109	N	N	N	Y	N	N	N	N	N	N	N	Y*	N	N	N	N	N	N	N
Kiddiccino (Warm Soya Milk)	105	N	N	N	N	N	N	N	N	N	N	Y	Y*	N	N	N	N	N	N	N
<b>Millionaires Hot Chocolate (skimmed milk) Regular</b>	369	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Millionaires Hot Chocolate (skimmed milk) Large	498	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Millionaires Hot Chocolate (whole milk) Regular	413	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Millionaires Hot Chocolate (whole milk) Large	557	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Millionaires Hot Chocolate (almond milk) Regular	336	N	N	N	N	N	N	N	N	N	N	N	Y*	Y	N	N	N	N	N	N
Millionaires Hot Chocolate (almond milk) Large	454	N	N	N	N	N	N	N	N	N	N	N	Y*	Y	N	N	N	N	N	N
Millionaires Hot Chocolate (coconut milk) Regular	366	N	N	N	N	N	N	N	N	N	N	Y	Y*	N	N	N	N	N	N	N
Millionaires Hot Chocolate (coconut milk) Large	494	N	N	N	N	N	N	N	N	N	N	Y	Y*	N	N	N	N	N	N	N
Millionaires Hot Chocolate (oat milk) Large	518	N	N	N	Y	N	N	N	N	N	N	N	Y*	N	N	N	N	N	N	N
Millionaires Hot Chocolate (oat milk) Regular	384	N	N	N	Y	N	N	N	N	N	N	N	Y*	N	N	N	N	N	N	N
Millionaires Hot Chocolate (soya milk) Large	514	N	N	N	N	N	N	N	N	N	N	Y	Y*	N	N	N	N	N	N	N
Millionaires Hot Chocolate (soya milk) Regular	381	N	N	N	N	N	N	N	N	N	N	Y	Y*	N	N	N	N	N	N	N

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## Barista Coffee

## Matcha Hot Lattes

## Chocolate Drinks

## Tea

## Extras

Product	Kcal	Gluten / Wheat	Gluten / Rye	Gluten / Barley	Gluten / Oats	Gluten / Spelt	Gluten / Kamut	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Celery	Mustard	Sesame Seeds	Sulphur Dioxide/ Sulphites	Lupin	Molluscs
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## CHOCOLATE DRINKS

<b>Dubai Style Chocolate Hot Chocolate (skimmed milk) Medium</b>	<b>380</b>	N	N	N	N	N	N	N	N	N	N	Y	Y	Y	N	N	MC	N	N	N
Dubai Style Chocolate Hot Chocolate (skimmed milk) Large	523	N	N	N	N	N	N	N	N	N	N	Y	Y	Y	N	N	MC	N	N	N
Dubai Style Chocolate Hot Chocolate (whole milk) Regular	403	N	N	N	N	N	N	N	N	N	N	Y	Y	Y	N	N	MC	N	N	N
Dubai Style Chocolate Hot Chocolate (whole milk) Large	558	N	N	N	N	N	N	N	N	N	N	Y	Y	Y	N	N	MC	N	N	N
Dubai Style Chocolate Hot Chocolate (almond milk) Medium	340	N	N	N	N	N	N	N	N	N	N	Y	Y	Y	N	N	MC	N	N	N
Dubai Style Chocolate Hot Chocolate (almond milk) Large	463	N	N	N	N	N	N	N	N	N	N	Y	Y	Y	N	N	MC	N	N	N
Dubai Style Chocolate Hot Chocolate (coconut milk) Medium	355	N	N	N	N	N	N	N	N	N	N	Y	Y	Y	N	N	MC	N	N	N
Dubai Style Chocolate Hot Chocolate (coconut milk) Large	485	N	N	N	N	N	N	N	N	N	N	Y	Y	Y	N	N	MC	N	N	N
Dubai Style Chocolate Hot Chocolate (oat milk) Medium	396	N	N	N	Y	N	N	N	N	N	N	Y	Y	Y	N	N	MC	N	N	N
Dubai Style Chocolate Hot Chocolate (oat milk) Large	547	N	N	N	Y	N	N	N	N	N	N	Y	Y	Y	N	N	MC	N	N	N
Dubai Style Chocolate Hot Chocolate (soya milk) Medium	369	N	N	N	N	N	N	N	N	N	N	Y	Y	Y	N	N	MC	N	N	N
Dubai Style Chocolate Hot Chocolate (soya milk) Large	507	N	N	N	N	N	N	N	N	N	N	Y	Y	Y	N	N	MC	N	N	N

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Muffins

Sweet Treats

Savoury

Hot Drinks

Chilled Drinks

Ice Cream

Extras

Barista Coffee

Matcha Hot Lattes

Chocolate Drinks

Tea

Extras

Product	Kcal	Gluten / Wheat	Gluten / Rye	Gluten / Barley	Gluten / Oats	Gluten / Spelt	Gluten / Kamut	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Celery	Mustard	Sesame Seeds	Sulphur Dioxide/ Sulphites	Lupin	Molluscs
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TEA

<b>Traditional Tea Regular Mug or Pot for one (skimmed milk)</b>	45	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Traditional Tea Regular Mug or Pot for one (whole milk)	83	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Traditional Tea Regular Mug or Pot for one (almond milk)	16	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N
Traditional Tea Regular Mug or Pot for one (coconut milk)	42	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N
Traditional Tea Regular Mug or Pot for one (oat milk)	58	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Traditional Tea Regular Mug or Pot for one (soya milk)	56	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N
<b>Traditional Tea Pot of Tea for 2 (skimmed milk)</b>	23	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Traditional Tea Pot of Tea for 2 (whole milk)	42	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Traditional Tea Pot of Tea for 2 (almond milk)	8	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N
Traditional Tea Pot of Tea for 2 (coconut milk)	21	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N
Traditional Tea Pot of Tea for 2 (oat milk)	29	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Traditional Tea Pot of Tea for 2 (soya milk)	28	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N
<b>Decaf Tea (skimmed milk) Regular</b>	44	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Decaf Tea (whole milk) Regular	83	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Decaf Tea (almond milk) Regular	16	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N
Decaf Tea (coconut milk) Regular	42	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N
Decaf Tea (oat milk) Regular	57	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Decaf Tea (soya milk) Regular	55	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N
<b>Decaf Pot of Tea for 2 (skimmed milk)</b>	22	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Decaf Pot of Tea for 2 (whole milk)	41	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Decaf Pot of Tea for 2 (almond milk)	8	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N
Decaf Pot of Tea for 2 (coconut milk)	21	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N
Decaf Pot of Tea for 2 (oat milk)	29	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Decaf Pot of Tea for 2 (soya milk)	28	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N

SPECIALITY TEAS

Green Tea Sencha	0	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Eary Gray	0	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Chamomile	0	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Red Berry	0	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Peppermint	0	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N

## Barista Coffee

## Matcha Hot Lattes

## Chocolate Drinks

## Tea

## Extras

Product	Kcal	Gluten / Wheat	Gluten / Rye	Gluten / Barley	Gluten / Oats	Gluten / Spelt	Gluten / Kamut	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Celery	Mustard	Sesame Seeds	Sulphur Dioxide/ Sulphites	Lupin	Molluscs
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## EXTRAS

Cream	47	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Chocolate Flake	51	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Pink & White Mini Mallows	20	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Vanilla Syrup	20	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Caramel Syrup	21	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Hazelnut Syrup	21	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N

Muffins

Sweet Treats

Savoury

Hot Drinks

Chilled Drinks

Ice Cream

Extras

Over Ice

Matcha Iced Lattes

Creamy Frappes

Fruit Smoothies

Milkshakes

Iced Teas

Iced Lemonades

Frozen Refreshers

Product	Kcal	Gluten / Wheat	Gluten / Rye	Gluten / Barley	Gluten / Oats	Gluten / Spelt	Gluten / Kamut	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Celery	Mustard	Sesame Seeds	Sulphur Dioxide/ Sulphites	Lupin	Molluscs
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OVER ICE

Iced Latte (skimmed milk) Regular	51	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N
Iced Latte (skimmed milk) Large	61	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N
Iced Latte (whole milk) Regular	95	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N
Iced Latte (whole milk) Large	114	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N
Iced Latte (almond milk) Regular	18	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Iced Latte (almond milk) Large	22	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Iced Latte (coconut milk) Regular	48	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	N
Iced Latte (coconut milk) Large	58	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	N
Iced Latte (oat milk) Regular	66	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Iced Latte (oat milk) Large	79	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Iced Latte (soya milk) Regular	64	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	N
Iced Latte (soya milk) Large	76	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	N
Iced Mocha (skimmed milk) Regular	132	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N
Iced Mocha (skimmed milk) Large	182	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N
Iced Mocha (whole milk) Regular	176	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N
Iced Mocha (whole milk) Large	235	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N
Iced Mocha (almond milk) Regular	98	N	N	N	N	N	N	N	N	N	N	N	Y*	Y	N	N	N	N	N	N	N
Iced Mocha (almond milk) Large	142	N	N	N	N	N	N	N	N	N	N	N	Y*	Y	N	N	N	N	N	N	N
Iced Mocha (coconut milk) Regular	129	N	N	N	N	N	N	N	N	N	N	Y	Y*	N	N	N	N	N	N	N	N
Iced Mocha (coconut milk) Large	178	N	N	N	N	N	N	N	N	N	N	Y	Y*	N	N	N	N	N	N	N	N
Iced Mocha (oat milk) Regular	146	N	N	N	Y	N	N	N	N	N	N	N	Y*	N	N	N	N	N	N	N	N
Iced Mocha (oat milk) Large	200	N	N	N	Y	N	N	N	N	N	N	N	Y*	N	N	N	N	N	N	N	N
Iced Mocha (soya milk) Regular	144	N	N	N	N	N	N	N	N	N	N	Y	Y*	N	N	N	N	N	N	N	N
Iced Mocha (soya milk) Large	197	N	N	N	N	N	N	N	N	N	N	Y	Y*	N	N	N	N	N	N	N	N

**\*ALLERGY ADVICE - OUR HOT CHOCOLATE POWDER DOES CONTAIN MILK, ANY MILK CHANGES WON'T REMOVE THE ALLERGEN**

Muffins

Sweet Treats

Savoury

Hot Drinks

Chilled Drinks

Ice Cream

Extras

Over Ice

Matcha Iced Lattes

Creamy Frappes

Fruit Smoothies

Milkshakes

Iced Teas

Iced Lemonades

Frozen Refreshers

Product	Kcal	Gluten / Wheat	Gluten / Rye	Gluten / Barley	Gluten / Oats	Gluten / Spelt	Gluten / Kamut	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Celery	Mustard	Sesame Seeds	Sulphur Dioxide/ Sulphites	Lupin	Molluscs
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OVER ICE

<b>Salted Caramel Iced Latte (skimmed milk) Regular</b>	197	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Salted Caramel Iced Latte (skimmed milk) Large	257	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Salted Caramel Iced Latte (whole milk) Regular	215	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Salted Caramel Iced Latte (whole milk) Large	278	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Salted Caramel Iced Latte (almond milk) Regular	165	N	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N
Salted Caramel Iced Latte (almond milk) Large	221	N	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N
Salted Caramel Iced Latte (coconut milk) Regular	176	N	N	N	N	N	N	N	N	N	N	Y	Y	MC	N	N	N	N	N	N
Salted Caramel Iced Latte (coconut milk) Large	233	N	N	N	N	N	N	N	N	N	N	Y	Y	MC	N	N	N	N	N	N
Salted Caramel Iced Latte (oat milk) Regular	209	N	N	N	Y	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Salted Caramel Iced Latte (oat milk) Large	272	N	N	N	Y	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Salted Caramel Iced Latte (soya milk) Regular	188	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N
Salted Caramel Iced Latte (soya milk) Large	247	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N
<b>Pistachio Iced Latte (skimmed milk) Regular</b>	238	N	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	MC	N	N	N
Pistachio Iced Latte (skimmed milk) Large	293	N	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	MC	N	N	N
Pistachio Iced Latte (whole milk) Regular	262	N	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	MC	N	N	N
Pistachio Iced Latte (whole milk) Large	319	N	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	MC	N	N	N
Pistachio Iced Latte (almond milk) Regular	196	N	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	MC	N	N	N
Pistachio Iced Latte (almond milk) Large	248	N	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	MC	N	N	N
Pistachio Iced Latte (coconut milk) Regular	210	N	N	N	N	N	N	N	N	N	N	Y	Y	Y	N	N	MC	N	N	N
Pistachio Iced Latte (coconut milk) Large	263	N	N	N	N	N	N	N	N	N	N	Y	Y	Y	N	N	MC	N	N	N
Pistachio Iced Latte (oat milk) Regular	254	N	N	N	Y	N	N	N	N	N	N	N	Y	Y	N	N	MC	N	N	N
Pistachio Iced Latte (oat milk) Large	311	N	N	N	Y	N	N	N	N	N	N	N	Y	Y	N	N	MC	N	N	N
Pistachio Iced Latte (soya milk) Regular	226	N	N	N	N	N	N	N	N	N	N	Y	Y	Y	N	N	MC	N	N	N
Pistachio Iced Latte (soya milk) Large	281	N	N	N	N	N	N	N	N	N	N	Y	Y	Y	N	N	MC	N	N	N

NEW

## Over Ice

## Matcha Iced Lattes

## Creamy Frappes

## Fruit Smoothies

## Milkshakes

## Iced Teas

## Iced Lemonades

## Frozen Refreshers

Product	Kcal	Gluten / Wheat	Gluten / Rye	Gluten / Barley	Gluten / Oats	Gluten / Spelt	Gluten / Kamut	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Celery	Mustard	Sesame Seeds	Sulphur Dioxide/ Sulphites	Lupin	Molluscs
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## OVER ICE

NEW	<b>Spanish Iced Latte (skimmed milk) Regular</b>	<b>154</b>	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N
	Spanish Iced Latte (skimmed milk) Large	195	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N
	Spanish Iced Latte (whole milk) Regular	181	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N
	Spanish Iced Latte (whole milk) Large	224	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N
	Spanish Iced Latte (almond milk) Regular	108	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N
	Spanish Iced Latte (almond milk) Large	145	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N
	Spanish Iced Latte (coconut milk) Regular	124	N	N	N	N	N	N	N	N	N	N	Y	Y	MC	N	N	N	N	N	N
	Spanish Iced Latte (coconut milk) Large	161	N	N	N	N	N	N	N	N	N	N	Y	Y	MC	N	N	N	N	N	N
	Spanish Iced Latte (oat milk) Regular	173	N	N	N	Y	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N
	Spanish Iced Latte (oat milk) Large	215	N	N	N	Y	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N
	Spanish Iced Latte (soya milk) Regular	142	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N
	Spanish Iced Latte (soya milk) Large	181	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N

Over Ice Matcha Iced Lattes Creamy Frappes Fruit Smoothies Milkshakes Iced Teas Iced Lemonades Frozen Refreshers

Product	Kcal	Gluten / Wheat	Gluten / Rye	Gluten / Barley	Gluten / Oats	Gluten / Spelt	Gluten / Kamut	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Celery	Mustard	Sesame Seeds	Sulphur Dioxide/ Sulphites	Lupin	Molluscs
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MATCHA ICED LATTES

NEW	<b>Mango &amp; Coconut Iced Matcha Latte (skimmed milk) Medium</b>	200	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	
	Mango & Coconut Iced Matcha Latte (skimmed milk) Large	278	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	
	Mango & Coconut Iced Matcha Latte (whole milk) Medium	223	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	
	Mango & Coconut Iced Matcha Latte (whole milk) Large	307	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	
	Mango & Coconut Iced Matcha Latte (almond milk) Medium	160	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	
	Mango & Coconut Iced Matcha Latte (almond milk) Large	228	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N
	Mango & Coconut Iced Matcha Latte (coconut milk) Medium	174	N	N	N	N	N	N	N	N	N	N	Y	N	MC	N	N	N	N	N	N	N
	Mango & Coconut Iced Matcha Latte (coconut milk) Large	244	N	N	N	N	N	N	N	N	N	N	Y	N	MC	N	N	N	N	N	N	N
	Mango & Coconut Iced Matcha Latte (oat milk) Medium	216	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
	Mango & Coconut Iced Matcha Latte (oat milk) Large	298	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
	Mango & Coconut Iced Matcha Latte (soya milk) Medium	189	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	N
	Mango & Coconut Iced Matcha Latte (soya milk) Large	264	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	N
NEW	<b>Blueberry &amp; White Chocolate Iced Matcha Latte (skimmed milk) Medium</b>	213	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	
	Blueberry & White Chocolate Iced Matcha Latte (skimmed milk) Large	298	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	
	Blueberry & White Chocolate Iced Matcha Latte (whole milk) Medium	236	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	
	Blueberry & White Chocolate Iced Matcha Latte (whole milk) Large	327	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	
	Blueberry & White Chocolate Iced Matcha Latte (almond milk) Medium	173	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	
	Blueberry & White Chocolate Iced Matcha Latte (almond milk) Large	248	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	
	Blueberry & White Chocolate Iced Matcha Latte (coconut milk) Medium	187	N	N	N	N	N	N	N	N	N	N	Y	N	MC	N	N	N	N	N	N	
	Blueberry & White Chocolate Iced Matcha Latte (coconut milk) Large	264	N	N	N	N	N	N	N	N	N	N	Y	N	MC	N	N	N	N	N	N	
	Blueberry & White Chocolate Iced Matcha Latte (oat milk) Medium	229	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	
	Blueberry & White Chocolate Iced Matcha Latte (oat milk) Large	318	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	
	Blueberry & White Chocolate Iced Matcha Latte (soya milk) Medium	202	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	
	Blueberry & White Chocolate Iced Matcha Latte (soya milk) Large	284	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	

Muffins

Sweet Treats

Savoury

Hot Drinks

Chilled Drinks

Ice Cream

Extras

Over Ice

Matcha Iced Lattes

Creamy Frappes

Fruit Smoothies

Milkshakes

Iced Teas

Iced Lemonades

Frozen Refreshers

Product	Kcal	Gluten / Wheat	Gluten / Rye	Gluten / Barley	Gluten / Oats	Gluten / Spelt	Gluten / Kamut	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Celery	Mustard	Sesame Seeds	Sulphur Dioxide/ Sulphites	Lupin	Molluscs
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MATCHA ICED LATTES

<b>Original Iced Matcha Latte (skimmed milk) Medium</b>	83	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Original Iced Matcha Latte (skimmed milk) Large	112	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Original Iced Matcha Latte (whole milk) Medium	108	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Original Iced Matcha Latte (whole milk) Large	146	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Original Iced Matcha Latte (almond milk) Medium	40	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N
Original Iced Matcha Latte (almond milk) Large	55	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N
Original Iced Matcha Latte (coconut milk) Medium	55	N	N	N	N	N	N	N	N	N	N	Y	N	MC	N	N	N	N	N	N
Original Iced Matcha Latte (coconut milk) Large	74	N	N	N	N	N	N	N	N	N	N	Y	N	MC	N	N	N	N	N	N
Original Iced Matcha Latte (oat milk) Medium	80	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Original Iced Matcha Latte (oat milk) Large	108	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Original Iced Matcha Latte (soya milk) Medium	72	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N
Original Iced Matcha Latte (soya milk) Large	97	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N
<b>Vanilla Iced Matcha Latte (skimmed milk) Medium</b>	103	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Vanilla Iced Matcha Latte (skimmed milk) Large	152	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Vanilla Iced Matcha Latte (whole milk) Medium	128	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Vanilla Iced Matcha Latte (whole milk) Large	186	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Vanilla Iced Matcha Latte (almond milk) Medium	60	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N
Vanilla Iced Matcha Latte (almond milk) Large	95	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N
Vanilla Iced Matcha Latte (coconut milk) Medium	75	N	N	N	N	N	N	N	N	N	N	Y	N	MC	N	N	N	N	N	N
Vanilla Iced Matcha Latte (coconut milk) Large	114	N	N	N	N	N	N	N	N	N	N	Y	N	MC	N	N	N	N	N	N
Vanilla Iced Matcha Latte (oat milk) Medium	100	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Vanilla Iced Matcha Latte (oat milk) Large	148	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Vanilla Iced Matcha Latte (soya milk) Medium	92	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N
Vanilla Iced Matcha Latte (soya milk) Large	137	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N

## Over Ice

## Matcha Iced Lattes

## Creamy Frappes

## Fruit Smoothies

## Milkshakes

## Iced Teas

## Iced Lemonades

## Frozen Refreshers

Product	Kcal	Gluten / Wheat	Gluten / Rye	Gluten / Barley	Gluten / Oats	Gluten / Spelt	Gluten / Kamut	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Celery	Mustard	Sesame Seeds	Sulphur Dioxide/ Sulphites	Lupin	Molluscs
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## MATCHA ICED LATTES

<b>Strawberry Iced Matcha Latte (skimmed milk) Medium</b>	<b>117</b>	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Strawberry Iced Matcha Latte (skimmed milk) Large	179	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Strawberry Iced Matcha Latte (whole milk) Medium	141	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Strawberry Iced Matcha Latte (whole milk) Large	213	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Strawberry Iced Matcha Latte (almond milk) Medium	74	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N
Strawberry Iced Matcha Latte (almond milk) Large	122	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N
Strawberry Iced Matcha Latte (coconut milk) Medium	88	N	N	N	N	N	N	N	N	N	N	Y	N	MC	N	N	N	N	N	N
Strawberry Iced Matcha Latte (coconut milk) Large	141	N	N	N	N	N	N	N	N	N	N	Y	N	MC	N	N	N	N	N	N
Strawberry Iced Matcha Latte (oat milk) Medium	113	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Strawberry Iced Matcha Latte (oat milk) Large	175	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Strawberry Iced Matcha Latte (soya milk) Medium	105	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N
Strawberry Iced Matcha Latte (soya milk) Large	164	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N

Muffins

Sweet Treats

Savoury

Hot Drinks

Chilled Drinks

Ice Cream

Extras

Over Ice

Matcha Iced Lattes

Creamy Frappes

Fruit Smoothies

Milkshakes

Iced Teas

Iced Lemonades

Frozen Refreshers

Product	Kcal	Gluten / Wheat	Gluten / Rye	Gluten / Barley	Gluten / Oats	Gluten / Spelt	Gluten / Kamut	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Celery	Mustard	Sesame Seeds	Sulphur Dioxide/ Sulphites	Lupin	Molluscs
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CREAMY FRAPPES

<b>Espresso Frappe (skimmed milk) Regular</b>	176	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N
Espresso Frappe (skimmed milk) Large	199	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N
Espresso Frappe (whole milk) Regular	200	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N
Espresso Frappe (whole milk) Large	225	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N
<b>Triple Chocolate Frappe (skimmed milk) Regular</b>	303	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N
Triple Chocolate Frappe (skimmed milk) Large	386	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N
Triple Chocolate Frappe (whole milk) Regular	332	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N
Triple Chocolate Frappe (whole milk) Large	427	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N
<b>Dubai Style Chocolate Iced Frappe (skimmed milk) Medium</b>	469	N	N	N	N	N	N	N	N	N	N	Y	Y	Y	N	N	MC	N	N	N	N
Dubai Style Chocolate Iced Frappe (skimmed milk) Large	579	N	N	N	N	N	N	N	N	N	N	Y	Y	Y	N	N	MC	N	N	N	N
Dubai Style Chocolate Iced Frappe (whole milk) Medium	485	N	N	N	N	N	N	N	N	N	N	Y	Y	Y	N	N	MC	N	N	N	N
Dubai Style Chocolate Iced Frappe (whole milk) Large	596	N	N	N	N	N	N	N	N	N	N	Y	Y	Y	N	N	MC	N	N	N	N
Dubai Style Chocolate Iced Frappe (almond milk) Medium	441	N	N	N	N	N	N	N	N	N	N	Y	Y	Y	N	N	MC	N	N	N	N
Dubai Style Chocolate Iced Frappe (almond milk) Large	549	N	N	N	N	N	N	N	N	N	N	Y	Y	Y	N	N	MC	N	N	N	N
Dubai Style Chocolate Iced Frappe (coconut milk) Medium	451	N	N	N	N	N	N	N	N	N	N	Y	Y	Y	N	N	MC	N	N	N	N
Dubai Style Chocolate Iced Frappe (coconut milk) Large	560	N	N	N	N	N	N	N	N	N	N	Y	Y	Y	N	N	MC	N	N	N	N
Dubai Style Chocolate Iced Frappe (oat milk) Medium	480	N	N	N	Y	N	N	N	N	N	N	Y	Y	Y	N	N	MC	N	N	N	N
Dubai Style Chocolate Iced Frappe (oat milk) Large	591	N	N	N	Y	N	N	N	N	N	N	Y	Y	Y	N	N	MC	N	N	N	N
Dubai Style Chocolate Iced Frappe (soya milk) Medium	461	N	N	N	N	N	N	N	N	N	N	Y	Y	Y	N	N	MC	N	N	N	N
Dubai Style Chocolate Iced Frappe (soya milk) Large	571	N	N	N	N	N	N	N	N	N	N	Y	Y	Y	N	N	MC	N	N	N	N

ALLERGY ADVICE - WE DO NOT SERVE ANY FRAPPES WITH DAIRY FREE ALTERNATIVE MILKS

Y Yes MC May contain

Muffins

Sweet Treats

Savoury

Hot Drinks

Chilled Drinks

Ice Cream

Extras

Over Ice

Matcha Iced Lattes

Creamy Frappes

Fruit Smoothies

Milkshakes

Iced Teas

Iced Lemonades

Frozen Refreshers

Product	Kcal	Gluten / Wheat	Gluten / Rye	Gluten / Barley	Gluten / Oats	Gluten / Spelt	Gluten / Kamut	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Celery	Mustard	Sesame Seeds	Sulphur Dioxide/ Sulphites	Lupin	Molluscs
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CREAMY FRAPPES

<b>Popcorn Frappe (skimmed milk) Medium</b>	357	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Popcorn Frappe (skimmed milk) Large	436	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Popcorn Frappe (whole milk) Medium	374	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Popcorn Frappe (whole milk) Large	457	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Popcorn Frappe (almond milk) Medium	327	N	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N
Popcorn Frappe (almond milk) Large	402	N	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N
Popcorn Frappe (coconut milk) Medium	337	N	N	N	N	N	N	N	N	N	N	Y	Y	MC	N	N	N	N	N	N
Popcorn Frappe (coconut milk) Large	413	N	N	N	N	N	N	N	N	N	N	Y	Y	MC	N	N	N	N	N	N
Popcorn Frappe (oat milk) Medium	369	N	N	Y	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Popcorn Frappe (oat milk) Large	450	N	N	Y	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Popcorn Frappe (soya milk) Medium	349	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N
Popcorn Frappe (soya milk) Large	427	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N
<b>Lemon &amp; Raspberry Frappe (skimmed milk) Medium</b>	263	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Lemon & Raspberry Frappe (skimmed milk) Large	480	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Lemon & Raspberry Frappe (whole milk) Medium	280	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Lemon & Raspberry Frappe (whole milk) Large	510	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Lemon & Raspberry Frappe (almond milk) Medium	233	N	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N
Lemon & Raspberry Frappe (almond milk) Large	430	N	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N
Lemon & Raspberry Frappe (coconut milk) Medium	243	N	N	N	N	N	N	N	N	N	N	Y	Y	MC	N	N	N	N	N	N
Lemon & Raspberry Frappe (coconut milk) Large	444	N	N	N	N	N	N	N	N	N	N	Y	Y	MC	N	N	N	N	N	N
Lemon & Raspberry Frappe (oat milk) Medium	275	N	N	Y	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Lemon & Raspberry Frappe (oat milk) Large	507	N	N	Y	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Lemon & Raspberry Frappe (soya milk) Medium	255	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N
Lemon & Raspberry Frappe (soya milk) Large	469	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N

ALLERGY ADVICE - WE DO NOT SERVE ANY FRAPPES WITH DAIRY FREE ALTERNATIVE MILKS

Y Yes MC May contain

Muffins

Sweet Treats

Savoury

Hot Drinks

Chilled Drinks

Ice Cream

Extras

Over Ice

Matcha Iced Lattes

Creamy Frappes

Fruit Smoothies

Milkshakes

Iced Teas

Iced Lemonades

Frozen Refreshers

Product	Kcal	Gluten / Wheat	Gluten / Rye	Gluten / Barley	Gluten / Oats	Gluten / Spelt	Gluten / Kamut	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Celery	Mustard	Sesame Seeds	Sulphur Dioxide/ Sulphites	Lupin	Molluscs
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FRUIT SMOOTHIES

<b>NEW</b> Mango & Dragon Fruit Smoothie Regular	187	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Mango & Dragon Fruit Smoothie Large	187	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
<b>NEW</b> Kale Kick Smoothie Regular	169	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Kale Kick Smoothie Large	169	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
<b>Strawberry &amp; Banana Smoothie Regular</b>	177	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Strawberry & Banana Smoothie Large	197	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
<b>Mango Pineapple &amp; Passionfruit Regular</b>	179	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Mango Pineapple & Passionfruit Large	199	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
<b>Super Berry Smoothie Regular</b>	192	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Super Berry Smoothie Large	212	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N

MILKSHAKES

<b>Banoffee Milkshake (skimmed milk) Medium</b>	350	N	N	N	N	N	N	N	N	N	N	MC	Y	N	N	N	N	N	N	N	N
Banoffee Milkshake (skimmed milk) Large	459	N	N	N	N	N	N	N	N	N	N	MC	Y	N	N	N	N	N	N	N	N
Banoffee Milkshake (whole milk) Medium	366	N	N	N	N	N	N	N	N	N	N	MC	Y	N	N	N	N	N	N	N	N
Banoffee Milkshake (whole milk) Large	476	N	N	N	N	N	N	N	N	N	N	MC	Y	N	N	N	N	N	N	N	N
Banoffee Milkshake (almond milk) Medium	322	N	N	N	N	N	N	N	N	N	N	MC	Y	Y	N	N	N	N	N	N	N
Banoffee Milkshake (almond milk) Large	429	N	N	N	N	N	N	N	N	N	N	MC	Y	Y	N	N	N	N	N	N	N
Banoffee Milkshake (coconut milk) Medium	332	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N	N
Banoffee Milkshake (coconut milk) Large	440	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N	N
Banoffee Milkshake (oat milk) Medium	361	N	N	N	Y	N	N	N	N	N	N	MC	Y	N	N	N	N	N	N	N	N
Banoffee Milkshake (oat milk) Large	468	N	N	N	Y	N	N	N	N	N	N	MC	Y	N	N	N	N	N	N	N	N
Banoffee Milkshake (soya milk) Medium	342	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N	N
Banoffee Milkshake (soya milk) Large	448	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N	N

ALLERGY ADVICE - WE DO NOT SERVE ANY MILKSHAKES WITH DAIRY FREE ALTERNATIVE MILKS

Muffins

Sweet Treats

Savoury

Hot Drinks

Chilled Drinks

Ice Cream

Extras

Over Ice

Matcha Iced Lattes

Creamy Frappes

Fruit Smoothies

Milkshakes

Iced Teas

Iced Lemonades

Frozen Refreshers

Product	Kcal	Gluten / Wheat	Gluten / Rye	Gluten / Barley	Gluten / Oats	Gluten / Spelt	Gluten / Kamut	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Celery	Mustard	Sesame Seeds	Sulphur Dioxide/ Sulphites	Lupin	Molluscs
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MILKSHAKES

<b>Strawberry Milkshake (skimmed milk) Medium</b>	318	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N
Strawberry Milkshake (skimmed milk) Large	420	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N
Strawberry Milkshake (whole milk) Medium	334	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N
Strawberry Milkshake (whole milk) Large	437	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N
Strawberry Milkshake (almond milk) Medium	290	N	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N
Strawberry Milkshake (almond milk) Large	390	N	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N
Strawberry Milkshake (coconut milk) Medium	300	N	N	N	N	N	N	N	N	N	N	Y	Y	MC	N	N	N	N	N	N	N
Strawberry Milkshake (coconut milk) Large	401	N	N	N	N	N	N	N	N	N	N	Y	Y	MC	N	N	N	N	N	N	N
Strawberry Milkshake (oat milk) Medium	329	N	N	N	Y	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N
Strawberry Milkshake (oat milk) Large	432	N	N	N	Y	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N
Strawberry Milkshake (soya milk) Medium	310	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N	N
Strawberry Milkshake (soya milk) Large	412	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N	N
<b>Vanilla Milkshake (skimmed milk) Medium</b>	281	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N
Vanilla Milkshake (skimmed milk) Large	378	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N
Vanilla Milkshake (whole milk) Medium	297	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N
Vanilla Milkshake (whole milk) Large	395	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N
Vanilla Milkshake (almond milk) Medium	253	N	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N
Vanilla Milkshake (almond milk) Large	348	N	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N
Vanilla Milkshake (coconut milk) Medium	263	N	N	N	N	N	N	N	N	N	N	Y	Y	MC	N	N	N	N	N	N	N
Vanilla Milkshake (coconut milk) Large	359	N	N	N	N	N	N	N	N	N	N	Y	Y	MC	N	N	N	N	N	N	N
Vanilla Milkshake (oat milk) Medium	292	N	N	N	Y	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N
Vanilla Milkshake (oat milk) Large	390	N	N	N	Y	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N
Vanilla Milkshake (soya milk) Medium	273	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N	N
Vanilla Milkshake (soya milk) Large	370	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N	N

ALLERGY ADVICE - WE DO NOT SERVE ANY MILKSHAKES WITH DAIRY FREE ALTERNATIVE MILKS

Y Yes MC May contain

## Over Ice

## Matcha Iced Lattes

## Creamy Frappes

## Fruit Smoothies

## Milkshakes

## Iced Teas

## Iced Lemonades

## Frozen Refreshers

Product	Kcal	Gluten / Wheat	Gluten / Rye	Gluten / Barley	Gluten / Oats	Gluten / Spelt	Gluten / Kamut	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Celery	Mustard	Sesame Seeds	Sulphur Dioxide/ Sulphites	Lupin	Molluscs
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## MILKSHAKES

<b>Chocolate Milkshake (skimmed milk) Medium</b>	<b>401</b>	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N
Chocolate Milkshake (skimmed milk) Large	479	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N
Chocolate Milkshake (whole milk) Medium	417	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N
Chocolate Milkshake (whole milk) Large	496	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N
Chocolate Milkshake (almond milk) Medium	373	N	N	N	N	N	N	N	N	N	N	Y	Y	Y	N	N	N	N	N	N
Chocolate Milkshake (almond milk) Large	449	N	N	N	N	N	N	N	N	N	N	Y	Y	Y	N	N	N	N	N	N
Chocolate Milkshake (coconut milk) Medium	383	N	N	N	N	N	N	N	N	N	N	Y	Y	MC	N	N	N	N	N	N
Chocolate Milkshake (coconut milk) Large	460	N	N	N	N	N	N	N	N	N	N	Y	Y	MC	N	N	N	N	N	N
Chocolate Milkshake (oat milk) Medium	412	N	N	N	Y	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N
Chocolate Milkshake (oat milk) Large	485	N	N	N	Y	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N
Chocolate Milkshake (soya milk) Medium	393	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N
Chocolate Milkshake (soya milk) Large	477	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N

**ALLERGY ADVICE - WE DO NOT SERVE ANY MILKSHAKES WITH DAIRY FREE ALTERNATIVE MILKS**

## Muffins

## Sweet Treats

## Savoury

## Hot Drinks

## Chilled Drinks

## Ice Cream

## Extras

## Over Ice

## Matcha Iced Lattes

## Creamy Frappes

## Fruit Smoothies

## Milkshakes

## Iced Teas

## Iced Lemonades

## Frozen Refreshers

Product	Kcal	Gluten / Wheat	Gluten / Rye	Gluten / Barley	Gluten / Oats	Gluten / Spelt	Gluten / Kamut	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Celery	Mustard	Sesame Seeds	Sulphur Dioxide/ Sulphites	Lupin	Molluscs
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## ICED TEAS

<b>Peach Iced Tea - Regular</b>	48	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Peach Iced Tea - Large	72	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
<b>Green Tea &amp; Peach Iced Tea Regular</b>	88	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Green Tea & Peach Iced Tea Large	131	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
<b>Lemon Iced Tea Regular</b>	58	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Lemon Iced Tea Large	87	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N

## ICED LEMONADES

<b>Pineapple Iced Lemonade Medium</b>	117	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Pineapple Iced Lemonade Large	153	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
<b>Traditional Lemonade Regular</b>	77	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Traditional Lemonade Large	102	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
<b>Passionfruit Iced Lemonade Regular</b>	102	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Passionfruit Iced Lemonade Large	124	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
<b>Iced Raspberry Matcha Lemonade Regular</b>	139	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Iced Raspberry Matcha Lemonade Large	185	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N

## FROZEN REFRESHERS

<b>NEW Strawberry &amp; Elderflower Frozen Refresher Regular</b>	166	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Strawberry & Elderflower Frozen Refresher Large	222	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
<b>NEW Tropical Frozen Refresher Regular</b>	193	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N
Tropical Frozen Refresher Large	275	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N

## Ice Cream

Product	Kcal (Per 100g)	Gluten / Wheat	Gluten / Rye	Gluten / Barley	Gluten / Oats	Gluten / Spelt	Gluten / Kamut	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Celery	Mustard	Sesame Seeds	Sulphur Dioxide/ Sulphites	Lupin	Molluscs
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## ICE CREAM

Strawberry Ice Cream		N	N	N	N	N	N	N	Y	N	N	N	Y	N	N	N	N	N	N	N
Mint Chocolate Ice Cream		N	N	N	N	N	N	N	Y	N	N	Y	Y	N	N	N	N	N	N	N
Bourbon Vanilla Ice Cream		N	N	N	N	N	N	N	Y	N	N	N	Y	N	N	N	N	N	N	N
Cookies & Cream Ice Cream		Y	N	N	N	N	N	N	Y	N	N	Y	Y	N	N	N	N	N	N	N
Double Chocoalte Ice Cream		N	N	N	N	N	N	N	Y	N	N	Y	Y	N	N	N	N	N	N	N
Honeycombe Ice Cream		N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Raspberry Sorbet		N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N

## ICE CREAM EXTRAS

Waffle Cone Small		Y	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N
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## Sugars &amp; Condiments

## Extras

Product	Kcal	Gluten / Wheat	Gluten / Rye	Gluten / Barley	Gluten / Oats	Gluten / Spelt	Gluten / Kamut	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Celery	Mustard	Sesame Seeds	Sulphur Dioxide/ Sulphites	Lupin	Molluscs
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## SUGARS &amp; CONDIMENTS

White Sugar Sticks		N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Brown Sugar Sticks		N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Canderel Sweetner		N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Pepper Sachet		N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Salt Sachet		N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N

## EXTRAS

Mayonnaise Sachets		N	N	N	N	N	N	N	Y	N	N	N	N	N	N	Y	N	N	N	N
Tomato Ketchup Sachets		N	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N
Brown Sauce Sachets		Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Strawberry Jam		N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Butter Portions		N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N